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SPORTS MEDICINE UPDATE is a quarterly publication of the American Orthopaedic Society for Sports Medicine (AOSSM). AOSSM is a global leader in sports medicine education, research, communication, and fellowship, and is comprised of orthopaedic sports medicine specialists, including national and international sports medicine leaders. AOSSM works closely with many other sports medicine specialists and clinicians, including family physicians, emergency physicians, pediatricians, athletic trainers, and physical therapists, to improve the identification, prevention, treatment, and rehabilitation of sports injuries. This newsletter is also available on the Society's website at www.sportsmed.org.

TO CONTACT THE SOCIETY: American Orthopaedic Society for Sports Medicine, 9400 W. Higgins Road, Suite 300, Rosemont, IL 60018, Phone: 847/292-4900, Fax: 847/292-4905.
FROM THE PRESIDENT

“Next Man Up”

It is difficult to believe this year is quickly coming to a conclusion and this will be my last column as AOSSM President. It has been an honor to serve this Society and I have complete confidence in stating the organization is in great shape moving forward, which reminds me of the quote “next man up.” As team physicians and surgeons dealing with athletes missing significant time from injury, it is commonplace to hear the coach say “next man up” every time a key player goes down. Famed author John Feinstein, the Presidential Speaker from a couple of years ago wrote a book on this subject, Next Man Up: A Year Behind the Lines in Today’s NFL. This book is based on Feinstein’s year with the Baltimore Ravens in which he chronicled the challenges and distractions that can occur through the course of a sports season.

The philosophy of the “next man up” pervades every sport today; it also is a part of the mentality at work in any volunteer setting such as our Society, and even at home. It is the idea that every player, co-worker, Society peer, and/or family member is ready and willing to get the collective job done—which allows the team to succeed, organizations to thrive, and families to flourish. This theory is especially important in times of change, so we can remember to be present but also ready for tomorrow.

We live in a world of change whether inside the beltway arguing about national healthcare issues, or locally in our communities about the dangers of heading or pitch counts. Our Society experienced such a change in its organizational life cycle this past year. After two-plus decades, we honored and said goodbye to our Executive Director, Irv Bomberger, and welcomed a new executive in Greg Dummer. After 25 years, this change in executive leadership with our professional team was a monumental moment in the 45-year history of our organization. I’m happy to report that because we have experienced strong leadership, a dedicated and talented professional team, and a solid infrastructure, the transition has been smooth.

What does smooth exactly mean? For one, it means continuity in delivering upon our mission for our members. Our Society is built upon four foundational pillars—education, research, publishing, and fellowship. We have an unyielding commitment to each of these pillars, and each has continued to thrive over the past 12 months. Here are just a few of the mission-centric programs and services that continued forward without skipping a beat:

- **Education:** Delivery on another slate of outstanding educational programs, including two Surgical Skills Courses, Specialty Day, Board Review, and an Annual Meeting, not to mention a new release of the Self-Assessment Examination with another 125-questions to help keep members on-par with their learning.

- **Research:** Thanks to support from the Society and members, we continued to provide funds for the Young Investigator and Sandy Kirkley Clinical Outcomes Grants to encourage new sports medicine research. We also worked with the Research Committee and staff to develop a new grant to be launched later in 2017 which focuses on return to play issues and is sponsored by The Aircast Foundation.

- **Publishing:** We just completed a new five-year publishing agreement (2018–2022) with our publisher, Sage, that will help grow all of our journals well into the future. In addition, we continue to see tremendous growth in manuscript submissions and our global and online outreach with *AJSM* continues to soar.

- **Fellowship:** With more than 3,800 members and growing at eight percent annually, the Society continues to increase its membership every year and provide individuals with a one-of-a-kind, engaging, and interactive experience with the best and brightest in sports medicine.

The organization has been and is currently working effectively, so this is where “next man up” philosophy also applies: what is on the horizon:

- AOSSM remains a thought-leader with continued strategic collaborations with national and global organizations from the NFL to the IOC to the NCAA to the AAOS, OREF, NATA, ABOS, and ACGME. Our collaborations bring sports medicine research and education to the forefront and have created unique opportunities to have our members’ voices be heard, appreciated, and given action to on important issues. The AOSSM is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

—continued on page 12
ATHLETICS HEALTHCARE ADMINISTRATION
BEST PRACTICES

Independent Medical Care for College Student-Athletes Guidelines

Used with permission from the NCAA Sport Science Institute. To download the PDF of this interassociation consensus document visit http://www.ncaa.org/sport-science-institute/athletics-health-care-administration-best-practices-0.
THE NCAA SPORT SCIENCE INSTITUTE AND LEADING SCIENTIFIC AND SPORTS MEDICINE ORGANIZATIONS, including AOSSM, have developed recommendations for athletics departments and athletics healthcare providers to use in the delivery of care for college athletes. These recommendations serve as an update from 2014 guidance and reflect Division I Independent Medical Care (IMC) legislation that defines the athletics healthcare administrator.

**Best Practices**

Institutional line of medical authority should be established in the sole interest of student-athlete health and safety. An active member institution should establish an administrative structure that provides independent medical care and affirms the unchallengeable autonomous authority of primary athletics healthcare providers (team physicians and athletic trainers) to determine medical management and return-to-play decisions related to student-athletes.

In addition to an administrative structure that assures such authority of primary athletics healthcare providers, an active institution should designate a director of medical services to oversee the institution’s athletic healthcare administration and delivery.

Note: Upon the suggestion of the NCAA Committee on Competitive Safeguards and Medical Aspects of Sports, the term ‘Director of Medical Services’ has been changed to ‘Athletics Health Care Administrator’ in the legislative language. This intent of this proposed terminology is to stress the administrative nature of this position, with no change otherwise in the function of this position.

**Background**

Diagnosis, management, and return-to-play determinations for the college student-athlete are the responsibility of the institution’s primary athletics healthcare providers (team physicians and athletic trainers). Even though some have cited a potential tension between health and safety in athletics, collegiate athletics endeavor to conduct programs in a manner designed to address the physical well-being of college student-athletes (i.e., to balance health and performance). In the interest of the health and welfare of collegiate student-athletes, a student-athlete’s healthcare providers must have clear authority for student-athlete care. The foundational approach for independent medical care is to assume an “athlete-centered care” approach, which is similar to the more general “patient-centered care,” which refers to the delivery of health care services that are focused only on the individual patient’s needs and concerns.

The following 10 guiding principles, listed in the Inter-Association Consensus Statement on Best Practices for Sports Medicine Management for Secondary Schools and Colleges, are paraphrased below to provide an example of policies that can be adopted that help to assure independent, objective medical care for college student-athletes:

1. The physical and psychosocial welfare of the individual student-athlete should always be the highest priority of the athletic trainer and the team physician.

2. Any program that delivers athletic training services to student-athletes should always have a designated medical director.
Sports medicine physicians and athletic trainers should always practice in a manner that integrates the best current research evidence within the preferences and values of each student-athlete.

The clinical responsibilities of an athletic trainer should always be performed in a manner that is consistent with the written or verbal instructions of a physician or standing orders and clinical management protocols that have been approved by a program's designated medical director.

Decisions that affect the current or future health status of a student-athlete who has an injury or illness should only be made by a properly credentialed health professional (e.g., a physician or an athletic trainer who has a physician's authorization to make the decision).

In every case that a physician has granted an athletic trainer the discretion to make decisions relating to an individual student-athlete's injury management or sports participation status, all aspects of the care process and changes in the student-athlete's disposition should be thoroughly documented.

Coaches must not be allowed to impose demands that are inconsistent with guidelines and recommendations established by sports medicine and athletic training professional organizations.

An athletic trainer's role delineation and employment status should be determined through a formal administrative role for a physician who provides medical direction.

An athletic trainer's professional qualifications and performance evaluations must not be primarily judged by administrative personnel who lack healthcare expertise, particularly in the context of hiring, promotion, and termination decisions.

Member institutions should adopt an administrative structure for delivery of integrated sports medicine and athletic training services to minimize the potential for any conflicts of interest that could adversely affect the health and well-being of student-athletes.

The unchallengeable, autonomous authority of primary athletics healthcare providers to determine medical management and return-to-play decisions becomes the linchpin for independent medical care of student-athletes. Importantly, this linchpin in college sports is the team effort of both physicians and athletic trainers, with ultimate medical reporting authority being the team physician. The NCAA Sports Medicine Handbook's Guideline 1B opens with a charge to athletics and institutional leadership to “create an administrative system where athletics healthcare professionals—team physicians and athletic trainers—are able to make medical decisions with only the best interests of student-athletes at the forefront.” Multiple models exist for collegiate sports medicine. Primary athletics healthcare providers may report to the athletics department, student health services, the institution's medical school, a private medical practice, or a combination thereof. Irrespective of model, the answer for the college student-athlete is established medical decision-making independence for appointed primary athletics healthcare providers.

Athletics healthcare administration is one of the strategic priorities of the NCAA Sport Science Institute. Athletics healthcare administration refers to the manner in which healthcare services are delivered within the athletics department.
of a member institution. Even if there is an extraordinary medical team in place, medical healthcare delivery will suffer if such care does not have an efficient and well-rehearsed delivery system.

To help provide oversight in efficient and well-rehearsed delivery of medical care, member schools should designate a director of medical services. This individual will be generally responsible with administrative oversight of the delivery of student-athlete health care and will ensure an administrative structure that provides independent medical care to student-athletes. This individual should be familiar with healthcare administration but does not need to be a licensed physician. This administrative role may include assuring that schools are compliant with all pertinent NCAA health and safety legislation and with interassociation consensus statements that impact student-athlete health and safety. Because this position is administrative in nature, it does not reflect the normal medical-legal hierarchy of healthcare practitioners. Healthcare practitioners can have dual roles. For example, athletic trainers deliver healthcare under the direction of a licensed physician; however, an athletic trainer could concomitantly serve as the director of medical services in a purely administrative role.

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**ENDORSING MEDICAL ORGANIZATIONS**

- American Association of Neurological Surgeons
- American College of Sports Medicine
- American Medical Society for Sports Medicine
- American Orthopaedic Society for Sports Medicine
- American Osteopathic Academy of Sports Medicine
- College Athletic Trainers’ Society
- Collegiate Strength and Conditioning Coaches Association
- Competitive Safeguards and Medical Aspects of Sports
- Congress of Neurological Surgeons
- Korey Stringer Institute
- National Athletic Trainers’ Association
- National Operating Committee on Standards for Athletic Equipment
- National Strength and Conditioning Association
- Sports Neuropsychology Society
Welcome to Our New Collaborating Organizations!

Thank you to the newest STOP Sports Injuries collaborating organizations for their commitment to keeping young athletes safe. Interested in having your practice or institution listed in the next SMU? Head over to www.STOPSportsInjuries.org and click “Join Our Team” to submit an application!

Share Why Sports Safety Matters to You

Are you an advocate for preventing injuries in young athletes? Share why keeping kids in the game is important to you. Just download and print out our “Sports Safety Matters” sheet, write in your answer, and have someone take a photo of your response. Be sure to post on social media with the #SportsSafety hashtag or send to joe@aossm.org to post directly from the STOP Sports Injuries accounts.


Team up with STOP Sports Injuries

Did you know more than 1,000 organizations currently collaborate with STOP Sports Injuries? The program was founded on the idea that grassroots efforts could help spread awareness and information about preventing overuse and trauma injuries in young athletes. This number includes more than 800 sports medicine practices, which hold local events and share our injury prevention information with patients. If you have not already signed up, be sure to visit www.STOPSportsInjuries.org and click “Get Involved” to learn more.

Share Why Sports Safety Matters to You

Are you an advocate for preventing injuries in young athletes? Share why keeping kids in the game is important to you. Just download and print out our “Sports Safety Matters” sheet, write in your answer, and have someone take a photo of your response. Be sure to post on social media with the #SportsSafety hashtag or send to joe@aossm.org to post directly from the STOP Sports Injuries accounts.

Only 2,400 board certified orthopaedic surgeons hold an American Board of Orthopaedic Surgery (ABOS) Subspecialty Certificate in Orthopaedic Sports Medicine. That's less than 10 percent of all ABOS Board Certified Diplomates. This distinction is something that I have been proud of since earning subspecialty certification in 2007. I encourage my sports medicine colleagues to apply for it as well. In this article, I would like to describe the process to obtain ABOS Subspecialty Certification in Orthopaedic Sports Medicine. Subspecialty certification elevates our subspecialty, improves education, and highlights the body of knowledge unique to the practice of orthopaedic sports medicine.

After passing both the ABOS Part I and Part II examinations an orthopaedic surgeon becomes an ABOS Board Certified Diplomate for 10 years. Those individuals hold a General Orthopaedic Surgery Certificate. Any time after earning that general certificate, and meeting the application requirements, one can apply to obtain a Subspecialty Certificate in Orthopaedic Sports Medicine or Surgery of the Hand. There are 37 diplomates who hold both subspecialty certificates.

The Subspecialty Certificate in Orthopaedic Sports Medicine is tailored to give extra recognition for those ABOS board certified orthopaedic surgeons who have demonstrated qualifications in sports medicine beyond those expected of other orthopaedic surgeons by virtue of additional training, a practice characterized by a volume of cases in sports medicine, and significant contributions to this field.

Applicants must have completed a one-year fellowship in orthopaedic sports medicine that is accredited by the Accreditation Council for Graduate Medical Education (ACGME). In addition, a one-year case list must be submitted. That case list must contain at least 115 operative cases and 10 non-operative cases. Seventy-five of the 115 operative cases must involve arthroscopy as a component of the procedure. CPT codes that qualify as sports medicine cases are listed on the ABOS website at www.abos.org.

Applications for ABOS Subspecialty Certification in Orthopaedic Sports Medicine are available online each August with a deadline of February 1. The examination consists of 175 multiple-choice questions and is given over a four-hour time period. The examination is designed to evaluate the candidate’s cognitive knowledge relevant to orthopaedic sports medicine. The initial subspecialty certification examination is administered through the National Board of Medical Examiners (NBME) and is offered through Prometric Testing Centers across the United States on one day each year.

Eligibility to sit for the examination is determined by the ABOS credentials committee and the passing rate for the examination is generally well above 90%. Upon passing the examination, ABOS Diplomates receive the Subspecialty Certificate in Orthopaedic Sports Medicine with an expiration date matching their general certificate. Recertification of both certificates will then consist of one combined examination—offered as either a computer-based or an oral examination.

The subspecialty certificate demonstrates your expertise in the area of orthopaedic sports medicine and sets you apart from your colleagues. The ABOS is working on additional ways to demonstrate the value of subspecialty certification to your patients.

In addition, if you choose not to earn a Subspecialty Certificate in Orthopaedic Sports Medicine but still specialize in the practice of orthopaedic sports medicine you may now take a Practice-Profiled Orthopaedic Sports Medicine Recertification Examination as part of your Maintenance of Certification (MOC) process. The Computer Practice-Profiled Orthopaedic Sports Medicine Recertification Examination, like all ABOS computer practice-profiled recertification examinations, now only contains questions pertinent to that specific practice of orthopaedic surgery.

If you have any questions about subspecialty certification, MOC, or ABOS Board Certification, stop by the ABOS Booth at the AOSSM Annual Meeting in Toronto. We hope to see you there!
OJSM Going Strong at Five

The Orthopaedic Journal of Sports Medicine (OJSM), AOSSM’s only open access journal, has entered its fifth year of publication! The journal has made great strides throughout the past five years, including being accepted into PubMed Central, Thomson Reuters Emerging Sources Citation Index, and Scopus, to name a few. Since its inception in the spring of 2013, the journal has published more than 450 original articles and is now supported by 20 international partner societies covering all six inhabited continents! Thank you to our authors and readers, without whom the journal would not have had such a successful start.

Have a manuscript you’d like to submit to OJSM? Find out more information at www.ojsm.org, or e-mail Colleen Briars at colleen@aossm.org.

NAMES IN THE NEWS

Scerpella Receives Woman in Science Award

Congratulations to AOSSM member Dr. Tamara Scerpella, who was selected as this year’s recipient of the Woman in Science Award. The American Medical Women’s Association (AMWA) honored Scerpella at its 102nd annual meeting April 1, 2017. This award is given to a woman scientist who has made exceptional contributions to medical science, through her basic research, publications, and leadership in the field. Dr. Scerpella is a tenured professor of orthopedic surgery and the Ballantine Endowed Professor of Orthopedic Research at the University of Wisconsin School of Medicine and Public Health. She is chief of the division of sports medicine, vice chair of the department, and team physician for the University of Wisconsin. Dr. Scerpella’s research goal is to improve lifelong bone health in women through childhood and adolescent “physical activity prescriptions.” Her observational and interventional trials have resulted in more than two-dozen peer reviewed publications and nearly 50 national and international presentations. Through this work, Dr. Scerpella has provided research mentorship to more than 50 orthopaedic surgery residents, medical, and undergraduate students.

Michelli Inducted into Rugby Hall of Fame

Congratulations to AOSSM member Lyle Michelli, MD, who will be inducted into the U.S. Rugby Hall of Fame in San Diego in late June, the day before the U.S. Men’s National Team takes on Canada in the second of the 2019 Rugby World Cup qualifying matches.

Hughston Celebrated for 100 Years

In April, the late Jack C. Hughston, MD, founding AOSSM member, past AOSSM President, and first editor of the American Journal of Sports Medicine (AJSM), was honored by more than 100 orthopaedic surgeons during the 2017 Hughston Society Biennial Meeting. The celebration of his tremendous influence on sports medicine and his 100th birthday, included guest speakers Anthony Romeo, MD, Robert E. Leach, MD, Brian Halpern, MD, and current AJSM Editor-in-Chief, Bruce Reider, MD.

Got News We Could Use? Sports Medicine Update Wants to Hear from You!

Have you received a prestigious award recently? A new academic appointment? Been named a team physician? AOSSM wants to hear from you! Sports Medicine Update welcomes all members’ news items. Send information to Lisa Weisenberger, Director of Communications, at lisa@aossm.org. High resolution (300 dpi) photos are always welcomed.
Traveling Fellowship Blogs Now Available
Looking to travel the globe vicariously and see how orthopaedic sports medicine is performed in other parts of the world? Be sure to check out this year’s Traveling Fellowship blog at http://www.sportsmed.org/aossmimis/Members/Education/Traveling_Fellowship.

Update Your Profile
Update your practice and contact information, including your website and a current photo and get noticed by potential patients. This information is posted in our Find a Doctor page and also helps AOSSM stay in contact with you regarding upcoming deadlines and meetings. It only takes a minute! Visit www.sportsmed.org and click the login button on the top right page then the My AOSSM page. Questions? Contact the Society office at info@aossm.org

Join the Sports Medicine Conversation
Join our youth sports injury prevention TweetChats held monthly the second Wednesday of the month at 9 PM ET/8 PM CT at #SportSafety. AOSSM, AJSM, Sports Health, and OJSM are also all on social media. Learn about the latest news and articles and stay up to date on Society happenings and deadlines.

Dues Notices to Be Sent in August
Be on the lookout for your dues notices to be sent via e-mail on August 1. Members have 30 days to submit payment. Questions, please contact Debbie Czech, Membership Manager at Debbie@aossm.org or call the Society office at 847/292-4900.

Bylaws Change

The AOSSM Board of Directors and the Bylaws Committee are recommending an addition to the current bylaws. The bylaws review included input from the Society’s General Counsel. Members should have received an e-mail with links to both the old and updated versions of the bylaws. The information is also available at www.sportsmed.org. The proposed changes will be voted on at the membership Business Meeting held during the Annual Meeting in Toronto, Ontario.

Any questions related to the proposed bylaw changes should be directed to the AOSSM Executive Office, in care of Sue Serpico, Executive Assistant at sue@aossm.org.
Congratulations to our 2017 Research Award winners selected by the AOSSM Research Committee! The award winning authors will present their findings at the 2017 Annual Meeting in Toronto:

**The Excellence in Research Award**
The Excellence in Research Award was given to the manuscript titled, “The Static Distance Between the Tibial Tubercle and Trochlear Groove is a Poor Predictor of Dynamic Lateral Tracking Patterns in Patients with Patellofemoral Pain” by Victor R. Carlson, BS, Frances T. Sheehan, PhD, Aricia Shen, BSE, Lawrence Yao, Jennifer N. Jackson, PhD, and Barry P. Boden, MD. This award is given to the best sports medicine clinical research or basic science manuscript by an author under the age of 40.

**The O’Donoghue Sports Injury Award**
The O’Donoghue Sports Injury Award was given to the manuscript, “10 Year Outcomes and Risk Factors after ACL Reconstruction: A MOON Cohort Study” by Kurt P. Spindler, MD, Laura J. Huston, MS, Kevin M. Chagin, MS, Michael W. Kattan, MBA, PhD, Emily K. Reinke, PhD, Annunziato Amendola, MD, Jack T. Andrisch, MD, Robert H. Brophy, MD, Warren R. Dunn, MD, MPH, David C. Flanigan, MD, Morgan H. Jones, MD, MPH, Christopher C. Kaeding, MD, Robert A. Magnussen, MD, Robert G. Marx, MD, MSc, Matthew J. Matava, MD, Eric C. McCarty, MD, Richard D. Parker, MD, Angela D. Pedroza, MPH, Armando F. Vidal, MD, Michelle L. Wolcott, MD, Brian R. Wolf, MD, MS, and Rick W. Wright, MD. This award is given to the best overall manuscript in sports medicine clinical research or human in-vivo research.

**The Cabaud Memorial Award**
The Cabaud Memorial Award was given to the manuscript, “Use of Platelet-Rich Plasma Immediately Post-injury to Accelerate Ligament Healing was not Successful in an In Vivo Animal Model” by Robert F. LaPrade, MD, PhD, Laurie Goodrich, DVM, PhD, Jennifer Phillips, MS, Grant J. Dornan, MS, Travis Lee Turnbull, PhD, Kimi D. Dahl, MS, Ashley N. Coggins, BS, John Kisiday, PhD, David Frabie, DVM, PhD, Jorge Chahla, MD. This award is given as the best manuscript in sports medicine hard or soft-tissue biology.

All manuscripts submitted by October 1, 2017 are considered for the 2018 research awards. Winners receive a $2,000 honorarium and an invitation to present their research at the 2018 Annual Meeting. For complete research awards policies and submission instructions, visit our website at www.sportsmed.org or e-mail Kevin Boyer, AOSSM Research Director, at kevin@aossm.org.

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**Bart Mann Award Recipients**

Congratulations to Rachel M. Frank, MD, of Rush University Medical Center, Brian T. Feeley, MD, of the University of California, San Francisco, and Frank A. Petrigliano, MD, of the University of California Los Angeles Medical Center, for being selected as the 2017 recipients of the Bart Mann Award for the Advancement of Sports Medicine Research. The award is given to AOSSM members for their service to the sports medicine research profession by serving as grant application reviewers on a NIH study section. First-time NIH reviewers are eligible for a $5,000 cash award. Members who have previously served as NIH grant reviewers are also eligible to receive the Bart Mann Award. If you are interested in becoming a first-time reviewer or have already served on an NIH study section, please contact Kevin Boyer, AOSSM Director of Research, at kevin@aossm.org.
Prepare for Your Sports Medicine Initial or Recertification Exam with AOSSM’s Educational Resources

The AOSSM has created the perfect program designed for orthopaedic surgeons preparing for the ABOS Subspecialty Certification and/or Recertification in Sports Medicine with our live review course and the online Self-Assessment Examinations.

2017 Orthopaedic Sports Medicine Review Course
The AOSSM/AAOS Orthopaedic Sports Medicine Review Course will be held August 11–13, 2017 at the Fairmont Chicago, Millennium Park in Chicago, Illinois. Registrants receive complimentary access to the AOSSM 2017 Self-Assessment Examination. Lectures from this 2½ day intensive review course will also be recorded and available online to those who attend or can be purchased separately for those not able to make the course. You can pause lectures to take notes or repeat to ensure you understand key points, all at your own pace. Receive a maximum of 17.75 AMA PRA Category 1 Credits™ for the live course. For more information and to register, visit www.sportsmed.org.

Do you want to start reviewing sooner? Check out the recorded lectures from the 2015 and 2016 Orthopaedic Sports Medicine Review courses which are available for purchase under Online Education at www.sportsmed.org. Questions? Contact Heather Heller at heather@aossm.org.

Self-Assessment Examinations
Each of the available versions (2015 SAE, 2016 SAE and 2017 SAE) contains 125 peer-reviewed questions covering 11 subject areas, including feedback and references. Study at your own pace from the comfort of your home or office. Each exam offers a maximum of 12 AMA PRA Category 1 Credits™ and qualifies for Part II SAE under the ABOS MOC Program. Exam highlights:

- Downloadable answer key, including feedback and references for further study
- Imaging examples to build diagnostic skills
- iOS app that links to your online account
- Ability to reset and re-take the exam to reinforce learning (only the first attempt is recorded)
- Additional questions for purchase in groups of 25 in any topic domain to further measure learning

The cost per exam is $125/members and $150/non-members. The exams are available for purchase at www.sportsmed.org. Questions? Contact Meredith Herzog at meredith@aossm.org.

AOSSM gratefully acknowledges Arthrex for an educational grant in support of these activities.

Two Outstanding Reasons to Visit the State-of-the-Art OLC

Baseball 2017—Youth to the Big Leagues: Managing the Developing Player
AOSSM presents an unmatched educational opportunity for physicians, athletic trainers, physical therapists and others involved in the management, prevention, or rehabilitation of injuries to the baseball athlete! Join course chairs Charles A. Bush-Joseph, MD, and Steven B. Cohen, MD, for the Baseball 2017 course taking place October 11–13, 2017 at the OLC in Rosemont, Illinois (ten minutes from O’Hare). Test your knowledge of clinical and non-clinical concepts covering the spectrum of baseball player development. The course curriculum offers participants at all levels, from youth to the big leagues, a comprehensive review along with 14.5 continuing education credits. Learn as a team by bringing all your staff involved in baseball athlete care.

Questions? Contact Julie Ducey at julie@aossm.org.

The Cutting Edge 2017: Arthroscopic and Open Shoulder Techniques in the Athlete’s Shoulder
Are your shoulder surgical skills at the same level as your peers? Attend The Cutting Edge 2017 course to ensure that you maintain and enhance your techniques. Course chairs Brett D. Owens, MD, and Matthew T. Provencher, MD, have secured exceptional faculty to teach in a world-class facility, providing attendees with the current best practice instruction on open and arthroscopic treatments. The course takes place October 13–14, 2017 at the OLC and provides 6.5 hours of lab time and offers 12.75 continuing education credits. With easy access to O’Hare International Airport, you can fly in Friday morning and return Saturday evening so your time away from home and your practice is minimal.

Questions? Contact Heather Heller at heather@aossm.org.

Register today for these courses at www.sportsmed.org.
From the President  continued from page 1

- As a direct result of a previous think tank, AOSSM’s leadership coordinated with individuals from around the world, to create a sports specialization/return to play workshop in Toronto.
- The Society is also advocating on our members’ behalf by supporting legislation in Washington, D.C. and in several states to allow for prescription drug disbursement across state lines for team physicians without fear of licensing and legal ramifications. This important work, headed by Chris Kaeding, MD, and advocacy staff from AAOS, will hopefully lead to improved care for our athletes, which is the most important piece of what we do as physicians.
- And finally, from an infrastructure standpoint, we continue to look inward enhancing our operations from informational technology (data management), marketing and communications, and fundraising and sponsorship, all with a keen eye trained on good stewardship and financial frugality.

I think Feinstein’s book uniquely captures the challenges and distractions that can occur through the course of a sports season—or similarly a professional organization’s fiscal year. Due to the significant changes this past year, we realistically could have hit a bit of a losing stretch, but we prevailed and in several cases hit some balls out of the park. We are positioned well for the future which is the result of our shared efforts, dedication, and great attitude. It wasn’t just one person that stepped up, we all did. I thank all of you for your support this year, getting involved and making AOSSM a successful organization.

Annunziato Amendola, MD

SURGICAL SKILLS COURSE

The Cutting Edge 2017: Arthroscopic and Open Shoulder Techniques in the Athlete’s Shoulder

October 13–14, 2017
Orthopaedic Learning Center
Rosemont, IL

Don’t miss this opportunity to enhance your skills and engage in a small course setting with top shoulder experts, including Course Chairs:
Brett D. Owens, MD
Matthew T. Provencher, MD
Be sure that you are among those who know current best practices on open and arthroscopic treatment of athletic shoulder injuries and return home with practical tips and techniques to apply in your practice setting.

Who Should Attend this Course:
• Attending surgeon with practice interest in athletic shoulder injuries
• Sports medicine surgeon who wants to improve shoulder technical skill
• Senior resident or fellow in sports medicine

This course has limited space availability!
REGISTER TODAY AT www.sportsmed.org.
House Narrowly Passes Bill to Repeal ACA

House Republicans on Thursday passed legislation with a 217-213 vote that is aimed at repealing and replacing the Affordable Care Act (ACA). The bill was previously pulled from the House floor because of a lack of votes, but a handful of deals have brought on board the conservative Freedom Caucus and moderates. Twenty Republicans voted against the bill, with most of them coming from swing districts that Democrats are targeting in 2018. The bill now moves to the Senate, where Senate Majority Leader Mitch McConnell (R-KY) has convened 13 GOP senators to craft their version of a bill. Several Republicans senators have already sent a warning shot to the House noting that it won’t be easy to get the measure through the upper chamber. With a 52-48 majority, Republicans can only afford to lose two votes under the fast-track budget maneuver (“reconciliation”) they are using to pass the bill.

FDA Hearing on Training and Use of Opioids

The Food and Drug Administration (FDA) hosted a two-day workshop on Training Health Care Providers on Pain Management and Use of Opioids in May. The workshop provided an opportunity for various professional associations, government officials, and other interested parties to debate and discuss opioid prescription guidelines, along with possible models for delivering pain management education.

Dr. Janet Woodcock, the Director for the FDA Center for Drug Evaluation and Research (CDER), opened the workshop by acknowledging that medically opioids will continue to be the mainstay for many prescriber situations, so awareness and education on pain management issues is critical. Claudia Manzo, Director of CDER’s Office of Medication Error Prevention and Risk Management, later explained that the FDA is updating its Blueprint for Prescriber Education for Extended-Release and Long-Acting Opioid Analgesics and welcomes public feedback during that process.

A panel of various representatives of medical professional associations later debated the merits of mandatory versus voluntary opioid and pain management education for prescribers. While the panel was supportive of the idea of education in general, panelists were divided over the value of mandatory education versus the matter of how to incentivize prescribers to participate in voluntary education.

CMS Releases Tool to Help Clinicians Determine Their MIPS Participation Status

Unsure of your participation status in the Merit-based Incentive Payment System (MIPS)? Clinicians can now use an interactive tool on the CMS Quality Payment Program website at https://qpp.cms.gov to determine if they should participate in 2017. To determine your status, enter your national provider identifier (NPI) into the entry field. Information will then be provided on whether or not you should participate in MIPS this year and where to find resources.

Participation Criteria

You will participate in MIPS in 2017 if you:

- Bill Medicare Part B more than $30,000 a year AND
- See more than 100 Medicare patients a year.

You must also be a:

- Physician
- Physician assistant
- Nurse practitioner
- Clinical nurse specialist
- Certified nurse practitioner

If you are new to Medicare in 2017, you do not participate in MIPS. You may also be exempt if you qualify for one of the special rules for certain types of clinicians, or are participating in an Advanced Alternative Payment Model (APM).
GET READY
for the

AOSSM
2017 ANNUAL MEETING
The countdown is on for the AOSSM 2017 Annual Meeting in Toronto, July 20–23. Early registration ends June 23, after this date an additional $100 surcharge will be added. You can register online at www.sportsmed.org. Here are just a few helpful tips to get you prepared for the premier sports medicine event of the year:

Prepare and Print All Travel Documents
Make sure you have all travel documents before boarding your flight, including passports, visas, and copies of your itinerary and hotel details.

Registration Material Pick-Up
If you are pre-registered for the AOSSM 2017 Annual Meeting, you can pick up your meeting badge and materials at the pre-registration counter on Level 600 of the Metro Toronto Convention Centre beginning at 2 p.m. on Wednesday, July 19 or at 6:15 a.m. Thursday–Sunday. Be sure to bring your ID! You can pick up your backpack at the Resource Center in Exhibit Hall E on Level 800. Your meeting receipt will be contained in your registration packet or you can print it online after logging in.

Instructional Course Materials
If you registered for an instructional course, the materials will be available online in early July, by logging into the AOSSM website and then clicking on the Meetings tab under your profile. You can also change instructional courses, purchase additional ones, or purchase all of the instructional course materials through this link www.sportsmed.org/AOSSMIMIS/UpdateRegistration or on-site at the Registration Desk.

Parking/Shuttle Service
Daily valet parking is available for $26–$31CDN. Hourly rates are also available. There is no meeting discount for parking. There will be limited shuttle service available to and from the Westin Harbour Castle. The shuttle schedule is posted at the hotel and the Convention Centre and available at the Registration Desk.

Saturday Night Family Event at Hockey Hall of Fame
Please register for the event online or at the on-site Registration Desk. You will need your name badge as entry. Only one badge required per family. The Hockey Hall of Fame is located within a 10–15 minute walk from each of the host hotels. Please check with your concierge for specific directions to and from your hotel, otherwise maps are available at the Registration Desk.

Faculty Information
Faculty can load their PowerPoint presentations at the tech table in the rear of Hall F on Level 800. Posters can be hung in Exhibit Hall E Level 800. Please remember that all faculty must register for the meeting.

Download the NEW AOSSM App
AOSSM has a new app premiering in Toronto. Visit your app store in July to download and check out all the meeting materials, including the agenda, abstracts, social events, and so much more.

Looking for more details about the agenda and all of the exciting research to be presented and discussed? Check out the Preliminary Program online at www.sportsmed.org/AOSSMIMIS/AnnualMeeting.

More questions? Call the Society office at 847-292-4900 or visit us online at www.sportsmed.org. See you in Toronto!

Join the Conversation
If you are on social media, don’t forget to follow all the meeting news and highlights at #AOSSM2017.
UPCOMING MEETINGS & COURSES
Registration now open for all of these courses at www.sportsmed.org.

AOSSM Annual Meeting
July 20–23, 2017
Toronto, Canada

AOSSM/AAOS Orthopaedic Sports Medicine Review Course
August 11–13, 2017
Chicago, Illinois

Baseball 2017: Youth to the Big Leagues: Managing the Developing Player
October 11–13, 2017
Rosemont, Illinois

The Cutting Edge 2017: Arthroscopic and Open Shoulder Techniques in the Athlete’s Shoulder
October 13–14, 2017
Rosemont, Illinois

Advanced Team Physician Course
(Registration available in July at www.acsm.org)
December 7–10, 2017
Washington, D.C.

19th Annual AAOS/AOSSM/AANA Sports Medicine Course
(Registration available at www.aaos.org)
January 31–February 4, 2018
Park City, Utah

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VISIT WWW.SPORTSMED.ORG FOR COMPLETE DETAILS AND TO REGISTER.

ARE YOU GIVING YOUR BASEBALL ATHLETES THE BEST CARE?

Join us at Baseball 2017: Youth to the Big Leagues – Managing the Developing Player and hear from the experts as they discuss the latest techniques for injury prevention and treatment, as well as tips for managing non-clinical aspects of care. Course chairs, Charles A. Bush-Joseph, MD, Lead Team Physician for the Chicago White Sox and Steven B. Cohen, MD, Head Team Physician for the Philadelphia Phillies have put together a team of faculty that will not only help you improve the care that you provide to these athletes, but also broaden your knowledge of other professionals that touch the athlete – from the strength and conditioning coach to the professional scout.

Join other coaches, athletic trainers, therapists and physicians and be a part of the discussion that will give your developing baseball athletes the best shot.

Advanced registration deadline
July 31, 2017.

VISIT WWW.SPORTSMED.ORG FOR COMPLETE DETAILS AND TO REGISTER.
Zimmer Biomet has combined with Cayenne Medical to offer a truly innovative portfolio of sports medicine solutions. From early intervention and biologics, soft tissue fixation from the shoulder to the foot and ankle, and a full lineup of allograft solutions, Zimmer Biomet and Cayenne are the **perfect mix**.

To learn more about the Zimmer Biomet Sports Medicine range, visit [www.cayennemedical.com](http://www.cayennemedical.com)

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**Quattro® GT Suture Passer**
Smooth and consistent passing through self-retrieving and non-capturing top jaw options.

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An innovative mechanical deployment method designed to keep the creep out of your all-suture fixation.

**JuggerKnot® Soft Anchor**
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**ToggleLoc™ Device with ZipLoop™ Technology**
The first-to-market adjustable cortical fixation device.

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AOSSM/AAOS
Orthopaedic Sports Medicine Review Course
August 11-13, 2017
Fairmont Chicago, Millennium Park
Chicago, Illinois

BE PREPARED! BE INFORMED! BE CONFIDENT!

We created the perfect program to support your CME/MOC needs with a 2 ½ day learning experience led by renowned sports medicine faculty coupled with access to the 2017 Self-Assessment Exam (SAE).*

Attend the course, take the SAE, and step into your ABOS exam with knowledge, test-taking practice, and confidence.

Register now at www.sportsmed.org

* Allied health and residents not eligible for access to the Self Assessment Exam.

AOSSM gratefully acknowledges Athletix for an educational grant in support of the AOSSM/AAOS Orthopaedic Sports Medicine Board Review Course.

AOSSM thanks ZIMMER BIOMET for their support of Sports Medicine Update.