

# sportsmedicine

UPDATE

NOVEMBER/DECEMBER 2013

Fu, Warren  
Lead Capital  
Campaign

Call for  
Committee  
Volunteers

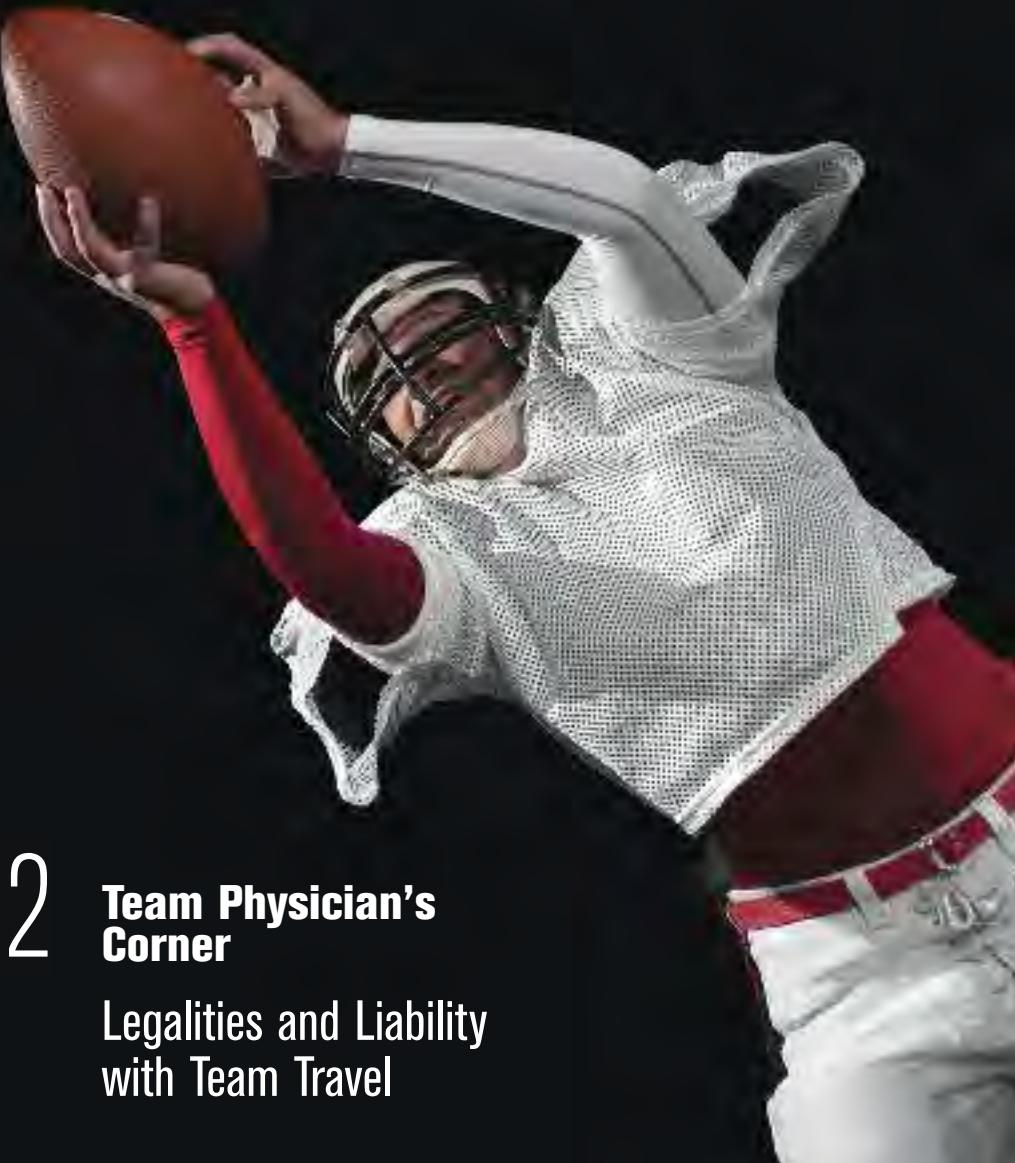
◀ Washington  
Update ▶

TEAM  
TRAVEL



AOSSM

[www.sportsmed.org](http://www.sportsmed.org)



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## Team Physician's Corner

### Legalities and Liability with Team Travel

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**SPORTS MEDICINE UPDATE** is a bimonthly publication of the American Orthopaedic Society for Sports Medicine (AOSSM). The American Orthopaedic Society for Sports Medicine—a world leader in sports medicine education, research, communication, and fellowship—is a national organization of orthopaedic sports medicine specialists, including national and international sports medicine leaders. AOSSM works closely with many other sports medicine specialists and clinicians, including family physicians, emergency physicians, pediatricians, athletic trainers, and physical therapists, to improve the identification, prevention, treatment, and rehabilitation of sports injuries.

This newsletter is also available on the Society's Website at [www.sportsmed.org](http://www.sportsmed.org).

TO CONTACT THE SOCIETY: American Orthopaedic Society for Sports Medicine, 6300 North River Road, Suite 500, Rosemont, IL 60018, Phone: 847/292-4900, Fax: 847/292-4905.



## FROM THE PRESIDENT

Fall sports are in full swing, and AOSSM members are on the sidelines at all levels of competition. There is an increasing scrutiny in the management of injuries and the stakes are higher than ever.

The AOSSM brings a unique expertise to this competitive environment thanks to the Society's rigorous support of research, education, and publications that have been translated into practice on the athletic field, training room, clinic, operating room, and rehabilitation centers.

Beyond our medical expertise, we have gained a unique perspective and knowledge about sports medicine injuries and their management. In the last issue of *SMU*, we reported on the Inter-Association Consensus Statement on Best Practices for Sports Medicine Management for Secondary Schools and Colleges that the AOSSM helped develop. Our representative to that endeavor was Pete Indelicato, MD, whose 35 years as team physician for the University of Florida provided a unique understanding of how the reporting structures and management arrangements for athletes' care can be as important as the expertise of the individual clinicians. Pete's interest and expertise in this area have also been a driving force behind the Society's work on the team physician consensus statements that the AOSSM helps develop each year.

As the stakes in athletic competition get ever higher, and the potential for internal conflicts increase (as suggested by recent exposés involving Penn State and Oklahoma State), the AOSSM has an important role and obligation to more actively contribute to the ongoing debate regarding standards and guidelines for team physicians and the practice of sports medicine. The AOSSM Board has identified this as a key point for discussion at their meeting in November. We will evaluate options for the Society to be more proactive and will communicate this in the next *SMU*.

While the medical care of elite athletes tends to garner most of the media attention these days, let's not overlook our care of young athletes. Most members take care of community and high school teams, and this may be the time when we can have the greatest impact on younger athletes, coaches, and parents by helping them appreciate the appropriate balance between training and competition and injury prevention. We have developed a wide array of materials through the STOP Sports Injuries program which are available to you and your patients for free at [www.STOPSportsInjuries.org](http://www.STOPSportsInjuries.org). Use them!

One of the requisite qualities for being a team physician is teamwork, and there probably are no better examples of teamwork than two of our past presidents—Freddie Fu, MD, and Russ Warren, MD. These two giants are taking the meaning of teamwork to a new level through their participation as the AOSSM representatives on the Building Orthopaedics Capital Campaign Steering Committee. In addition to contributing their time and energy to help with the financial development of the new office building and Orthopaedic Learning Center, each has committed \$100,000 to the campaign. Russ and Freddie exemplify what we can accomplish individually and collectively through a deep commitment to the profession. On behalf of the AOSSM, I would like to thank them for their incredible leadership and support. We are fortunate to have these men as mentors, educators, and leaders of our profession.

Finally, while July 2014 is still nine months away, it is not too early for you to begin planning for our next Annual Meeting to be held in Seattle. Our program chair, Beth Shubin Stein, MD, and I recently completed a site visit with staff to scout meeting options. I could not be more excited about Seattle as our host city. The convention center is convenient and attractive and has ample, flexible space for posters, workshops, ICs, and live surgical demos, and will allow us to add some creative and exciting features to the meeting. The opportunities for family activities are extraordinarily broad with ample opportunities for all ages. Not to mention Seattle in July is breathtaking, with the Puget Sound, the Cascades, and Mt. Rainier as backdrops. The Seattle natives have assured us that July will be sunny and an ideal time to visit the Pacific Northwest!

Our profession continues to thrive through our collective efforts to raise the bar. That tradition is alive and well in the AOSSM through all aspects of the profession—research, education, publishing, health policy and practice, patient education, and our new headquarters.



## Legalities and Liability with Team Travel

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**T**he high school football team which you care for has a big game with a rival team just over the state border where you do not carry a license to practice medicine. While accompanying them, you manage injuries on the sideline, including a concussion and a dislocated finger. Getting back on the bus, the assistant coach sprains his ankle and of course you attend to him also. Are you covered to provide this team coverage in another state? Never mind malpractice coverage, is this even the legal practice of medicine?

When providing out-of-state medical support for your team while traveling, you are exposed to potential medicolegal risks. Recently, several episodes involving team physicians caring for athletes or team contingent members highlights those risks. Specifically, providing medical care in some states, without a state medical license from that state can be punishable via the state medical board. Additionally, practicing outside your normal medical location may put you at risk from a medical liability perspective. Some insurers will not provide liability coverage, should that arise, if you are out of the state or out of the country with your team or the team contingent.

For the best interest of the patient athlete and traveling staff and family, it is necessary for the team physician to be able to medically treat the team, staff, and family during the travel time and athletic event. The physician should have a valid medical license in the state of origin of the team. If the team physician feels the treatment cannot be reasonably treated at the athletic event venue, training room, or hotel of accommodation, then the team physician has the option of transferring care to a local physician or hospital in that state or location.

Solutions include going state by state with each state's legislative bodies for this correction and additional legislation to allow treatment of athletes, athletic staff, and official team contingents (we can't leave out the mascots and cheerleaders after all). This should include amnesty for standard of care practice of medicine, writing



prescriptions, and making referrals.

There seems to be little resistance to this movement from state government as there is little controversy. However, the addition of legislation to encourage insurance carriers to provide coverage outside of normal practice locations may provoke a vigorous response from the insurance lobby.

Additionally we need a national legislative fix to allow the team physician, when on an official team trip, to travel across state lines with controlled or DEA scheduled substances. It is important to note the team physician should have individual written, documented, and logged prescriptions for these situations rather than a bottle of pills doled out one-by-one to several different patients.

During international care and coverage, especially those events related to Olympic sports, each national governing body has a repository of experience and guidance for the team physician.



For more guidelines for the team physician visit [www.sportsmed.org/Publications/Other\\_Professional\\_Resources/Consensus\\_Statements/](http://www.sportsmed.org/Publications/Other_Professional_Resources/Consensus_Statements/).

# HELP ATHLETES STAY IN THE GAME

Have you included STOP Sports Injuries in your practice or institution? The program's numerous sports tip sheets can help you—whether you want to provide athletes information on a specific injury or offer prevention advice. Visit [www.STOPSportsInjuries.org](http://www.STOPSportsInjuries.org) to explore the various sports and injury-specific topics available, and be sure to share with the patients you see day-to-day!

**Featured Resource:** Help athletes navigate the world of head injuries with this STOP Sports Injuries sheet, offering signs and symptoms, treatment options and most importantly tips to prevent concussions. Available for free download at [www.STOPSportsInjuries.org](http://www.STOPSportsInjuries.org).



## Tweet to Safety This Winter Sports Season

Join the conversation on youth sports injury prevention with the STOP Sports Injuries monthly tweet chats! Follow the #SportsSafety hashtag at 9 PM ET/8 PM CST on the following dates:

**November 13, 2013**

**TOPIC:** Football Injuries

**December 11, 2013**

**TOPIC:** Safe Winter Play/Cold-Weather Safety

Questions, contact Joe Siebelts at [joe@aossm.org](mailto:joe@aossm.org).



### Welcome to Our New Collaborating Organizations!

Thank you to the newest STOP Sports Injuries collaborating organizations for their commitment to keeping youth sports safe:

#### Sports Medicine Practices

**Cardiff Sports Orthopaedics**  
Cardiff, Wales, UK

**Hartford Hospital Rehabilitation Network**  
Enfield, CT

**Movement Sports Physical Therapy**  
Atlanta, GA

**Orthopedic Associates of Lancaster**  
Lancaster, PA

**Performance Injury Care and Sports Medicine**  
Helena, MT

**Southeast Sports Chiropractic**  
Spartanburg, SC

**Southern California Orthopedic Institute**  
Van Nuys, CA

**Sports Medicine of Napa Valley**  
Napa, CA

#### Medical Institutions

**Memorial Hermann IRONMAN Sports Medicine Institute**  
Houston, TX

**Pediatrics of Florence**  
Florence, KY

**Samaritan Albany General Hospital**  
Albany, OR

**St. Mary Mercy Sports Medicine**  
Livonia, MI

Want to see your practice listed here? Visit [www.STOPSportsInjuries.org](http://www.STOPSportsInjuries.org) and click "Join Our Team" to submit your organization as an official collaborator.

STOP Sports Injuries thanks the following companies for their continued support:





## AOSSM PAST PRESIDENTS

**Lead Orthopaedic Capital Campaign with Major Gifts**

**A**OSSM would like to express our gratitude to Past Presidents, Freddie Fu, MD, and Russell Warren, MD, for stepping up to serve as our representatives on the “Building Orthopaedics” Capital Campaign Steering Committee along with committing \$100,000 each to the project. Other individuals who are part of the steering committee include: Joseph Zuckerman, MD, Jeffrey Abrams, MD, Frederick Azar, MD, Mark Hutchinson, MD, David Templeman, MD, Daniel Berry, MD, and Howard Sweeney, MD (Honorary Chair).



"I'm honored to take this type of leadership position. Most of us have benefitted from the world-class education provided at the OLC and with AOSSM. This is my way of providing a "Terrible Towel" to the profession that has given me so much." – DR. FU

The building, to be completed in the spring of 2015, will be the new orthopaedic headquarters, housing more than 20 professional organizations, a state-of-the-art learning center and other facilities designed to bring the entire profession together.

"It is time to invest in our specialty. This building is a unique opportunity for a broad spectrum of orthopaedic professionals to come together to truly construct a future for advanced education, research and publication, both figuratively and literally," said Warren.

One of the main drivers in constructing the headquarters is that the current Orthopaedic Learning Center (OLC) is 22 years old and cannot effectively support new surgical learning strategies nor be sustained without major modifications. The new OLC will provide the latest technology, be more flexible in course options and provide the highest quality CME available to surgeons.

"I'm honored to take this type of leadership position. Most of us have benefitted from the world-class education provided at the OLC and with AOSSM. This is my way

of providing a "Terrible Towel" to the profession that has given me so much," said Fu, referring to the Pittsburgh Steeler tradition where proceeds from sales of the "Terrible Towel" are donated to charity. "By helping guide the development of future orthopaedists we can all make a lasting impact and legacy," he noted.

As a sign of the critical importance of this project, all current AOSSM board members and Medical Publishing Board Members, along with 16 past presidents have also made financial commitments to the campaign. In addition, board members and senior staff from the other equity partners, including AAOS, AANA, and the OLC have committed financially.

"This project is an opportunity and challenge that benefits all of us. It will also ultimately allow for improved outcomes for our patients, by providing up-and-coming surgeons better skills and education," said Warren.

The campaign is hoping to raise at least \$5 million in the next two years. To learn more about the new headquarters and how you can contribute, please visit [www.aaos.org](http://www.aaos.org).

#### Freddie Fu, MD

Dr. Fu served as AOSSM President in 2008-2009. In addition to his role as chairman of the Department of Orthopaedic Surgery at the University of Pittsburgh School of Medicine and UPMC, Dr. Fu is the David Silver Professor of Orthopaedic Surgery and Distinguished Service Professor at the University of Pittsburgh. He also has served as the head physician for the University of Pittsburgh Department of Athletics since 1986, and was instrumental in establishing the Sports and Preventive Medicine Institute in 1985, the world-renowned UPMC Center for Sports Medicine, which opened in October 2000, and the University of Pittsburgh's Sports Medicine

Fellowship Program. The recipient of more than 200 awards and numerous major research grants, Dr. Fu is known worldwide for his pioneering surgical techniques, attracting patients—both athletes and non-athletes—from all over the globe. Most notably, he has pioneered the concepts and techniques associated with anatomic anterior cruciate ligament reconstruction, and has developed a multi-disciplinary research team that continues to publish at an exceptional rate. Dr. Fu is also world-renowned for his research on the biomechanics of sports injuries, and has edited more than 25 major textbooks, authored more than 100 book chapters and 500 peer-reviewed articles, and has given more than 1,000 national and international presentations.

#### Russell Warren, MD

Dr. Warren served as AOSSM president in 1994-1995. Dr. Warren is the Surgeon-in-Chief Emeritus of the Hospital for Special Surgery (HSS) in Manhattan, Professor of Orthopedics at the Weill Medical College of Cornell University and former director of the Laboratory of Soft Tissue Research at HSS. Discoveries from this laboratory have advanced progress toward better treatments that reduce pain and restore mobility for patients with soft tissue issues like rotator cuff and knee cartilage injuries. Dr. Warren has also served as the team physician for the New York Giants football team for more than 30 years. In addition to his clinical and

research interests, Dr. Warren is committed to mentoring and training the next generation of physician-scientists. A number of former fellows from the HSS shoulder and sports service have become members of academic faculties across the U.S. He has won many research and medical accolades from AOSSM and multiple other organizations, including the O'Donoghue Sports Medicine Research Award, Aircast Award, Mr. Sports Medicine and induction into the AOSSM Hall of Fame in 2008. Dr. Warren has helped develop more than 10 licensed orthopaedic patents, published more than 450 scientific articles/abstracts, authored more than 55 book chapters, and given nearly 1,000 presentations both in the United States and abroad.

## Fred Behling, MD, Sports Medicine Pioneer and Founding AOSSM Member Passes Away

By Amol Saxena, DPM



It's safe to say I would not be who, what, and where I am if it wasn't for Fred Behling, MD. I first met him as a patient in 1975. He was a pioneer in sports medicine. I didn't realize what a big-time doctor he was at the time though. Many agree he was an unsung hero who was never president of anything, but a mover and shaker in the field of sports medicine before there was even such a field. In 1963, he was the first orthopaedist to have a college football player return to play in the same season with a significant knee injury that would typically be season ending. He was also one of the early pioneers of knee and shoulder arthroscopy. He also helped organize the first sports medicine meeting for the American Academy of Orthopedic Surgeons in 1969 which helped to spin off the formation of the AOSSM. He used to keep sports medicine journals in his treatment rooms, which I would invariably be reading when he walked in to examine me. He asked if I was interested in being a sports medicine doctor and I said yes. Ever since then, he and his partners supported my endeavors.

I kept in touch with Dr. Behling through my own injuries and then as I went through podiatry school. When it came time for electives, I spent five weeks shadowing Dr. Behling and his partners. Most, if not all of my podiatry school class thought it would be a waste to shadow orthopaedists who did no foot surgery and had no affiliation with a podiatry residency. They were so wrong. I learned how to treat the whole patient from that experience and the importance of documentation. Dr. Behling told me, "Don't do research to prove something, do it to see what you find, it may surprise you." He also taught me about being honest with patients, when you don't know the answer just say so.

I actually didn't start officially working with the sports medicine department in Palo Alto until 1993, almost a year after Dr. Behling retired from full-time practice. In my first year of practice though, he gave me confidence in operating on an All-American football player and would often say to my patients, "Did you know, I operated on your surgeon?"

He was a great influence in my and so many people's lives. Donations in his in memory, can be made to [www.oref.org/AOSSM](http://www.oref.org/AOSSM).

### In Memoriam

The following members passed away in 2013:

**Fred Behling, MD**  
(Founding Member)  
Palo Alto, CA

**William Grana, MD, MPH**  
(Past President)  
Tucson, AZ

**Daniel T. Hinkin, MD**

Manhattan, KS

**Takaaki Ikata, MD**  
Kuramoto-Cho

**Gregory Peters, MD**  
Grand Rapids, MI

**James A. Whiteside, MD**  
Gulf Breeze, FL

**Lewis A. Yocum, MD**  
Los Angeles, CA

### AOSSM Hall of Fame Nominations Around the Corner

Do you know someone who deserves to be put into the AOSSM Hall of Fame? Applications will be available by November 15 at [www.sportsmed.org](http://www.sportsmed.org). Deadline for nominations is January 2. Questions, contact Camille Petrick at [Camille@aossm.org](mailto:Camille@aossm.org).

### Host a Traveling Fellow

The Traveling Fellowship Committee is looking for volunteers to host the 2014 North American tour. Deadline for volunteering is December 15, 2013. For more information and to submit your host application visit [www.sportsmed.org/About/Traveling\\_Fellowship/Traveling\\_Fellowship](http://www.sportsmed.org/About/Traveling_Fellowship/Traveling_Fellowship) or contact Debbie Czech, Membership Manager, at [Debbie@aossm.org](mailto:Debbie@aossm.org).





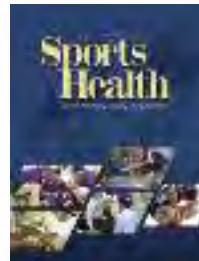
## Are You a Healthcare Provider for a Winter Olympic Team?

If you will be serving as a team physician, athletic trainer, or physical therapist at the upcoming Winter Olympics and are interested in serving as an expert for media calls we may receive, please send your name, contact information, and sport you will be assisting with to Lisa Weisenberger at [lisa@aossm.org](mailto:lisa@aossm.org).



## Sports Health Call for Photographers!

*Sports Health: A Multidisciplinary Approach* is looking for amateur photographers to submit action, sports-related photos, free of charge, to appear on the cover of the journal. Five different images are featured on the cover of each issue and picture athletes of all ages competing in sporting-related events. You are invited to submit your photos to the editorial office for approval and potential use. Photos must be submitted as JPEG or TIFF files and at a resolution of 300 dpi to be considered. Color photographs are strongly recommended. Please submit your photos and direct any questions to Colleen O'Keefe, [colleen@sportshealthjournal.org](mailto:colleen@sportshealthjournal.org).



## Got News We Could Use? Sports Medicine Update Wants to Hear from You!

Have you received a prestigious award recently? A new academic appointment? Been named a team physician? AOSSM wants to hear from you! *Sports Medicine Update* welcomes all members' news items. Send information to Lisa Weisenberger, AOSSM Director of Communications, at [lisa@aossm.org](mailto:lisa@aossm.org), fax to 847/292-4905, or contact the Society office at 847/292-4900. High resolution (300 dpi) photos are always welcomed.





## Zoom Media Partnership

AOSSM and the STOP Sports Injuries program are continuing to work with Zoom Media & Marketing, the world's largest fitness digital media company, to provide AOSSM branded content and information segments across Zoom's extensive ClubCom™ health club network. AOSSM members receive a discount on advertising their practice information on the segments and a percentage of the proceeds go to support STOP Sports Injuries. The program is now available in nearly 3,000 health clubs across the United States and Canada; including fitness industry leaders LA Fitness, Gold's Gym, Bally, and countless others. To learn about advertising opportunities and to find available health clubs in your area, please call 1-886-CLUB-ADS. You can also, visit [www.youtube.com/ZMCAOSSM](http://www.youtube.com/ZMCAOSSM) to view content samples. Since sponsorship space is limited, opportunities are awarded based upon a first to register basis.

## Submit Your 2014 ANNUAL MEETING ABSTRACT

Deadline for abstract submissions is November 15, 2013. Visit [www.sportsmed.org/meetings](http://www.sportsmed.org/meetings) for complete details on how to submit.



### Get *AJSM*, *Sports Health*, and *OJSM* on the Go

FREE *AJSM*, *Sports Health*, and *OJSM* apps are now available! These apps present the cover-to-cover print editions in a mobile, user-friendly format. Readers can now mark favorite articles and download entire issues for offline reading. The *AJSM* and *Sports Health* apps are subscriber-only benefits and are already included in your subscription to the print journal. To set-up your password and download the app, follow these simple steps:

1. Go to [app.ajsm.org](http://app.ajsm.org) or [app.sportshealthjournal.org](http://app.sportshealthjournal.org) and follow the steps to create your password (you'll need to use the same password for both).
2. Go to the Apple App Store on your device and download the free *AJSM* and *Sports Health* apps.

For the *OJSM* app, simply search for *OJSM* in the iTunes store.

Questions, contact Colleen O'Keefe at [colleen@aossm.org](mailto:colleen@aossm.org).

# AOSSM Educational Resources

## Give Your Patients the Best Sports Medicine Tips—Send Them *In Motion*

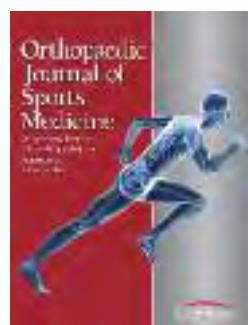


*In Motion* is now available to be personalized with your practice name and logo. For just \$300, you will receive four personalized issues (Spring, Summer, Fall, Winter) and the high and low resolution PDFs to send to a patient's inbox, post on your website, or print out and place in your waiting room. For more information, contact Lisa Weisenberger, Director of Communications, at [lisa@aossm.org](mailto:lisa@aossm.org).



## Did you miss the AOSSM 2013 Annual Meeting? Go Online

Why take notes at a meeting when you can review the presentation online at your own pace? AOSSM records presentations at Specialty Day and the Annual Meeting and our sport specific meetings. You can purchase an annual subscription for \$150. Online meetings are a great way to review presentations or share new research with colleagues and fellows. For more information visit [www.sportsmed.org/onlinemeetings](http://www.sportsmed.org/onlinemeetings).



## Annual Meeting Abstracts Published in OJSM!

All poster and podium presentations from the AOSSM 2013 Annual Meeting are now available in the *Orthopaedic Journal of Sports Medicine (OJSM)*. Because *OJSM* is an open access journal, these abstracts can now be accessed across the globe, and abstract publication does not prevent subsequent publication of the complete study at a later date. In addition, the published abstracts are now citable, as each was given its own unique digital object identifier (DOI). Published abstracts can be found as their own complete issue, supplementary to the September issue, in the archives at <http://ojsm.org>, as well as on the *OJSM* app.



## Need a Review? Purchase Self Assessment Today

Looking for a great review of sports medicine? The AOSSM Self Assessment is updated annually and contains 125 new questions designed to guide your review of diagnosing, treating, and rehabilitating common orthopaedic sports medicine injuries and conditions. Each question contains commentary and references to support your learning. Complete the exam and earn 12 *AMA PRA Category 1*™ credits. Self Assessment can count toward your ABOS MOC Part 2 requirement, too. Visit [www.sportsmed.org](http://www.sportsmed.org) for more information.

## ARE YOU A FAN OR A FOLLOWER?

Join the conversation and learn about the latest news and articles from *AOSSM*, *AJSM*, *Sports Health*, *OJSM*, and *STOP Sports Injuries*.

### Facebook

[www.facebook.com/AOSSM](http://www.facebook.com/AOSSM)  
[www.facebook.com/American-Journal-of-Sports-Medicine](http://www.facebook.com/American-Journal-of-Sports-Medicine)  
[www.facebook.com/SportsHealthJournal](http://www.facebook.com/SportsHealthJournal)  
[www.facebook.com/STOPSportsInjuries](http://www.facebook.com/STOPSportsInjuries)  
[www.facebook.com/TheOJSM](http://www.facebook.com/TheOJSM)

### Twitter

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[Twitter.com/Sports\\_Health](http://Twitter.com/Sports_Health)  
[Twitter.com/SportsSafety](http://Twitter.com/SportsSafety)  
[Twitter.com/AJSM\\_SportsMed](http://Twitter.com/AJSM_SportsMed)



# Call for 2014 Society Committee Volunteers

Every year, AOSSM accepts new volunteers to serve on its standing committees. These volunteer committees form the lifeblood of AOSSM and provide guidance for Society programs and projects. Those who join committees not only heighten their experience as an AOSSM member, but form ties of fellowship with their colleagues that can last throughout their career. Because different committees work so closely with each other to help accomplish the Society's mission, participating in a committee is an excellent way to see how AOSSM develops its meetings, courses, publications, and other resources.

Although requirements and duties vary by committee, volunteers must be able to attend regular committee meetings, which are typically scheduled in conjunction with Specialty Day

each spring and the AOSSM Annual Meeting each summer. With the range of Society programs and corresponding committees, there are many opportunities to share your unique perspective.

All membership categories are eligible to serve on AOSSM Committees. Term of service is a four-year non-renewable term. Appointment of volunteers to the Society's standing committees is made by the Committee on Committees, which meets in the spring of each year. Volunteers will be notified if they have been selected by May 2014.

If you are interested in serving on an AOSSM committee, simply fill out the Volunteer Form on the facing page and fax it back to the Society office by **February 1, 2014**, to 847/292-4905, or complete the form at [www.sportsmed.org](http://www.sportsmed.org) and e-mail it to [Camille@aossm.org](mailto:Camille@aossm.org).

## Thank You AOSSM Volunteers!

The Society thanks all the volunteers who have given so generously of their time in service to AOSSM committees over the years.



Your commitment drives the Society's contributions to the entire orthopaedic community.

These committees will have vacancies in 2014 (current chair persons listed as well):

### BYLAWS COMMITTEE

Roger V. Ostrander, MD

Oversees changes to the Society's bylaws and ensures changes are appropriately communicated to the membership.

### EDUCATION COMMITTEE

Charles A. Bush-Joseph, MD

Provides educational opportunities to our membership. Develops, monitors, and implements a core curriculum of knowledge and skills appropriate for a range of stakeholders.

### ENDURING EDUCATION COMMITTEE

Bradley J. Nelson, MD

Provides oversight for all enduring education programs and develops new initiatives for online, multimedia, and other re-purposed material. Categorizes resources and monitors activity associated with the online library. Committee members must be familiar with the AOSSM Educational Curriculum. Committee members promote enduring educational activities, including online meetings and the online library.

### HALL OF FAME COMMITTEE

Robert A. Stanton, MD

Develops application and guidelines for the Hall of Fame, as well as makes final selection of recipients.

### HEALTH POLICY &

### ETHICS COMMITTEE

Stephen C. Weber, MD

The Health Policy & Ethics Committee works with the Council of Delegates, the Board of Directors, and the AAOS in addressing health policy and advocacy issues. The committee has an AOSSM representative that sits on the Board of Specialties.

### PUBLIC RELATIONS COMMITTEE

C. David Geier, Jr., MD

Develops proactive communications strategies to promote the Society and its membership as sports medicine experts on local and national levels. Identifies and promotes newsworthy papers from the *American Journal of Sports Medicine*, *Sports Health: A Multidisciplinary Approach*, *Orthopaedic Journal of Sports Medicine*, as well as from Society meetings and courses.

### PUBLICATIONS COMMITTEE

Brett D. Owens, MD

Provides editorial content for *Sports Medicine Update*, *In Motion*, blogs, and other publications as needed. Identifies new projects and solicits content as appropriate for patient and/or physician education materials. Monitors sales of publications and joint efforts to ensure effective use of Society resources.

### RESEARCH COMMITTEE

Robert E. LaPrade, MD

Evaluates applications and selects recipients of Young Investigator Grants and AOSSM Research Awards. Selects the AOSSM Exchange Lecturer for the NATA Annual Meeting on the basis of that year's research award winners. Develops initiatives for AOSSM-sponsored research education.

### SELF ASSESSMENT COMMITTEE

Christopher C. Kaeding, MD/  
Charles L. Cox, III, MD

Develops new questions for the AOSSM Self Assessment based on the question writing guidelines. Reviews and edits question content. This committee is involved with pilot testing the Self Assessment, and analyzing data related to question content and participant data. Committee members must understand the AOSSM educational curriculum and the requirements for Subspecialty Certification in Sports Medicine.

### STOP SPORTS INJURIES

### EDUCATION AND OUTREACH

### COMMITTEE

Matthew J. Matava, MD

Reviews and helps develop the educational content for the STOP Sports Injuries program, including tip sheets, videos, and other website

content. Members may answer questions regarding the campaign from the media and general public and help develop greater campaign awareness.

### TECHNOLOGY COMMITTEE

Ashish M. Rawal, MD

Oversees AOSSM website. Reports new and developing information technologies to the AOSSM Board of Directors and membership. Promotes technology usage through education and member services. Note: Access to the Internet and ability to communicate via e-mail is necessary for full participation on this committee.

### TRAVELING FELLOWSHIP

### COMMITTEE

Michael D. Maloney, MD

Selects Traveling Fellows and works with AOSSM President-Elect to choose a Godparent for upcoming tours. Develops and maintains relationships with ESSKA, APOA, and SLARD. Oversees Traveling Fellowship Tours, including selection of hosts and itinerary. Note: Eligibility is contingent on previous participation as a Traveling Fellow.

# AOSSM COMMITTEE SERVICE VOLUNTEER FORM

Name \_\_\_\_\_

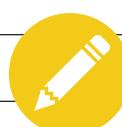
Practice Name/Institution \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_

Age \_\_\_\_\_ Year Joined AOSSM \_\_\_\_\_

Committee(s) you are interested in serving on:

Please use the area below to outline your interests, abilities, and experience, particularly as they relate to your committee of interest, in 200 words or less, or submit a letter with same. **Do not attach your curriculum vitae.** The Committee on Committees will use the information to assist them in their selection of committee members in May 2014. This information will be kept confidential. Return to the Society office no later than **February 1, 2014**, by mail or fax to 847/292-4905, or e-mail [camille@aossom.org](mailto:camille@aossom.org).



## UPCOMING RESEARCH DEADLINES

AOSSM provides more than \$250,000 worth of research money to orthopaedic sports medicine specialists each year. Deadlines for awards are approaching fast:

**Young Investigator Grant:  
December 1**

**Kirkley Grant: December 1**

For more information and details visit [www.sportsmed.org/researchawards](http://www.sportsmed.org/researchawards) and [www.sportsmed.org/researchgrants](http://www.sportsmed.org/researchgrants).



## IKDC Subjective Knee Form for Children Available

Dr. Mininder Kocher of Boston Children's Hospital has developed and validated a modification of the IKDC Subjective Knee Form for pediatric populations (pedi-IKDC). Dr. Kocher and his team initially conducted interviews with children about their understanding of items on the IKDC. The results indicated that children had difficulty understanding and answering certain questions on the form (Iversen et al., 2010). Consequently, a modified IKDC was developed to help children better understand and respond to the items. Kocher found that this modified form, the pedi-IKDC, is a reliable, valid, and responsive instrument to assess outcomes for children 10- to 18-years-old with a variety of knee conditions (Kocher et al., 2011). The pedi-IKDC can be downloaded for free at [www.sportsmed.org/Research/IKDC\\_Forms](http://www.sportsmed.org/Research/IKDC_Forms).



## AOSSM/SANOFI Biosurgery Osteoarthritis Grant Winner



Dr. Robert Brophy is the winner of the \$50,000 2013 AOSSM/Sanofi Biosurgery Osteoarthritis Grant for his study, "Molecular Profiling of Meniscus and Articular Cartilage in Knees With and Without Osteoarthritis to Identify Candidate Genes for Therapeutic Intervention." The study will investigate the relationship between gene expression of the meniscus and articular cartilage in the knee from patients undergoing partial meniscectomy and total knee replacement. The results from this project could advance our understanding of how changes in these tissues predict and reflect the development of OA in the knee joint. Ultimately, this could lead to more accurate assessment of patient risk for developing OA and identify potential targets for therapeutic intervention to delay or prevent OA. Dr. Brophy completed his orthopaedic residency and sports medicine fellowship at the Hospital for Special Surgery in New York. As an Associate Professor in the Department of Orthopedic Surgery at the Washington University School of Medicine in St. Louis, he has a sports medicine practice, serves as a team physician with the St. Louis Rams, and is active in research with more than 100 peer-reviewed publications to date.

## Mentoring Program Members Selected

AOSSM recently initiated a research mentoring program that will bring together individuals who have shown scientific promise at an early stage of their careers with senior clinician-scientists who have highly successful research programs. The primary goal of the program is to help younger members obtain grant funding from a large national organization such as the NIH. The program is designed for those who do not have a natural mentor at their own institution and who do not have an ongoing mentoring relationship. The official mentorship relationship will have a term of two years. It is hoped, however, that the individuals find the experience sufficiently enriching that they will continue longer-term contact, support, or collaboration.

### Congratulations to the mentor/mentee pairs selected for this year:

- **Mentee:** Alfred Atanda, MD, A.I. DuPont Hospital for Children  
**Mentor:** Mininder Kocher, MD, MPH, Boston Children's Hospital
- **Mentee:** Cory Edgar, MD, PhD, University of Connecticut  
**Mentor:** Kurt Spindler, MD, Vanderbilt University
- **Mentee:** Joseph DeAngelis, MD, Beth Israel Deaconess  
**Mentor:** Warren Dunn, MD, MPH, University of Wisconsin

For more information, please contact Bart Mann, PhD, Director of Research at [bart@aossm.org](mailto:bart@aossm.org).



## Washington Update

By Jamie Gregorian, AAOS Senior Manager, Specialty Society Affairs and Research Advocacy

### Exchanges Launched on HealthCare.Gov

Even with the recent government shutdown, health care exchanges under the Affordable Care Act began as planned on October 1. The Department of Health and Human Services said that 2.8 million unique visitors visited healthcare.gov by 4:15 p.m. on the first day. HHS spokeswoman Joanne Peters also said that 81,000 calls came into the call center and there have been 60,000 requests for live web chats on the site. Both the federal and state-based exchanges have enrolled people, and the whole process, from start to finish, can be done online, the agency reports.

### Compounding Bill Passes House

Prior to shutdown, the House easily approved legislation (H.R. 3204) aimed at improving the safety of drugs produced by compounding pharmacies that mix customized drugs. The bill comes after last year's deadly meningitis outbreak that killed 64 people was traced to a compounding company in Massachusetts.

### SGR Bill Moves Forward

House and Senate committees continue work on an SGR repeal bill that has thus far been a popular framework for both houses and both parties. The Congressional Budget Office (CBO) scored the repeal bill at \$175 billion. The bill would increase spending by \$63.5 billion through 2018 by eliminating the cuts in reimbursements called for in the current model, and establishing 0.5 percent pay increases every year through 2018.

### Device Tax

Despite the acrimony over the government shutdown, there is broad bipartisan belief that the device tax in the ACA ought to be repealed, even if many Democrats were unwilling to consider it as part of the shutdown negotiations. "I'm willing to look at that but not with a gun to my head, not with the prospect of shutting down the government," Senate Majority Whip Dick Durbin (D-IL), told CBS's "Face the Nation." Sen. Amy Klobuchar (D-MN) said that "there is strong bipartisan support for repealing the medical device tax, with Democrats and Republicans uniting behind our effort."

## UPCOMING MEETINGS & COURSES



For more information  
and to register, visit  
[www.sportsmed.org/meetings](http://www.sportsmed.org/meetings).

### Advanced Team Physician Course

Las Vegas, Nevada  
December 5-8, 2013

### AOSSM Specialty Day

New Orleans, Louisiana  
March 15, 2014

### Surgery for the Athlete's Knee

Orthopaedic Learning Center, Rosemont, Illinois  
April 26-27, 2014

### AOSSM 2014 Annual Meeting

Seattle, Washington  
July 10-13, 2014



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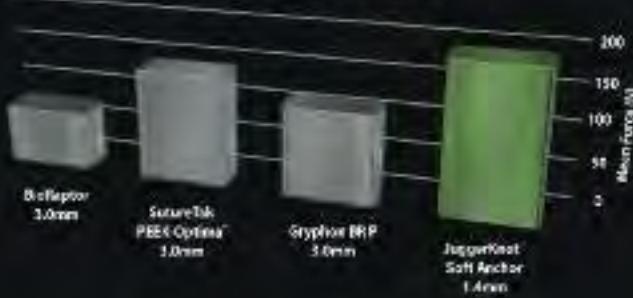


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1. Barber FA, Herbert MA, Dennis RC, and Orio JF: "Suture Anchor Materials, Eyelets, and Designs: Update 2009." *Arthroscopy* Vol. 24, No. 8, pp 839-867, 2008.

2. Barber FA, Herbert MA, Hapke Q, Bradley JL, Barber CA, Byrum JA, Hmack SA: "Suture Anchor: Update 2010." *Arthroscopy* 2010; In Press.

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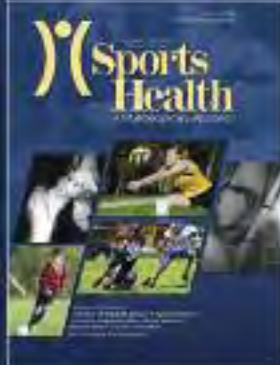
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