

Clarence L. Shields, M.D., graduated from Loyola High School in Los Angeles, California, in 1958. He was active in football and track and was a finalist in the sprints at the California State Track Meet in 1958.

He earned a B.S. in Biology from Loyola Marymount University in Los Angeles in 1962. He graduated from Creighton University School of Medicine in Omaha, Nebraska, in 1966. While at Creighton, he was selected for Alpha Omega Alpha Honor Society in both junior and senior years.

In 1967, he completed a surgical internship at UCLA. While at UCLA, he was mentored by Dr. Martin Blazina, the team doctor. The Vietnam War interrupted his training when he was called to serve as Captain in the USAF from 1967 to 1969.

After military services, he started his orthopaedic residency at Los Angeles County/USC Medical Center in California in 1969. During training he authored several publications and was selected for the outstanding Resident Award in 1972 and 1973.

Following his residency, he joined Robert Kerlan and Frank Jobe in private practice in 1973. While in practice, he initiated the Kerlan-Jobe Sports Medicine Fellowship Program, which has produced over 300 alumni. He served as team physician for the Los Angeles Rams from 1973 to 1995 when the team moved to Saint Louis, Missouri. He has served as team physician for his alma mater Loyola Marymount University since 1980.

In 1994, he founded Team HEAL (**H**elping **E**nrich **A**thletes' **L**ives), a non-profit foundation in Los Angeles, California, which provides comprehensive medical care, certified athletic trainers, and rehabilitation centers for underserved high school athletes. He continues to serve as medical director for Team HEAL.

He is currently an associate clinical professor at USC Department of Orthopaedics. He is the author of "*Manual of Sports Medicine*" and multiple chapters in books on sports medicine. He has also written more than 50 publications in peer-reviewed journals.

He served as the Secretary of the American Orthopaedic Society for Sports Medicine (AOSSM) and a member of the Board of Directors. He was elected President of AOSSM in 2001. In 2004, he served as the godparent for the AOSSM travelling fellows to Europe. In 2006, he received the Society's award as Mr. Sports Medicine.

He is married to Barbara and they have three children (Brian, Christopher, Angela) and seven grandchildren.