

Dr. Mervyn J. Cross, OAM  
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Dr. Mervyn J. Cross, OAM, was born on July 3, 1941 and raised in Warialda, Australia. Dr. Cross, with his family moved to Sydney at the age of six, where he attended secondary school, where he was a three sports athlete [captain of Rugby, Cricket and was the athletic champion] and School Captain in his final year. Following this he attended Sydney University (1958-1965) while simultaneously playing Professional Rugby League. Only five doctors have played professional Rugby in the last 100 years.

After graduating from Sydney University's Faculty of Medicine he completed his internship at St. Vincent's Hospital, Sydney. It was here that he met and married Virginia. After his residency Dr. Cross was awarded the Fellowship in the Royal Australasian College of Surgeons in 1970. He then undertook advanced training in Orthopaedics and Sports medicine with a fellowship at the Huston Orthopaedic Clinic in Columbus, Georgia in 1973. He was further awarded a Fellowship of the Australian Orthopaedic Association in 1974.

On returning to Australia, Dr. Cross was a pioneer in arthroscopic surgery and anterior cruciate ligament reconstruction in Sydney and Australia. He foresaw the need for sports Medicine physicians and in 1976 he commenced the training program for Sports Physicians. He subsequently was admitted as an inaugural Honorary Fellow to the Australian College of Sports Physicians. In 1976 Dr. Cross became a foundation member of the Australian Knee Club and in 1977 he was a foundation member and board member of the International Society of the Knee. He subsequently went on and became the President of the Australian Knee Club in 1981.

In 1983, Dr. Cross founded the Australian Institute of Musculo-Skeletal Research (AIMS Research) at the North Sydney Orthopaedic and Sports Medicine Centre in Crows Nest, Sydney. This is a research institute and to date has had more than 80 orthopaedic surgeons complete the fellowship program from around the world.

In 1989 he held the position of treasurer of the Australian Orthopaedic Association (AOA) and also sat on the executive committee of the Australian Orthopaedic Association for four years. In 1976, a postgraduate overseas Fellowship training program in Orthopaedics and Sports Medicine was introduced by Dr. Cross in Australia. In 1991 Dr. Cross was awarded a doctorate of Medicine (M.D.) from the University of New South Wales for research and publications in the disorders of the knee.

In 1995, Dr. Cross was awarded the Order of Australia Medal (OAM) for community work in Orthopaedics and Sports Medicine. This is a special award made twice a year by the Governor General of Australia for achievement in the local community. In 2000, Dr. Cross was chosen as the national Director of Orthopaedics for the Sydney 2000 Olympics and was appointed to the board of the Australian National Rugby League where he held the position for five years until, January 2006.

To date, Dr. Cross has amassed an impressive collection of research and medical publications including 82 articles in peer reviewed journals and eight books. With the launch of his website ([www.kneeclinic.com.au](http://www.kneeclinic.com.au)) in 2000, Dr. Cross has been able to present information for patients and other practitioners alike that can assist in the dissemination of his work and practices on the knee around the world.

Dr. Cross continues to practice at the North Sydney Orthopaedic and Sports Medicine centre at Crows Nest, Sydney, Australia. He has been married for over 40 years to Virginia and enjoys his four Children and Grandchildren.