



The American Orthopaedic
Society for Sports Medicine

**FINAL
PROGRAM**

Consensus and Controversy: Advanced Techniques for the Athlete's Shoulder

OCTOBER 23-25, 2015

Orthopaedic Learning Center | Rosemont, IL



Expand Your Skills with Personalized Learning



Renowned faculty guide your learning and enhance your shoulder surgical repertoire with interactive discussions and cadaveric specimen training.

Consensus and Controversy: Advanced Techniques for the Athlete's Shoulder

October 23-25, 2015 • Orthopaedic Learning Center • Rosemont, IL

FACULTY

CO-CHAIRS:

Felix H. Savoie, III, MD (New Orleans, LA)

Stephen S. Burkhart, MD (San Antonio, TX)

Robert A. Arciero, MD (Farmington, CT)

Joseph Bellapianta, MD (Franklin Lakes, NJ)

Paul C. Brady, MD (Knoxville, TN)

Robert T. Burks, MD (Salt Lake City, UT)

Michael G. Ciccotti, MD (Philadelphia, PA)

Juliet DeCampos, MD (Pensacola, FL)

Justin W. Griffin, MD (Chicago, IL)

John D. Kelly, IV, MD (Newtown Square, PA)

W. Ben Kibler, MD (Lexington, KY)

David M. Lintner, MD (Houston, TX)

Scott C. Montgomery, MD (Jefferson, LA)

Lawrence K. O'Malley, MD (Jackson, MS)

Michael J. Pagnani, MD (Nashville, TN)

George A. Paletta, Jr., MD (Chesterfield, MO)

Anthony A. Romeo, MD (Chicago, IL)

Richard K.N. Ryu, MD (Santa Barbara, CA)

Nicholas A. Sgaglione, MD (Glen Head, NY)

Brian R. Waterman, MD (El Paso, TX)

Kevin E. Wilk, PT, DPT (Birmingham, AL)

Agenda



FRIDAY, OCTOBER 23, 2015 CASED BASED PRESENTATIONS

- 6:00pm **17 Year Old QB, Dominant Shoulder, 1st Dislocation, 10% Bony Bankart: Dad is His Coach, Mom is a Nurse, College Prospect**
Felix H. Savoie III, MD
- **Non-Op Rx**
Nicholas A. Sgaglione MD
 - **Acute Arthroscopic Repair**
Scott C. Montgomery MD
 - **Open Bankart Repair**
Michael J. Pagnani MD
 - **Open Latarjet**
Robert T. Burks MD
 - **Q & A: Moderator**
Felix H. Savoie III, MD
- 7:00pm **20-Year-Old College Volleyball Player with Type 2 SLAP**
Stephen S. Burkhart MD
- **Non-Operative Treatment Will Work**
David M. Lintner MD
 - **Acute Repair is Best Option**
Michael G. Ciccotti MD
 - **Should We Consider Biceps Tenodesis?**
Anthony A. Romeo MD
 - **Q & A: Moderator**
Stephen S. Burkhart MD
- 8:00pm **21-Year-Old Hockey Player with Symptomatic Acute Grade 3 AC Separation**
Richard K.N. Ryu MD
- **Non-Op Treatment**
Brian R. Waterman MD
 - **Acute Open Repair Works the Best**
Felix H. Savoie III, MD
 - **Arthroscopic Repair is the Best Option**
Paul C. Brady MD
 - **Open Reconstruction with Allograft is the Only Option**
Robert A. Arciero MD

SATURDAY, OCTOBER 24, 2015 LAB

- 7:00am VIDEO DEMONSTRATION IN LAB
Anterior and Posterior Labral Repair
George A. Paletta Jr., MD
- 7:20am ARTHROSCOPY LAB
- 9:20am Break
- 9:40am VIDEO DEMONSTRATION
Decompression and Distal Clavicle Excision
John D. Kelly IV, MD
- 9:50am ARTHROSCOPY LAB
Decompression and Distal Clavicle Excision
- 10:50am VIDEO DEMONSTRATION
PASTA Repair
Juliet DeCampos MD
- 11:00am ARTHROSCOPY LAB
PASTA Repair Techniques without Completing the Repair
- 12:30pm LUNCH WITH LECTURES:
The Throwing Shoulder
- **Examination of the Throwing Shoulder**
W. Ben Kibler MD
 - **Non-Operative Treatment of the Throwing Shoulder**
David M. Lintner MD
 - **Surgery for the Throwing Shoulder: SLAP Repair and PASTA Repair**
Michael G. Ciccotti MD
 - **Rehabilitation of the Throwing Shoulder: Can We Avoid Surgery? What to Look for and How to Keep Them Out of the Operating Room**
Kevin E. Wilk PT, DPT
 - **Q & A**
- 1:30pm VIDEO DEMONSTRATION IN LAB
Surgery for the Throwing Shoulder: Posterior Release, Peelback Repair, Deb/ Repair or is Tear
George A. Paletta Jr., MD

- 1:45pm LAB **The Throwing Shoulder**
- 3:30pm Break
- 3:45pm VIDEO DEMONSTRATION
Create and Fix a Rotator Cuff Tear
Stephen S. Burkhart MD
- 4:00pm **Arthroscopic Rotator Cuff Repair**
- 5:30pm **Dinner/Questions and Cases**
Moderator – Felix H. Savoie III, MD



SUNDAY, OCTOBER 25, 2015 LAB

- 7:00am VIDEO DEMONSTRATION
Open AC and CC Reconstruction
W. Ben Kibler MD
- 7:15am LAB **Open AC and CC Reconstruction**
- 8:45am VIDEO DEMONSTRATION
Open Coracoid Transfer
Felix H. Savoie III, MD
- 9:00am LAB **Open Coracoid Transfer for Instability**
- 10:30am **Q & A in Conference Room B**
- 10:30am **Cadaveric Specimen Free Time: What would you like to do?**
- 12:00pm Adjourn

General Information

Course Objectives

Upon completion of this course, learners should be able to:

- Discuss the nuances and difficulties associated with assessing the throwing shoulder
- Explain how best to repair shoulder instability with bone loss along with discussing tools for better examination and understanding of this problem
- Describe the skills needed for the evaluation and management of disorders of the rotator cuff
- Describe skills for assessing actual anatomic lesions that produce separations of the shoulder and determine when and how to assess and repair these injuries

Course Materials

The Final Program for this course is posted and available for download in attendees' My AOSSM profiles. PowerPoint presentations from the course will be available to registrants of this course a week after the meeting.

Complimentary Meals

Continental breakfast is provided 30 minutes prior to the start of each days session. Lunch and dinner is provided on Saturday.

Program

AOSSM attests that the people responsible for the development of this live activity did so independently and were not influenced by commercial supporters.

Accreditation

The American Orthopaedic Society for Sports Medicine (AOSSM) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

AMA PRA Credits

The American Orthopaedic Society for Sports Medicine (AOSSM) designates this live activity for a maximum of **21.5 AMA PRA Category 1 CreditsTM**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Disclaimer

The material presented in this live activity is being made available by the AOSSM for educational purposes only. This material is not intended to represent the only methods or procedures appropriate for the medical situation discussed.

Disclosure Statement

In accordance with the guidelines of the Accreditation Council for Continuing Medical Education (ACCME), it is the policy of the AOSSM that faculty and planners disclose to the learners all financial relationships during the past twelve months with any commercial interest (any entity producing, marketing, re-selling, or distributing health care goods and services consumed by, or used on, patients). Any and all disclosures will be provided in the final program that is distributed at the meeting to program participants. In accordance with AOSSM policy, faculty participation is predicated upon timely submission and review of AOSSM disclosures. Non-compliance results in faculty being stricken from the program.

Registration Hours

Friday, October 23, 2015	4:30PM – 9:00PM
Saturday, October 24, 2015	6:30AM – 8:30PM
Sunday, October 25, 2015	6:30 AM – 12:00PM

Surgical Skills Consensus & Controversy: Athlete's Shoulder

October 23, 2015

Faculty/Planner DISCLOSURE DECLARATION

In accordance with the standards of the Accreditation Council for Continuing Medical Education (ACCME) it is the policy of The American Orthopaedic Society for Sports Medicine that faculty and planners disclose to the learners all financial relationships during the past twelve months with any commercial interest. (A 'commercial interest' is any entity producing, marketing, re-selling, or distributing health care goods or services consumed by, or used on, patients.) Any and all disclosures are provided in this program that is distributed at the meeting to all program participants. In accordance with AOSSM policy, faculty participation in this educational activity will be predicated upon timely submission and review of AOSSM disclosure. Non-compliance will result in a faculty member being stricken from the program.

Robert A. Arciero, MD

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Joseph M. Bellapianta, MD

Nothing To Disclose

Paul C. Brady, MD

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Stephen S. Burkhart, MD

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I have edited a book on meniscal repair. I have not received royalties as yet.
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David M. Lintner, MD

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