The Athlete’s Hip:
New Trends, Controversies, and Contemporary Surgical Management

May 29–30, 2020
Orthopaedic Learning Center
Rosemont, IL
WHO SHOULD ATTEND?

- Practicing orthopaedic surgeons with a desire to learn or reinforce their knowledge in surgical skills pertaining to the athlete’s hip
- Individuals with basic to intermediate hip arthroscopic skills
- Orthopaedic surgeons with an interest in expanding their practice into the field of athletic hip management and surgical intervention

LEARNING OBJECTIVES

Upon completion of this educational activity, participants should be able to:

- Describe normal and pathologic hip kinematics in the athlete’s hip
- Describe and perform a complete physical exam, radiographic analysis, and then determine and identify non-operative and operative treatment plans
- Describe and perform the setup, portal placements, fluoroscopic management, and techniques for repair and resection in hip preservation surgery
- Describe and perform arthroscopic and open hip preservation techniques in the central compartment (labral and articular, psoas and pincer pathology), and peripheral compartment (cam and capsular pathology)
- Describe and perform arthroscopic and open hip preservation techniques in the peritrochanteric space and deep gluteal space

HOUSING

A block of rooms has been reserved at Hyatt Rosemont (one block from the Orthopaedic Learning Center) at a group rate of $125. Reservations may be made by calling 800.233.1234 and asking for the AOSSM Surgical Skills Course Room Block. You can also book directly online at sportsmed.org. The reservation deadline is May 8, 2020. Room rates are until this date pending availability. Reservations after this date may be at a higher rate. Attendees are encouraged to book early.
GENERAL INFORMATION

REGISTRATION HOURS
Friday, May 29
2:00 pm – 8:00 pm
Saturday, May 30
6:30 am – 4:00 pm

REGISTRATION FEES*

<table>
<thead>
<tr>
<th>Fees BEFORE April 29, 2020</th>
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<tbody>
<tr>
<td>AOSSM Members</td>
<td>$2,400</td>
</tr>
<tr>
<td>AOSSM Non-Members</td>
<td>$2,900</td>
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<tr>
<td>Resident / Fellow / Military / Allied Health</td>
<td>$2,000</td>
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</table>

<table>
<thead>
<tr>
<th>Fees AFTER April 29, 2020</th>
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</thead>
<tbody>
<tr>
<td>AOSSM Members</td>
<td>$2,500</td>
</tr>
<tr>
<td>AOSSM Non-Members</td>
<td>$3,000</td>
</tr>
<tr>
<td>Resident / Fellow / Military / Allied Health</td>
<td>$2,100</td>
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</table>

*Registration fees do not include housing

CANCELLATION / REFUND POLICY
A written request to cancel must be received at the AOSSM office prior to April 29, 2020. The registration fee, minus a $150 processing fee, will be refunded following the conference. No refunds will be made after April 29, 2020.

COMPLIMENTARY MEALS
Dinner is provided on Friday and lunch on Saturday in the OLC Education & Conference Center.

PROGRAM INDEPENDENCE
AOSSM attests that the people responsible for the development of this live activity did so independently and were not influenced in any way by commercial supporters.

CONTINUING MEDICAL EDUCATION CREDIT
The American Orthopaedic Society for Sports Medicine (AOSSM) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

AOSSM designates this live activity for a maximum of 12.50 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

DISCLAIMER
The material presented in this continuing medical education program is being made available by the AOSSM for educational purposes only. This material is not intended to represent the only methods or procedures appropriate for the medical situation discussed, but rather it is intended to present an approach, view, statement, or opinion of the faculty, which may be helpful to others who face similar situations. Neither the content (whether written or oral) of any course, seminar or other presentation in the program, nor the use of a specific product in conjunction therewith, nor the exhibition of any materials by any parties coincident with the program, should be construed as indicating endorsement or approval of the views presented, the products used, or the materials exhibited by the AOSSM, or its Committees, Commissions, or Affiliates. The AOSSM makes no statements, representations or warranties (whether written or oral) regarding the Food and Drug Administration (FDA) status of any product used or referred to in conjunction with any course, seminar or other presentation being made available as part of this course. Faculty members shall have sole responsibility to inform attendees of the FDA status of each product that is used in conjunction with any course, seminar or presentation and whether such use of the product is in compliance with FDA regulations.

DISCLOSURE STATEMENT
In accordance with the guidelines of the ACCME, it is the policy of the AOSSM that faculty and planners disclose to the learners all financial relationships during the past twelve months with any commercial interest (any entity producing, marketing, re-selling, or distributing health care goods and services consumed by, or used on, patients). Any and all disclosures will be provided in the final program that is distributed at the meeting. In accordance with AOSSM policy, faculty participation is predicated upon timely submission and review of AOSSM disclosures. Non-compliance results in faculty being stricken from the program.

AMERICANS WITH DISABILITIES ACT
The AOSSM wishes to take those steps to ensure that no individual with a disability is excluded, denied services, segregated, or otherwise treated differently than other individuals because of the absence of auxiliary aids and services. If you require any of the auxiliary aids or services identified in the Americans with Disabilities Act in order to attend this program, please contact AOSSM prior to arrival at info@aossm.org
# AGENDA

## FRIDAY, MAY 29, 2020

### 3:00 pm–9:00 pm

### INTRODUCTION TO THE HIP

<table>
<thead>
<tr>
<th>Time</th>
<th>Topic</th>
<th>Speakers</th>
</tr>
</thead>
<tbody>
<tr>
<td>3:00 pm–3:05 pm</td>
<td>Welcome</td>
<td>Brian D. Busconi MD</td>
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<tr>
<td></td>
<td></td>
<td>F. Winston Gwathmey Jr. MD</td>
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<tr>
<td></td>
<td></td>
<td>Shane Jay Nho MD, MS</td>
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<tr>
<td>3:05 pm–3:13 pm</td>
<td>History of Hip Arthroscopy</td>
<td>JW Thomas Byrd MD</td>
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<tr>
<td>3:13 pm–3:21 pm</td>
<td>Evaluation of the Patient</td>
<td>Benedict U. Nwachukwu MD, MBA</td>
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<tr>
<td>3:21 pm–3:29 pm</td>
<td>Clinically Relevant Hip Anatomy</td>
<td>Jorge Chahla MD, PhD</td>
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<tr>
<td>3:29 pm–3:37 pm</td>
<td>Radiographic Evaluation</td>
<td>F. Winston Gwathmey Jr. MD</td>
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<tr>
<td>3:37 pm–3:43 pm</td>
<td>Ultrasound</td>
<td>Sanjeev Bhatia MD</td>
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<tr>
<td>3:43 pm–3:51 pm</td>
<td>Biologic Injections</td>
<td>Marc R. Safran MD</td>
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<tr>
<td>3:51 pm–3:59 pm</td>
<td>Indications for Hip Arthroscopy</td>
<td>Anil S. Ranawat MD</td>
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<tr>
<td>3:59 pm–4:07 pm</td>
<td>Rehabilitation After Hip Arthroscopy</td>
<td>Kristyn Taylor PT</td>
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<tr>
<td>4:07 pm–4:30 pm</td>
<td>Panel Discussion</td>
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### APPROACH TO THE YOUNG HIP

<table>
<thead>
<tr>
<th>Time</th>
<th>Topic</th>
<th>Speakers</th>
</tr>
</thead>
<tbody>
<tr>
<td>4:30 pm–4:38 pm</td>
<td>FAI and Hip Biomechanics</td>
<td>Shane Jay Nho MD, MS</td>
</tr>
<tr>
<td>4:38 pm–4:46 pm</td>
<td>Hip Instability</td>
<td>Marc J. Philippon MD</td>
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<tr>
<td>4:46 pm–4:54 pm</td>
<td>Dysplasia and Acetabular</td>
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<td></td>
<td>Dysplasia Variants: When to Refer to Open Hip Surgeon</td>
<td>Andrea Spiker MD</td>
</tr>
<tr>
<td>4:54 pm–5:02 pm</td>
<td>Femoral Torsion: Under Recognized Dysplasia</td>
<td>Joshua D. Harris MD</td>
</tr>
<tr>
<td>5:02 pm–5:10 pm</td>
<td>Residual Pediatric Deformities</td>
<td>Stephen K. Aoki MD</td>
</tr>
<tr>
<td>5:10 pm–5:30 pm</td>
<td>Panel Discussion</td>
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<tr>
<td>5:30 pm–6:00 pm</td>
<td>Break with Exhibitors</td>
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</tbody>
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### APPROACH TO THE ADULT HIP

<table>
<thead>
<tr>
<th>Time</th>
<th>Topic</th>
<th>Speakers</th>
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</thead>
<tbody>
<tr>
<td>6:00 pm–6:08 pm</td>
<td>Osteoarthritis: Is there a Role for Arthroscopy?</td>
<td>Michael B. Banffy MD</td>
</tr>
<tr>
<td>6:08 pm–6:16 pm</td>
<td>Osteonecrosis: Are there any Treatments Aside from Arthroplasty?</td>
<td>Geoffrey S. van Thiel MD, MBA</td>
</tr>
<tr>
<td>6:16 pm–6:24 pm</td>
<td>Revision Hip Arthroscopy: Approach to Failed Hip Arthroscopy</td>
<td>Michael J. Salata MD</td>
</tr>
<tr>
<td>6:24 pm–6:30 pm</td>
<td>Snapping Hip Syndromes: Is there any Role for Surgical Release?</td>
<td>Marc R. Safran MD</td>
</tr>
<tr>
<td>6:30 pm–7:00 pm</td>
<td>Panel</td>
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<tr>
<td>7:00 pm–7:08 pm</td>
<td>Core Muscle Injury</td>
<td>Brian D. Busconi MD</td>
</tr>
<tr>
<td>7:08 pm–7:16 pm</td>
<td>Debate: Pro—Primary Labral Reconstruction</td>
<td>Andrew B. Wolff MD</td>
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<tr>
<td>7:16 pm–7:24 pm</td>
<td>Debate: Con—Primary Labral Reconstruction</td>
<td>Richard C. Mather III MD</td>
</tr>
<tr>
<td>7:24 pm–7:32 pm</td>
<td>Debate: Pro—Hip Arthroscopy for Borderline Dysplasia</td>
<td>Benjamin G. Domb MD</td>
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<tr>
<td>7:32 pm–7:40 pm</td>
<td>Debate: Con—PAO for Borderline Dysplasia</td>
<td>Michael J. Salata MD</td>
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<tr>
<td>7:40 pm–8:00 pm</td>
<td>Panel</td>
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<tr>
<td>8:00 pm–9:00 pm</td>
<td>Pizza and Beers</td>
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<tr>
<td>9:00 pm–10:00 pm</td>
<td>Industry Surgical Demos</td>
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The Athlete’s Hip 2020 Preliminary Program
AGENDA (CONT.)

SATURDAY, MAY 30, 2020
7:00 am–4:00 pm

INTRAARTICULAR HIP

7:00 am – 7:05 am
Overview
F. Winston Gwathmey Jr. MD
Shane J. Nho MD, MS

7:05 am – 7:13 am
Positioning and Access
Stephen K. Aoki MD

7:13 am – 7:21 am
Diagnostic Arthroscopy
F. Winston Gwathmey Jr. MD

7:21 am – 7:29 am
Addressing the Rim
(Pincer, OS Labral Ossification)
Benjamin G. Domb MD

7:29 am – 7:37 am
Sub-spine Resection
Michael J. Salata MD

7:37 am – 7:45 am
Labral Repair Pearls
F. Winston Gwathmey Jr. MD

7:45 am – 7:53 am
Labral Augmentation
Marc J. Philippon MD

7:53 am – 8:00 am
Labral Reconstruction
Andrew B. Wolff MD

LAB
8:00 am – 11:00 am
Technique
Cartilage Repair
Richard C. Mather III MD

Comprehensive CAM Correction
Marc J. Philippon MD

11:00 am – 12:00 pm
Lunch

EXTRA-ARTICULAR HIP

12:00 pm – 12:08 pm
Debate: Gluteus Medius Repair:
Scope is Better!
JW Thomas Byrd MD

12:08 pm – 12:16 pm
Debate: Gluteus Medius
Repair and Reconstruction:
Just Do it Open!
Shane J. Nho MD, MS

12:16 pm – 12:24 pm
Posterior Hip Pain (Deep
Gluteal Space, Ischiofemoral
Impingement)
Joshua D. Harris MD

12:24 pm – 12:32 pm
Debate: Proximal Hamstring
Tears: Scope is the Way to Go!
Richard C. Mather III MD

12:32 pm – 12:40 pm
Debate: Proximal Hamstring
Tears: Open is Safer and
More Effective!
Brian D. Busconi MD

12:40 pm – 1:00 pm
Panel

LAB
1:00 pm – 4:00 pm
Capsular Management
Shane J. Nho MD, MS

End of Program