

Russell F. Warren, MD

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Sports medicine and shoulder specialist, Russell F. Warren, MD was born in 1939 in Burlington, Vermont and received his bachelor's degree from Columbia College. After receiving his medical degree from the State University of New York at Syracuse in 1966 he completed a one year surgical residency at St. Luke's Hospital in New York and went on to serve as a Lt. Commander for the U.S. Navy during Vietnam. For his service, Dr. Warren received the U.S. Navy Medal of Commendation in 1969.

Following his work in the U.S. Navy, Dr. Warren returned to New York and completed his residency in orthopaedic surgery at the Hospital for Special Surgery. Dr. Warren completed a fellowship in shoulder surgery with Dr. C. Neer at Columbia Presbyterian Hospital in 1977. At this same time, he began his teaching career in orthopaedics at Weill Medical College of Cornell University, where he is also currently a professor of surgery. Subsequently he became chairman of orthopaedics and Surgeon-in-chief at HSS from 1993-2003. He has also served as the team physician for the NY Giants since 1981.

Since 1990, Dr. Warren has directed the soft tissue research laboratory at the Hospital for Special Surgery. Discoveries from the laboratory have advanced progress toward better treatments that reduce pain and restore mobility for patients with soft tissue injuries of the shoulder and knee. The Hospital for Special Surgery established the Russell F. Warren Research Chair in soft tissue research in 2005, to ensure this area of study continues in perpetuity. He has published more than 300 papers on a variety of orthopaedic topics related to disease and injury of the shoulder and knee.

Dr. Warren has received AOSSM's O'Donoghue Award for Sports Medicine Research three times since 1982 along with the Humana Award for Clinical Research in 1992 and Mr. Sports Medicine in 2003. He has also received the prestigious Charles S. Neer Award from the American Shoulder and Elbow Society in 1989, 1995, 2002, 2003 and the Jerry "Hawk" Rhea Award for Outstanding NFL Team Physician in 2004. He also served as AOSSM Board President in 1995 and was President of ASES in 1994.

Dr. Warren and his wife Laurie live in Greenwich, CT. They have two children, Lisa and Rusty and five grandchildren.

