

Giancarlo Puddu, MD

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Sports medicine and knee specialist, Giancarlo Puddu, MD was born in 1943 in Rome, Italy. He received his medical degree from the University of Rome, La Sapienza in 1968, and he completed his residency in orthopedic surgery at the Hospital, Il Policlinico in Rome in June 1971.

During his medical studies Dr. Puddu had many years of specialized training experience: a scholarship in Pediatric Cardiology at The Hospital for Sick Children in Toronto, Canada (July - August 1965); a scholarship in Cardiology at The University of California, San Francisco (July - August 1967); and a scholarship in Orthopaedic Research at the Institut fur Experimentelle Chirurgie, Davos, Switzerland (July - December 1969).

After his residency in Orthopedics, Dr. Puddu was awarded a fellowship in Knee Surgery with Prof. Albert Trillat in Lyon, (1973), and a fellowship in Knee Surgery and Sports Medicine with Dr. Jack C. Hughston, in Columbus, Georgia (1975 - 1976). During this same time, he began his teaching career in orthopedics at the University of Rome, La Sapienza where he was associate professor until 1987, when he left the University and went into private practice. Since 1987, he has had several teaching appointments at: the University of Siena, the University Chieti and at the Istituto Superiore di Educazione Fisica in Rome.

He also served as team physician for the Roma soccer team.

Since 1990, Dr. Puddu has been involved in many research projects on knee osteotomy and ACL reconstruction advancing progress toward better treatments for knee arthrosis, cartilage repair, ACL reconstruction and tendinopathies. He has published more than 150 papers and book chapters related to knee surgery and sports medicine.

Dr. Puddu was the ESSKA President between May 1999 to September 2000.

He currently serves on the editorial boards of: *The American Journal of Knee Surgery; Operative Techniques in Sports Medicine; Knee Surgery, Sports Traumatology, Arthroscopy; The Journal of Sports Medicine and*

Physical Fitness; Orthopedics Today. Internationa; Sports Medicine, Arthroscopy, Rehabilitation Therapy & Technology.

Dr. Puddu and his wife Agneta live in Rome. They have two daughters, Isabella and Cristina and two grandchildren.

