

Per A.F.H. Renström, M.D., Ph.D.

1942-

Per received his certificate as medical doctor at Göteborg University in Sweden in 1972. He finished his residency in orthopedic surgery in 1977 and defended his Ph.D. thesis in 1981 with a book on below-knee amputees. Up to 1988, Per worked at the Department of Orthopedics at Sahlgren University Hospital in Göteborg, Sweden. In 1988 Per and his family relocated to the University of Vermont in Burlington, Vermont, USA, where Per worked as full professor in Orthopedics and Sports Medicine up to 2007 before returning as professor of Orthopedic sports medicine to the Karolinska Institutet and head of Sports Medicine at the Department of Orthopedics at the Karolinska University Hospital, Stockholm, Sweden. Per is since January 2007 professor emeritus at the Karolinska Institutet.

Research activities and awards

Per has been very active in research in Orthopedic sports medicine including clinical studies on management, surgery, rehabilitation and prevention of injuries occurring in sports and physical activity, basic research in biomechanics of knee and ankle ligaments and the healing of Achilles tendon injury, as well as research in amputation and prosthetics. Per has been author of over 334 full scientific publications, including 163 original scientific publications in peer reviewed journals. Per is the author or editor of 16 books and 72 full chapters in books and proceedings. The book "Injuries in Sport" authored together with Lars Peterson is a world wide bestseller.

In 1994 Per as part of the Vermont research group received the Kappa Delta Award for Outstanding Orthopedic Research by American Academy Orthopedic Surgeons and Orthopedic Research Society. The same group has twice (1993 and 1997) been awarded the Albert Trillat Young Investigators Award, by ISAKOS -- International Society of Arthroscopy, Knee Surgery and Orthopedic Sports Medicine. Per has twice (1996 and 1999) received the O'Donoghue Research Award by the American Academy Orthopedic Sports Medicine (AOSSM). In 2005 Per received the SCIF price for "Outstanding research in Sports Science in Sweden".

Professional honor positions and awards

Per was in 2000 by the Swedish Government appointed and in 2003 and 2006 reappointed as chairperson of the Swedish National Research Council of Sports Science. Per has been the chairperson for Special Olympics, Sweden 1999-2007 and been active in several other sports organizations.

Per was 1990-1998 vice president of FIMS - International Sports Medicine Federation. Per was president 2003-2005 of the international worldwide peer group organization ISAKOS - the International Society of Arthroscopy, Knee Surgery and Orthopedic Sports Medicine, after being secretary 1977-1979 and vice president (1999-2003). Per is a member of the Medical and Scientific Commission of the IOC - International Olympic Committee since 1996. Per is the IOC person responsible for the medical service of the athletes during the Olympic Games. Per has been a member of the IOC Publication Advisory Subcommittee (1989-2003) and is a founding member of the IOC Olympic Academy of Sport Sciences

Per has been Physician for the Swedish Davis Cup team in tennis for several years and retired in 2003. Per is the founder, vice president and president 1998-2002 of the International Society of Medicine and Science in Tennis (STMS). Per is medical director of the ATP World Tour - Association of Tennis professional with responsibility for the medical service for the men's tennis professional tour around the world. Per is a member of the Medical and Scientific Commission of the ITF - International Tennis Federation. Per is presently the head physician for the Swedish Football / Soccer Federation.

In 2000 Per received FIMS Gold Medal, which is the highest honor given by FIMS - the International Federation of Sports Medicine. Per was in 2009 elected Honorary member by ISAKOS, in 2003 of AANA - the Arthroscopy Association of North America and in 1992 by the Swedish Society of Sports Medicine. In 2007 the Hungarian National Society of Sports Medicine gave Per their highest award. In 2008 Per was awarded Honorary Fellowship by the Faculty of Sports and Exercise Medicine in both the Royal College of Physicians of Ireland and Royal College of Surgeons in Ireland.

Family profile

Per is living in Stockholm with his wife Lena since 42 years, who in 1989 defended her Ph.D. called "Conceptions of matter" in Science education and is still very active at the University of Stockholm. Lena and Per are very happy for their four children Kerstin, Mårten, Julia and Torsten and five lovely grandchildren. The family is nature oriented and still quite active in sports such as tennis. Per played varsity ice hockey for Ohio State University in Columbus, Ohio, USA in 1961-2.