

**James R. Andrews, M.D.
Orthopaedic Surgeon**

Doctor James R. Andrews is one of the founding members of Andrews Sports Medicine and Orthopaedic Center in Birmingham, Alabama. He is also co-founder of the American Sports Medicine Institute (ASMI) a non-profit institute dedicated to injury prevention, education and research in orthopaedic and sports medicine. Doctor Andrews continues to serve as Chairman of the Board and Medical Director of ASMI. Doctor Andrews is also a founding partner and Medical Director of the Andrews Institute in Gulf Breeze, Florida. He is President and Chairman of the Board of the Andrews Research and Education Foundation also dedicated to prevention, education and research at the Andrews Institute. He has mentored more than 314 orthopaedic /sports medicine Fellows and more than 84 primary care sports medicine Fellows who have trained under him through these Sports Medicine Fellowship Programs.

Doctor Andrews is known and recognized for his skills as an orthopaedic surgeon as well as his scientific and clinic research contributions in knee, shoulder and elbow injury prevention and treatment. He has recently written a book, Any Given Monday, about prevention of youth sports injuries.

Doctor Andrews graduated from Louisiana State University (LSU) in 1963, here he was Southeastern Conference indoor and outdoor pole vault champion. He completed LSU School of Medicine in 1967 and completed his orthopaedic residency at Tulane Medical School in 1972. He had surgical fellowships in sports medicine at the University of Virginia School of Medicine in 1972 with Doctor Frank McCue, III and at the University of Lyon, Lyon, France in 1972 with the late professor Albert Trillat, M.D., who is known as the Father of European Knee Surgery.

Doctor Andrews is a member of the American Board of Orthopaedic Surgery and the American Academy of Orthopaedic Surgery. He is the past President of the American Orthopaedic Society for Sports Medicine and also served on that board as its Treasurer and Secretary. He has served on the Board of Directors of the Arthroscopy Association of North America as well as the International Knee Society. He is Clinical Professor of Orthopaedic Surgery at the University of Alabama Birmingham Medical School, the University of Virginia School of Medicine, University of South Carolina Medical School, Adjunct Professor in the Department of Orthopaedic Surgery at the University of South Alabama, Clinical Professor of Orthopaedics, Department of Orthopaedics, Tulane University School of Medicine.

At present, Doctor Andrews serves as Medical Director and Orthopaedic Surgeon for Auburn University Intercollegiate Athletics and Senior Orthopaedic Consultant at the University of Alabama.

In the professional arena Doctor Andrews is Senior Consultant for the Washington Redskins Professional Football Team and Orthopaedic Medical Director for the Tampa Bay Rays Professional Football team. Doctor Andrews is also the Medical Director of the Ladies Professional Golf Association.

He serves on the Tulane School of Medicine Board of Governors. He has served as a member of Troy University's Board of Trustees. Doctor Andrews also serves as the National Medical Director of Physiotherapy Associates, a national outpatient rehabilitation provider.

Doctor Andrews was inducted into the Alabama Sports Hall of Fame and was named recipient of their Distinguished Sportsman Award in 1992. In 1996, Doctor Andrews was inducted into the LSU Alumni Hall of Distinction. He was featured as one of the LSU's 2007 Southeastern Conference Stories of Character. In 2008, Doctor Andrews received the LSU Cox Communication Academic Center for Student-Athletes Distinguished Alumnus of the Year Award and was inducted into the State of Louisiana Sports Hall of Fame and was named recipient of the prestigious Dave Dixon Louisiana Sports Leadership Award.

Doctor Andrews was the recipient of the 2014 NCAA President's Gerald R. Ford Award that honors an individual who has provided significant leadership in the role of advocate for intercollegiate athletics and has done so on a continuous basis over the course of their career, presented at the NCAA Annual Meeting. He was inducted as a member of the "Louisiana Legends" and also named by the State of Louisiana as one of 200 most influential people in Louisiana history since Statehood. Doctor Andrews was also awarded the "Mr. Sports Medicine" award of the AOSSM at the annual meeting in 2014.

A native of Homer, Louisiana Doctor Andrews has called Birmingham home since 19u6. He also resides part-time in Pensacola Beach, Florida. He and his wife Jenelle have six children, Andy, Amy, Archie, Ashley, Amber, Abby and six grandchildren.