Cutting Edge 2019 Shoulder and Elbow Sports Surgery:
An Open and Arthroscopic Journey to Treat Common and Advanced Conditions of the Shoulder and Elbow

October 11–12, 2019
OLC Education and Conference Center
Rosemont, IL

FINAL PROGRAM
COURSE CO-CHAIRS

Steven B. Cohen MD
Jeffrey R. Dugas MD
Matthew T. Provencher MD

FACULTY

Benjamin B. Bedford MD
Robert H. Brophy IV, MD
Peter N. Chalmers MD
John E. Conway MD
Katherine J. Coyner MD
Josef K. Eichinger MD
Jonathan A. Godin MD, MBA
Sommer Hammoud MD
Brendan T. Higgins MD, MS
George F. LeBus MD
Craig S. Mauro MD
Daryl C. Osbahr MD
Michael J. Pagnani MD
George A. Paletta Jr., MD
Stephen Parada MD
Anthony J. Scillia MD
Matthew V. Smith MD
Nikhil N. Verma MD

GENERAL INFORMATION

COURSE DESCRIPTION

Attendees will become familiar with the diagnosis and management of common shoulder and elbow injuries and conditions. Clinical and radiographic assessment of these conditions will be reviewed. Attendees will work closely with faculty in small groups on a variety of open and arthroscopic shoulder and elbow procedures.

COURSE OBJECTIVES

Attendees will obtain the knowledge and experience in the diagnosis and surgical management of common shoulder and elbow pathology. At the end of the course it is expected that attendees will be comfortable performing the demonstrated and practiced procedures.

COMPLIMENTARY MEALS

Complimentary continental breakfast is served at the Rosemont Hampton Inn & Suites. Dinner is provided on Friday and lunch on Saturday in the OLC Education & Conference Center.

IN-KIND SUPPORT

AOSSM gratefully acknowledges those companies that provided in-kind support in the form of durable equipment and disposable supplies for this course.

REGISTRATION

Every meeting attendee must present photo identification to pick up registration materials.

On-site registration hours will be as follows:

Friday, October 11
12:00 pm – 7:00 pm

Saturday, October 12
7:00 am – 3:00 pm

PROGRAM INDEPENDENCE

AOSSM attests that the people responsible for the development of this live activity did so independently and were not influenced by commercial supporters.

CONTINUING MEDICAL EDUCATION CREDIT

The American Orthopaedic Society for Sports Medicine (AOSSM) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

AOSSM designates this live activity for a maximum of 13 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.
GENERAL INFORMATION (CONT.)

DISCLAIMER
The material presented in this continuing medical education program is being made available by the AOSSM for educational purposes only. This material is not intended to represent the only methods or procedures appropriate for the medical situation discussed, but rather it is intended to present an approach, view, statement, or opinion of the faculty, which may be helpful to others who face similar situations. Neither the content (whether written or oral) of any course, seminar or other presentation in the program, nor the use of a specific product in conjunction therewith, nor the exhibition of any materials by any parties coincident with the program, should be construed as indicating endorsement or approval of the views presented, the products used, or the materials exhibited by the AOSSM, or its Committees, Commissions, or Affiliates. The AOSSM makes no statements, representations or warranties (whether written or oral) regarding the Food and Drug Administration (FDA) status of any product used or referred to in conjunction with any course, seminar or other presentation being made available as part of this course. Faculty members shall have sole responsibility to inform attendees of the FDA status of each product that is used in conjunction with any course, seminar or presentation and whether such use of the product is in compliance with FDA regulations.

DISCLOSURE STATEMENT
In accordance with the guidelines of the Accreditation Council for Continuing Medical Education (ACCME), it is the policy of the American Orthopaedic Society for Sports Medicine that faculty and planners disclose to the learners all financial relationships during the past twelve months with any commercial interest (any entity producing, marketing, re-selling, or distributing health care goods and services consumed by, or used on, patients). Any and all disclosures will be provided in the final program that is distributed at the meeting to program participants. In accordance with AOSSM policy, faculty participation is predicated upon timely submission and review of AOSSM disclosures. Non-compliance results in faculty being stricken from the program.

AMERICANS WITH DISABILITIES ACT
The AOSSM wishes to take those steps to ensure that no individual with a disability is excluded, denied services, segregated, or otherwise treated differently than other individuals because of the absence of auxiliary aids and services. If you require any of the auxiliary aids or services identified in the Americans with Disabilities Act in order to attend this program, please contact AOSSM prior to arrival at info@aossm.org.
ELBOW

1:00 pm – 1:05 pm
Welcome and Course Overview
Steven B. Cohen MD
Jeffrey R. Dugas MD
Matthew T. Provencher MD

1:05 pm – 2:15 pm
Session Moderator
George A. Paletta Jr., MD

1:15 pm – 2:15 pm
UCL Reconstruction: Modified Jobe and Docking Technique—How to Handle the Tunnels and Fixation
Daryl C. Osbahr MD

1:25 pm – 1:35 pm
Distal Triceps Repair—My Technique to Make this Solid
Josef K. Eichinger MD

1:35 pm – 2:15 pm
Distal Biceps Repair: Single Incision
Anthony J. Scillia MD

2:05 pm – 2:15 pm
Ulnar Nerve Decompression / Transposition
Steven B. Cohen MD

2:15 pm – 2:40 pm
Questions and Answers with a Case: Elbow Arthroscopy, Ulnar Nerve and UCL / Biceps / Triceps
Moderator:
Panel:
Jeffrey R. Dugas MD
John E. Conway MD
Josef K. Eichinger MD
George F. LeBus MD
Jonathan A. Godin MD, MBA
Daryl C. Osbahr MD
George A. Paletta Jr., MD
Anthony J. Scillia MD

2:40 pm – 2:45 pm
BREAK

SHOULDER

2:45 pm – 3:15 pm
Session Moderator
Stephen Parada MD

2:45 pm – 2:55 pm
Arthroscopic Labral Repair: Anterior / Posterior—How to go around the World and Repair the Labrum
Nikhil N. Verma MD

2:55 pm – 3:05 pm
Arthroscopic SLAP Repair—My Pearls for Successful Outcome
John E. Conway MD

3:05 pm – 3:15 pm
Open Bankart Repair—This is an Important Part of your Instability Algorithm
Michael J. Pagnani MD

3:15 pm – 3:25 pm
The Latarjet Procedure—My Pearls to Optimize Outcomes
Matthew T. Provencher MD

3:25 pm – 3:35 pm
Tibial Allograft Glenoid Reconstruction of the Glenoid—Lessons Learned
Steven Parada MD

3:35 pm – 3:45 pm
Biceps Tenodesis—Proximal and Distal Technique Video
Brendan T. Higgins MD, MS

3:45 pm – 4:05 pm
Questions and Answers with a Case: Labrum / Instability / SLAP
Moderator:
Panel:
Matthew T. Provencher MD
John E. Conway MD
Brendan T. Higgins MD, MS
Michael J. Pagnani MD
Stephen Parada MD
Nikhil N. Verma MD

4:05 pm – 4:10 pm
BREAK

4:10 pm – 4:45 pm
A-C Joint Reconstruction: Acute Arthroscopic Repair / Reconstruction is the Way to Go
Sommer Hammoud MD

4:45 pm – 5:05 pm
A-C Reconstruction: Open Stabilization of CC and AC Joint—How to Stabilize Both Vertically and Horizontally with Open Techniques
Craig S. Mauro MD

Shoulder and Elbow 2019 Final Program
FRIDAY, OCTOBER 11, 2019
1:00 pm–7:00 pm

4:30 pm–4:45 pm Questions and Answers: Biceps and AC Joint with a Case
Moderator: Steven B. Cohen MD
Panel: Robert H. Brophy IV, MD
Katherine J. Coyner MD
Sommer Hammoud MD
Craig S. Mauro MD

4:45 pm–5:15 pm Session Moderator
Moderator: Robert H. Brophy IV, MD

4:45 pm–4:55 pm Rotator Cuff Repair: Supraspinatus / Infraspinatus—All My Tricks to Get this Right
Moderator: Robert H. Brophy IV, MD
Panel: Peter N. Chalmers MD

4:55 pm–5:05 pm Rotator Cuff Repair: Subscapularis—How Not to Miss and Make this Repair Easy
Moderator: Peter N. Chalmers MD
Panel: Matthew V. Smith MD

5:05 pm–5:15 pm Pectoralis Major Repair—How to Make this Reproducible and What are the Results
Moderator: Matthew V. Smith MD
Panel: John E. Conway MD
Robert H. Brophy IV, MD
Peter N. Chalmers MD
Matthew V. Smith MD

5:15 pm–5:35 pm Questions and Answers with a Case: Rotator Cuff and Pectoralis
Moderator: John E. Conway MD
Panel: Robert H. Brophy IV, MD
Peter N. Chalmers MD
Matthew V. Smith MD

5:35 pm–5:45 pm BREAK

5:45 pm–7:00 pm Pizza and Beer
Shoulder and Elbow Case Presentations That Impact Your Practice and Learn the Latest Cutting-Edge Techniques
Moderators: Steven B. Cohen MD
Jeffrey R. Dugas MD
Matthew T. Provencher MD
Benjamin B. Bedford MD
Josef K. Eichinger MD
Sommer Hammoud MD
Craig S. Mauro MD
Daryl C. Osbahr MD
Anthony J. Scillia MD
Matthew V. Smith MD

7:00 pm ADJOURN

SATURDAY, OCTOBER 12, 2019
7:30 am–3:00 pm

LIVE SURGICAL DEMONSTRATIONS
7:30 am–9:15 am
Latarjet / Tibial Allograft Glenoid Reconstruction
Matthew T. Provencher MD
Michael J. Pagnani MD

8:00 am–8:30 am Distal Biceps Repair
Steven B. Cohen MD

8:30 am–9:00 am UCL Reconstruction
Jeffrey R. Dugas MD

9:00 am–9:15 am BREAK

SHOULDER LAB
9:15 am–12:00 pm
A handout will be provided that has critical parts of cases identified to review with your instructor in the lab. Attendees are free to engage in as many of these as time allows. You have the option to choose among the following stations:

- Labrum/Biceps/Revision Shoulder Stabilize Scope
- AC and Cuff
- Open and Latarjet
- RC SCR as Stand Alone
- MDI (open) and Bone Grafting Cases

12:00 pm–1:00 pm Lunch with Case Presentations
Moderators: Steven B. Cohen MD
Jeffrey R. Dugas MD
Matthew T. Provencher MD
Benjamin B. Bedford MD
Josef K. Eichinger MD
Sommer Hammoud MD
Craig S. Mauro MD
Daryl C. Osbahr MD
Anthony J. Scillia MD
Matthew V. Smith MD

7:00 pm ADJOURN
SATURDAY, OCTOBER 12, 2019
7:30 am – 3:00 pm

ELBOW LAB
1:00 pm – 3:00 pm
Attendees are free to engage in as many of these as time allows. You have the option to choose among the following stations:

- UCL Reconstruction
- UCL Repair
- Distal Biceps Tendon Repair
- Ulnar Nerve Transposition
- Elbow Arthroscopy

3:00 pm ADJOURN
FACULTY / PLANNER DISCLOSURE DECLARATION

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### Faculty / Planner Disclosure Declaration

#### Jeffrey R. Dugas, MD
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#### Sommer Hammoud, MD
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#### Meredith Herzog (Planner, AOSSM Staff)
- Nothing To Disclose

#### Brendan T. Higgins, MD, MS
- Smith & Nephew<br>  - Paid Consultant

#### George F. LeBus, MD
- Nothing To Disclose

#### Craig S. Mauro, MD
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#### Daryl C. Osbahr, MD
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**FACULTY / PLANNER DISCLOSURE DECLARATION**

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**October 11, 2019**

**Shoulder and Elbow 2019**
<table>
<thead>
<tr>
<th>Name</th>
<th>Relationships</th>
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<tbody>
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<td>Michael J. Pagnani, MD</td>
<td>Abbott, Abbvie, Amgen Co, Bristol-Myers Squibb, GlaxoSmithKline, Johnson &amp; Johnson, Medtronic, Merck, Novartis, Pfizer, Procter &amp; Gamble, Arthrex, Inc, STAR Physical Therapy</td>
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<td>Stephen Parada, MD</td>
<td>Arthrex, Inc, PAID Consultant, PAID Consultant, Research Support, Board/Committee, American Shoulder and Elbow Surgeons</td>
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<tr>
<td>Joyce Paschall, CAE</td>
<td>Nothing To Disclose</td>
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<td>Matthew V. Smith, MD</td>
<td>Arthrex, Inc, Flexion Therapeutics, Orthopaedic Journal of Sports Medicine, Speakers Bureau/Paid Consulting, PAID Consultant, PAID Consultant, PAID Consultant, PAID Consultant, PAID Consultant</td>
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