



IMPACT REPORT 2024: A YEAR OF GROWTH, DISCOVERY, & POSSIBILITY

aossmTM
American Orthopaedic Society
for Sports Medicine

A blurred background image of basketball players in motion, with one player in a maroon jersey in the foreground and others in white jerseys behind them. The image is dark and has a blue tint.

IMPACT REPORT 2024:

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Publishing & Journals	12
Membership	14
Fundraising & Development	16
Sponsorship	26

BY THE NUMBERS: PROGRESS AT A GLANCE



MORE THAN
286
EDUCATIONAL
ACTIVITIES



14,437
SPORTS MEDICINE
LEARNERS REACHED



6%
MEMBERSHIP GROWTH



1,070
ARTICLES APPEARED
IN AOSM JOURNALS
(AJSM, OJSM, SPORTS HEALTH, VJSM)



\$625,000
RESEARCH
GRANTS AWARDED



MORE THAN
\$1.6M
SUPPORT FROM SPONSORS

LETTER FROM LEADERSHIP



In 2024, AOSSM achieved transformational growth. In a rapidly evolving healthcare and educational landscape, our Society remained steadfast in its mission: to provide world-class education, advance scientific research, and serve our members with integrity and innovation. With expanded access to educational offerings, historic levels of research funding, and a reinvigorated commitment to our core values, AOSSM continues to lead the way in sports medicine excellence.

In 2025, we continue to move the Society forward by exploring innovative ways to deliver education, create a pipeline of new orthopaedic surgeons, and expand research opportunities.

Your commitment helps us achieve these aspirational goals. Thanks to the generosity of our members, we are poised to make bold strides within sports medicine research, education, policy, and communications. Read on to learn more about what we have already accomplished and our vision for the future. Explore how you can be a part of fueling our efforts toward improved patient outcomes.

With gratitude,

A handwritten signature in black ink, reading "C. Kaeding". The signature is fluid and cursive, with a long horizontal stroke at the end.

Christopher C. Kaeding, MD
AOSSM President 2024-2025

OUR MISSION & CORE VALUES

To be the premier global sports medicine organization for orthopaedic surgeons and other professionals who provide comprehensive health services for the care of athletes and active people of all ages and abilities.

We cultivate evidence-based knowledge, provide extensive educational programming, and promote emerging research that advances the science and practice of sports medicine. As a 501c3 medical professional society, our promise to keep you in the game is defined by our culture and core values, including:



1. QUALITY PATIENT INFORMATION:

THE CORNERSTONE OF OUR PATIENT OUTREACH



2. INTEGRITY:

WE ADVOCATE AND EMULATE HIGH ETHICAL CONDUCT IN ALL THAT WE DO



4. SCIENTIFIC EXCELLENCE:

WE PURSUE RIGOROUS EVALUATION OF OUR PROGRAMS



6. INNOVATION:

WE DEVELOP NEW IDEAS IN ALL ASPECTS OF OUR WORK



5. TRANSPARENCY:

WE EMBRACE OPEN, TWO-WAY DIALOGUE WITH OUR MEMBERS



3. TEAMWORK:

WE LEAD THROUGH EXAMPLE AND MENTORING

LIFELONG LEARNING IN ACTION: **EXPANDING ACCESS & IMPACT**

In 2024, AOSSM delivered a robust portfolio of 286 educational activities, reaching 14,437 learners across the globe. These programs supported our mission of lifelong learning and promoted the highest standards in orthopaedic sports medicine.



THIS WORK REFLECTS OUR UNWAVERING COMMITMENT TO ADVANCING PROFESSIONAL DEVELOPMENT AND CLINICAL EXCELLENCE

TEAM PHYSICIANS SERIES - ONLINE COURSE

The new AOSSM virtual Team Physician Series is an on-demand course designed with today's adult learner in mind. Experts in sports medicine have teamed up with leaders in instructional design to create a series of up-to-date modules to help you protect your patients and get them back in the game.

The series covers a range of vital topics to help ensure every member of your multi-disciplinary team is ready to deliver high-quality, holistic care for athletes of all ages and abilities. Convenient, interactive, and customizable, the Team Physician Series allows clinicians to choose individual modules for targeted learning or complete the full curriculum for comprehensive team training.





The AOSSM Sandy Kirkley Clinical Outcome Research Grant was instrumental in making this study possible; without it, the research may not have been conducted or would not have been the same quality. As my clinical practice and research portfolio expand, grants like this make it possible to conduct impactful, practice-changing research that directly improves patient care.

– Benjamin Coobs, past Sandy Kirkley Clinical Outcomes Grant awardee



RESEARCH WITH PURPOSE: ADVANCING THE SCIENCE OF HEALING

In 2024, AOSSM awarded more than \$500,000 in new research grants and \$19,400 in research awards, catalyzing discovery across clinical and basic science. Our Research Committee, chaired by C. Benjamin Ma, MD, guided these initiatives, reinforcing our commitment to evidence-based practice and innovation.

Major Grants and Award Highlights:

Return to Play Grant (\$200,000)

- Winner: Christian Latterman, MD – MPFL Reconstruction Return to Play Tool

Steven P. Arnoczky Young Investigator Grants (YIG) – \$40,000 each

- Basic Science: Luke Troyer, MD – Noninvasive ACL Biomarkers
- Clinical Science: Yining Lu, MD – AI in Young Hip Conditions

Sandy Kirkley Outcomes Research Grant (\$20,000)

- Winner: Ivan Wong, MD – Allograft vs. Latarjet Technique

AOSSM-JRF Ortho Allograft Grant (\$50,000)

- Winner: Alvin Su, MD, PhD – Meniscus Transplant Biomechanics

Playmaker Grant Lab (\$75,000 Total)

- Winners: Joshua Bram, MD, Daniel Kaplan, MD, Joshua Roth

MAST Grants (\$200,000 Total)

- Four groundbreaking studies on advanced surgical skills, bracing, and irrigation technologies

AWARDING EXCELLENCE IN RESEARCH

Each year, we recognize the brightest minds in sports medicine research. In 2024, we reviewed over 700 abstracts, selecting standout manuscripts for top honors:

- Cabaud Memorial Award: Nicholas Lemme, MD – ACL Graft Force and Stability
- Excellence in Research Award: Jade He, PhD – Outcomes After ACL Reconstruction
- O'Donoghue Award: Scott Martin, MD – Hip Arthroscopy vs. Physical Therapy RCT

Additionally, Elizabeth A. Wellsandt, PhD received the Bart Mann Award for her service as a first-time NIH grant reviewer.



“

I am grateful to the AOSSM for this generous award. This award allowed me to pursue research ideas that would otherwise have been unrealized, and led to several discoveries that have greatly influenced the future direction of our work.

-Michael Davies, MD, past Steven P. Arnoczky Young Investigator Grant (YIG) awardee

”

DRIVING DIGITAL INNOVATION: IKDC ADAPTIVE TESTING ADVANCES OUTCOMES MEASUREMENT

Our ongoing project to create a computer adaptive version of the International Knee Documentation Committee Subjective Knee Form tool promises to modernize knee outcome measurements, supporting clinicians and researchers worldwide with efficient, validated PRO data.

Research Collaboration & Thought Leadership Workshops & Think Tanks

- Industry Research Workshop: Engaged 150+ participants on collaboration strategies
- Shoulder OA Think Tank: Led to a \$500,000 RFP for 2025

Read the summary paper at pubmed.ncbi.nlm.nih.gov



Consensus Building

- Meniscus Rehab Consensus (ESSKA-AOSSM-AASPT):

Read part 1 at journals.sagepub.com

Read part 2 at pubmed.ncbi.nlm.nih.gov

- ACL Rehab Consensus: In development for 2025 publication



LOOKING AHEAD

Our strategic plans for 2025 include:



LAUNCH
OF THE 3RD
MULTICENTER
GRANT



COMPLETION
OF THE IKDC
CAT PROJECT



NEW HIP OA
THINK TANK
AND GRANT
INITIATIVE

CATALYST™ RESEARCH MENTORSHIP PROGRAM

At the heart of Catalyst™ is a belief: that mentorship accelerates not only careers, but discovery. This new collaboration between the American Orthopaedic Society for Sports Medicine, the Arthroscopy Association of North America, and the Society of Military Orthopaedic Surgeons will help develop the next generation of sports medicine-focused clinician scholars. Catalyst is a first-of-its-kind research mentorship program that will provide a longitudinal educational experience encompassing online learning and direct access to senior research leaders to hone necessary skills and advance participants' careers.



In 2024, AOSSM began a bold transformation of its publishing program, guided by a Strategic Review Team committed to modernization, excellence, and efficiency.

The new model offers:

- **Consolidated leadership under a Director of Publishing.**
- **Streamlined fiscal and operational management.**
- **Reinforced editorial quality and workflow modernization.**

These changes ensure our journals continue to set the standard in sports medicine literature, with seamless submission systems and rigorous peer review.

AJSM

The American Journal of Sports Medicine (AJSM) is the official peer-reviewed scientific journal of AOSSM. Over the past year, the journal has made strides in expanding its readership, enhancing editorial efficiency, and maintaining rigorous academic standards.



AJSM 2024 STATISTICS

Total submissions received:

2,101

Acceptance rate:

17%

Current impact factor:

4.2

5-year impact factor:

5.4

H-index:

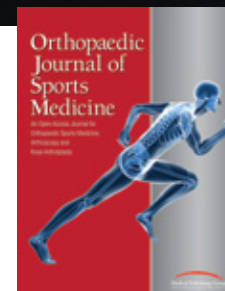
78

Online article downloads/views:

1,726,865

OJSM

The Orthopaedic Journal of Sports Medicine (OJSM) is a global, peer-reviewed, open-access journal serving researchers and clinical practitioners in orthopaedic sports medicine, arthroscopy, and knee and shoulder arthroplasty.



OJSM 2024 STATISTICS

Total submissions received:

880

Acceptance rate:

57%

Current impact factor:

2.4

5-year impact factor:

2.8

H-index:

53

Online article downloads/views:

3,883,437

PUBLISHING STRATEGY: MODERNIZATION WITH PURPOSE

Sports Health

Sports Health: A Multidisciplinary Approach is dedicated to equipping sports medicine clinicians with the scientific research and clinical data needed for comprehensive diagnosis and treatment strategies across all age groups, from pediatrics to geriatrics.



SPORTS HEALTH 2024 STATISTICS

Total submissions received:

574

Acceptance rate:

25%

Current impact factor:

2.7

5-year impact factor:

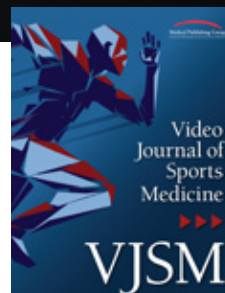
3.7

Online article downloads/views:

2,352,070

VJSM

The *Video Journal of Sports Medicine* (VJSM) is a global, peer-reviewed, open-access online journal dedicated to advancing sports medicine through multimedia content. VJSM publishes high-quality video presentations and complementary written material, covering the full spectrum of athlete care—from pre-surgical procedures to rehabilitation and injury prevention.



VJSM 2024 STATISTICS

Total submissions received:

92

Acceptance rate:

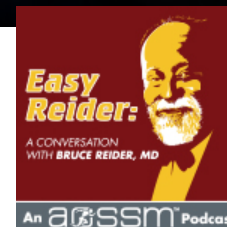
98%

Online article downloads/views:

212,898

Easy Reider

During each Easy Reider podcast, OJSM Editor in Chief Dr. Bruce Reider interviews high profile leaders in the field of orthopaedic sports medicine to delve into their personal stories and explore their insights into the world sports medicine community. In 2024, Dr. Reider interviewed such luminaries as Dr. Dean Taylor, AOSSM 2023-2024 President; Dr. Annunziato (Ned) Amendola, AOSSM Past President and 2024-2025 AAOS President; and Dr. Christopher Kaeding, AOSSM 2024-2025 President.



Find the full list of guests and listen to these fascinating “fireside chats” at easyreider.libsyn.com

GROWING TOGETHER: A COMMUNITY OF EXCELLENCE

In 2024, AOSSM membership grew to 4,332—a testament to our expanding influence and the value we offer to orthopaedic surgeons and allied health professionals.

MEMBERSHIP BREAKDOWN (2024):

2,526 ACTIVE MEMBERS

**877 CANDIDATE
MEMBERS**

**39 INTERNATIONAL
MEMBERS**

**81 AFFILIATE
MEMBERS**

**18 MD AFFILIATE
MEMBERS**

**168 HONORARY
MEMBERS**

**467 EMERITUS
MEMBERS**

This represents a significant increase from 4,075 members in 2023, reflecting our strategic outreach and focus on early-career professionals and international collaboration.

MEMBERSHIP STRATEGY: **GROWTH & DIVERSIFICATION**



To grow our global community, AOSSM invested in targeted campaigns, early-career programming, and collaborations with allied health and specialty organizations. The result? A 6% membership increase and a stronger, more diverse network of professionals committed to advancing sports medicine.

As we look forward, we thank you—our members, donors, partners, and learners—for making this progress possible. Together, we are shaping the future of sports medicine.

PHILANTHROPY IN ACTION

Your generosity is making sports medicine stronger—for today's patients and tomorrow's leaders. In 2024, donor gifts exceeded \$67,000, supporting scholarships, education, and cutting-edge research.

AOSSM Earns the GuideStar Platinum Seal of Transparency

AOSSM is registered with GuideStar, an organization that collects information about the social sector. Since 2022, AOSSM has held the GuideStar Platinum Seal of Transparency, the leading symbol of nonprofit transparency and accountability, by providing evidence that the Society is dedicated to transparency, fiscal responsibility and DEI initiatives. Fewer than one percent (0.75%) of nonprofits registered with GuideStar achieve this recognition. The seal demonstrates AOSSM's commitment to providing current and prospective donors with meaningful data with which to evaluate our organization's performance to our mission. Donors frequently consider GuideStar ratings when deciding how to allocate their philanthropic spending.



Giving Tuesday Campaign

AOSSM annually joins other charitable organizations in celebrating Giving Tuesday on the Tuesday following Thanksgiving. A heartfelt thank you to everybody who has donated to the Society in honor of this holiday of giving. Your donations help us fund fellows training and sports medicine research. We also recognize our many volunteers for the time they contribute to AOSSM education, research, publications and governance.



INVEST IN THE FUTURE OF SPORTS MEDICINE

AOSSM's achievements in 2024—from groundbreaking research to exceptional educational programming—were made possible by the generosity of donors like you. Every gift strengthens our ability to serve orthopaedic sports medicine professionals, improve patient outcomes, and fuel innovation that changes lives.

Your contribution helps us:



FUND

high-impact research grants that advance the science of sports medicine



DELIVER

elite surgical education through hands-on courses and digital learning



PROVIDE

scholarships and training for the next generation of clinician-scientists



DEVELOP

patient-centered tools and consensus guidelines that inform care globally



For me, AOSSM represents the core of my professional and personal development and has helped me become the practicing sports medicine surgeon that I am today. To be able to build on our pillars of education, research, and member camaraderie has made it easy for me to give back. This strong foundation of engagement from our members makes our society's future exciting and ultimately improves our sports health care. I am very proud to be an active member of AOSSM.

- Keith Kenter, MD, Hon ScD



INVESTING IN FUTURE LEADERS: AOSSM RESIDENT SCHOLARSHIPS

In 2024, AOSSM proudly launched a new Resident Scholarship Program designed to provide financial support for emerging orthopaedic sports medicine professionals to attend the AOSSM Annual Meeting. This initiative broke down financial barriers and empowered the next generation of clinician scholars.

Program Growth and Impact

The response to the scholarship program exceeded expectations and demonstrated strong interest among residents in advancing their professional development through AOSSM.

Catalyzing Change Through Philanthropy

These numbers represent a **200% increase** in applications from 2024 to 2025. A key driver of this growth was **a generous \$10,000 donation from Dr. Michael Axe**, which was specifically directed toward scholarships for female residents. This support enabled AOSSM to launch targeted outreach campaigns, resulting in a **fivefold increase in female applicants** in just one year.

This initiative exemplifies how targeted philanthropy and inclusive programming can have an immediate and measurable impact on the future of the profession.

YEAR	2024	2025
AVAILABLE SCHOLARSHIPS	1	8
APPLICATIONS RECEIVED	16	48

MAKING YOUR CHARITABLE GIVING GO FURTHER

You already know that you can deduct donations to AOSSM and many other nonprofit organizations from your taxes.* Did you know that there are other ways that you can reduce your tax burden through your philanthropic giving? You can increase your tax deduction and your charitable giving by more than 20% when you consider non-cash gifts.



ONE-TIME OR RECURRING GIFTS

Support what matters most to you: research, education, or general operations.

PLANNED GIVING

Join the Sustaining Order of Merit and leave a lasting legacy.

GIFTS OF STOCK

By donating high performing stocks, donors can reduce their capital gains tax burden.

TRIBUTE DONATIONS

Honor a colleague, mentor, or loved one. Make a donation in their name and AOSSM will let them or their family know about your thoughtful gift.

QUALIFIED CHARITABLE DISTRIBUTIONS

If you are 70.5 or older, you can donate up to \$100,000 directly from your traditional IRA to AOSSM. That distribution will count as your Required Minimum Distribution without it being included in your taxable income.

DONOR ADVISED FUNDS

Have you set up a DAF? AOSSM is a great choice for a recommended grant distribution.

**Always consult with a financial professional.*

PLANNED GIVING DONORS: SUSTAINING ORDER OF MERIT

AOSSM would like to thank those who have included the Society in their estate planning.

- Steven Paul Arnoczky, DVM and Brenda Elizabeth Arnoczky
- Nikhil N. Verma, MD

If you have designated AOSSM as a beneficiary of your estate, please contact us at melanie@aossm.org. This will enable us to recognize your thoughtful gift.

MAKE A DIFFERENCE TODAY

🌟 Give now at sportsmed.org/donate

🌟 Questions? Contact us at melanie@aossm.org

Together, we can accelerate discovery, elevate care,
and empower the future of orthopaedic sports medicine.



2024 DONORS

We are deeply grateful to the individuals and organizations listed below. Your generosity is shaping the future of orthopaedic sports medicine. Thank you to everybody who made a difference:

GRAND SLAM DONORS

\$10,000 +

Jeff Dugas, MD

Michael J. Axe, MD; In honor of James R. Andrews, MD

Steven P. Arnoczky, DVM

HOME RUN DONORS

\$1,001 - \$9,999

Carlos A. Prietto, MD

Timothy R. McAdams, MD

Chunal Ma, MD

Robert A. Arciero, MD

Jeremie M. Axe, MD; In honor of Michael J. Axe, MD

RUN DONORS

\$251 - \$1,000

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Jerald L. Cooper, MD

Marlene DeMaio, MD, EdD, FAAOS

Patricia A. Kolowich, MD

Alan L. Zhang, MD

Austin V. Stone, MD, PhD



2024 DONORS



RUN DONORS CONTD

\$251 - \$1,000

Brian T. Feeley, MD

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James P. Sostak, II, MD

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John Paul Schroepel, MD

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Ralph Frank Henn, MD

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Diane L. Dahm, MD



2024 DONORS



HIT DONORS	\$101 - \$250
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	Keith Kenter, MD
	Maryirene Flynn, MD, FAAOS
	Rudolf G. Hoellrich, MD
	Thomas M. Sasser, Jr.
	Cary R. Motz, MD



2024 DONORS

“

I choose to give to AOSSM because it is the backbone of our specialty.

AOSSM helps train our future surgeons, keeps practicing surgeons on the cutting edge of contemporary treatment techniques, both surgical and non-surgical, and provides a strong advocating voice for our profession. The research funded by AOSSM is critical to furthering our knowledge of optimal treatment options for our athletes, and the educational opportunities provided by AOSSM have been paramount to my professional development.

- J. Paul Schroepel, MD, FAOA, FAAOS

”

BATTING DONORS

UP TO \$100

Marisol Claich

Faridatou Samarou

Stephanie A. Boden, MD

Dean Taylor, MD; In honor of Greg Dummer



2024 DONORS



BATTING DONORS

UP TO \$100

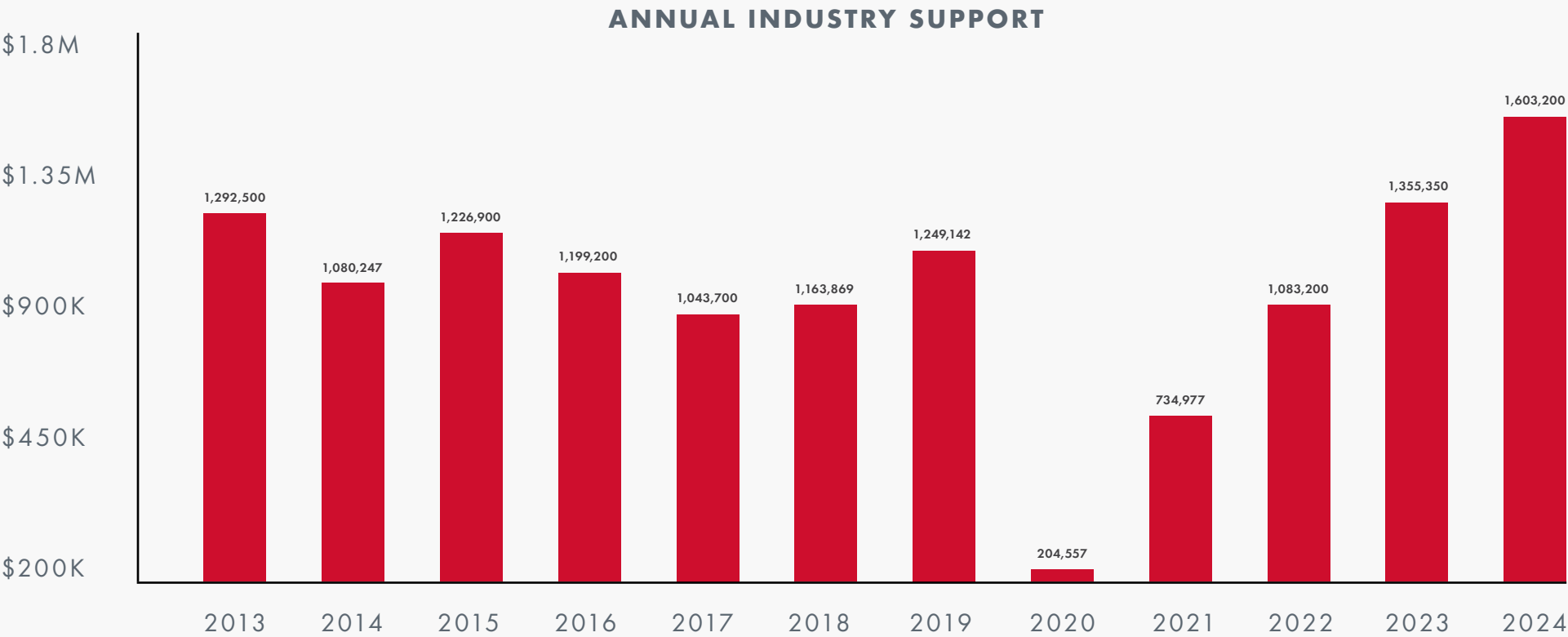
- Michael Ciccotti, MD
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- Manuel F. Yvars, MD
- Justin Mitchell, MD
- Ashley Meyer, BS
- Donna Tilton
- Jacob Giovanni Calcei, MD



PARTNERS IN PROGRESS: INDUSTRY SUPPORT MAKING A DIFFERENCE

Corporate and Grant Funding

AOSSM's progress wouldn't be possible without our industry partners. In 2024, more than 60% of our Annual Meeting revenue came from companies that share our vision for innovation, education, and improved patient care. Organizations also generously provide sponsorship and grant funding for educational activities and research.



AOSSM THANKS OUR INDUSTRY FRIENDS

PLATINUM



GOLD



SILVER



INNOVATION MEANS MOTION



BRONZE

ALLOSOURCE

ANIKA THERAPEUTICS

LEGALLY MINE

MIACH ORTHOPAEDICS

NATIONAL HOCKEY LEAGUE

NHL PLAYERS ASSOCIATION

OPED MEDICAL

OSSIO

TETROUS, INC.

VALD

2024 IMPACT REPORT



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