Current Treatment of the Athlete’s Knee: Innovative Surgical Solutions for Complex Problems

January 22–24, 2016

Expand Your Surgical Skills
Learning Objectives

- Recognize and diagnose non-arthritic knee conditions
- Identify treatment options for knee preservation
- Describe current indications for knee arthroscopy
- Interpret evidence-based practices for knee treatment

Course Materials

- The Final Program for this course is available for download in attendees’ My AOSSM page under the Meetings tab. PowerPoint presentations from the course will be available to registrants of this course a few weeks after the meeting.

Complimentary Meals

- Continental breakfast is provided at the Hampton Inn & Suites and lunch is provided at the course on Saturday.

Registration Hours

- Friday, January 22, 2016 4:30 PM – 8:00 PM
- Saturday, January 23, 2016 6:30 AM – 4:30 PM
- Sunday, January 24, 2016 6:30 AM – 12:00 PM

CO-CHAIRS
Darren L. Johnson MD
Claude T. Moorman III, MD

FACULTY
Geoffrey Scott Baer MD, PhD
Charles A. Bush-Joseph MD
Andrew J. Cosgarea MD
David R. Diduch MD
Christopher D. Harner MD
Christopher C. Kaeding MD
Christian Lattermann MD
John Todd R. Lawrence MD, PhD
Michael D. Maloney MD
Matthew J. Matava MD
Eric C. McCarty MD
Scott A. Rodeo MD
Brian R. Wolf MD, MS

Statement of Need

A need for this live activity has been determined based on identifying professional practice gaps, previous course evaluations, the AOSSM Self Assessment and the AOSSM Educational Curriculum. The content of this course was based on current issues and hot topics provided by AOSSM membership and leadership.

Disclosure Statement

In accordance with the guidelines of the Accreditation Council for Continuing Medical Education (ACCME), it is the policy of the AOSSM that faculty and planners disclose to the learners all financial relationships during the past twelve months with any commercial interest (any entity producing, marketing, re-selling, or distributing health care goods and services consumed by, or used on, patients). Any and all disclosures will be provided in the final program that is distributed at the meeting to program participants. In accordance with AOSSM policy, faculty participation is predicated upon timely submission and review of AOSSM disclosures. Non-compliance results in faculty being stricken from the program.

The material presented in this live activity is being made available by the AOSSM for educational purposes only. This material is not intended to represent the only methods or procedures appropriate for the medical situation discussed.

ACCME Accreditation

The American Orthopaedic Society for Sports Medicine (AOSSM) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

AMA Credit Designation Statement

The American Orthopaedic Society for Sports Medicine (AOSSM) designates this live activity for a maximum of 15 AMA PRA Category 1 Credits. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AOSSM gratefully acknowledges DePuy Synthes Mitek Sports Medicine for an educational grant in support of this course and Arthrex, ConMed Linvatec and Smith & Nephew for in-kind support.
### FRIiday, January 22

**Welcome**
Darren L. Johnson MD and Claude T. Moorman III, MD

**Case Discussions**
- 6:00pm **Anterior Cruciate Ligament (ACL)**
  - Darren L. Johnson MD
- 6:20pm **Meniscus**
  - Christopher D. Harner MD
- 6:40pm **Multi Ligament Injury (MLI)**
  - Claude T. Moorman III, MD
- 7:00pm **Osteochondritis Dissecans (OCD)**
  - John Todd R. Lawrence MD, PhD
- 7:20pm **Patella Instability**
  - Andrew J. Cosgarea MD

**SATURDAY, JANUARY 23**

7:00am **Daily Schedule Overview**
Darren L. Johnson MD

**ACL 2**
**MODERATOR: Scott A. Rodeo MD**
- 8:00am **Skeletally Immature**
  - Scott A. Rodeo MD
- 8:10am **Anatomic By Anteromedial Portal**
  - Darren L. Johnson MD
- 8:20am **Outside in the Femur – When?**
  - Eric C. McCarty MD
- 8:30am **Stiff Knee after Anterior Cruciate Ligament Repair (ACLR) – Pearls of Management**
  - Charles A. Bush-Joseph MD
- 8:40am **ACL Rehab – What Every Surgeon Should Know**
  - Darren L. Johnson MD
- 8:50am **Panel Discussion**
- 9:00am **Break**
- 9:15am **LAB 1: Graft Harvest ACLR**
- 11:45am **Lunch**

**Meniscus Articular Cartilage**
**MODERATOR: Christian Lattermann MD**
- 12:30pm **Pearls of Meniscectomy**
  - Matthew J. Matava MD
- 12:40pm **Meniscal Repair Techniques**
  - Brian R. Wolf MD, MS
- 12:55pm **Meniscal Allograft Transplantation**
  - Scott A. Rodeo MD
- 1:05pm **Osteochondral Grafts: Allograft/Autograft**
  - Christian Lattermann MD
- 1:15pm **Autologous Chondrocyte Implantation (ACI)/Microfracture**
  - Christian Lattermann MD
- 1:25pm **Management of Osteochondritis Dissecans**
  - John Todd R. Lawrence MD, PhD
- 1:30pm **Panel Discussion**
- 1:45pm **Break**
- 2:00pm **LAB 2: Meniscus Repair Articular Cartilage**

**SUNDAY, JANUARY 24**

7:00am **Daily Schedule Overview**
Darren L. Johnson MD

**PCL/MLI**
**MODERATOR: Christopher D. Harner MD**
- 7:05am **PCL – Transtibial**
  - Christopher D. Harner MD
- 7:15am **PCL – Inlay**
  - Christopher C. Kaeding MD
- 7:25am **Medial Sided Injuries**
  - Darren L. Johnson MD
- 7:35am **Lateral Sided Injuries**
  - Claude T. Moorman III, MD
- 7:45am **Management Strategy of the Multiple Knee Ligament Knee**
  - Darren L. Johnson MD
- 7:55am **Panel Discussion**

**Patella**
**MODERATOR: Andrew J. Cosgarea MD**
- 8:10am **Patella Instability – Treatment Algorithm**
  - Andrew J. Cosgarea MD
- 8:20am **Medial Patellofemoral Ligament (MPFL) Reconstruction**
  - David R. Diduch MD
- 8:30am **Tibial Tubercle Osteotomy**
  - Christian Lattermann MD
- 8:45am **Panel Discussion**
- 9:00am **Break**
- 9:15am **LAB 3: PCL Medial/Lateral Patella**
- 12:00pm **Course Adjourns**
Faculty/Planner DISCLOSURE DECLARATION

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Exhibitor Information

Stop by the registration foyer and see our exhibitor while you are at the course.

Exhibit Hours

- **Friday, January 22nd** 5:00 pm – 6:45 pm
- **Saturday, January 23rd** 6:30 am - 7:10 am
  8:55 am - 9:15 am
  1:45 pm - 2:00 pm
- **Sunday, January 24th** 6:30 am - 7:00 am
  9:00 am - 9:15 am

Exhibitor

**Arthrex, Inc.**

1370 Creekside Blvd.
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(800) 933-7001
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As an innovation leader in sports medicine and minimally invasive orthopaedics, Arthrex highlights the latest technology and advancements in the orthopaedic knee industry, including next generation orthobiologics and arthroplasty products.