Final Program
# AGENDA

**COURSE DIRECTORS:**
- Gary W. Dorshimer MD, FACP, FCPP
- Peter B. MacDonald MD, FRCSC
- Bradley J. Nelson MD
- Michael J. Stuart MD

**Friday, August 17, 2018**

**Location:** Toronto Ballroom 2&3

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>7:00 – 7:50 AM</td>
<td>Registration and Continental Breakfast</td>
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<tr>
<td>7:50 – 8:00 AM</td>
<td>Welcome and Introductions</td>
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## Session I: Epidemiology of Ice Hockey Injuries

**Time:** 8:00 – 9:00 AM  
**Moderator:** Michael J. Stuart MD

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<thead>
<tr>
<th>Time</th>
<th>Topic</th>
<th>Faculty</th>
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<tbody>
<tr>
<td>8:00 – 8:15 AM</td>
<td>Hockey Injury Risk, Mechanism, Types and Severity in Youth Players</td>
<td>Amanda Black PhD, CAT</td>
</tr>
<tr>
<td>8:15 – 8:30 AM</td>
<td>Epidemiology of Injuries in the NHL</td>
<td>Willem Meeuwisse MD, PhD</td>
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<tr>
<td>8:30 – 8:45 AM</td>
<td>Lessons Learned from the IIHF Injury Reporting System</td>
<td>Mark Aubry MD</td>
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<tr>
<td>8:45 – 9:00 AM</td>
<td>Q &amp; A</td>
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## Session II: Prevention of Ice Hockey Injuries and Return to Play Decision Making

**Time:** 9:00 - 10:00 AM  
**Moderator:** Bradley J. Nelson MD

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<thead>
<tr>
<th>Time</th>
<th>Topic</th>
<th>Faculty</th>
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<tbody>
<tr>
<td>9:00 – 9:15 AM</td>
<td>Pre-participation Screening in the NHL, NCAA, High School and Youth Players</td>
<td>Joseph J. Ruane DO</td>
</tr>
<tr>
<td>9:15 – 9:30 AM</td>
<td>Strength and Conditioning: In-season and Off-season Strategies</td>
<td>James McCrossin ATC, CSCS</td>
</tr>
<tr>
<td>9:30 – 9:45 AM</td>
<td>Hockey Injuries: Decision Making and RTP</td>
<td>Joel Boyd MD</td>
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<tr>
<td>9:45 – 10:00 AM</td>
<td>Q &amp; A</td>
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<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>10:00 – 10:30 AM</td>
<td>Break</td>
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## Session III: Performance Enhancement Healing: Fact or Fiction?

**Time:** 10:30 - 11:30 AM  
**Moderator:** Peter B. MacDonald MD, FRCS

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<thead>
<tr>
<th>Time</th>
<th>Topic</th>
<th>Faculty</th>
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<tbody>
<tr>
<td>10:30 – 10:45 AM</td>
<td>Orthobiologics Update: PRP, Stem Cells</td>
<td>Robert J. Dimeff MD</td>
</tr>
<tr>
<td>10:45 – 11:00 AM</td>
<td>Dietary Supplements: Safe, Effective, or Neither?</td>
<td>Ashley James BA, ND</td>
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<tr>
<td>11:00 – 11:15 AM</td>
<td>Blood Flow Restriction Training</td>
<td>Johnny Owens MPT</td>
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<tr>
<td>11:15 – 11:30 AM</td>
<td>Q &amp; A</td>
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</tr>
<tr>
<td>11:30 AM – 12:15 PM</td>
<td>Keynote Speaker – Ken Dryden</td>
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<tr>
<td>12:15 – 12:30 PM</td>
<td>Q &amp; A</td>
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<tr>
<td>12:30 – 1:15 PM</td>
<td>Lunch</td>
<td>On your own</td>
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</table>

**KEEPYOUREDGE**

Hockey Sports Medicine 2018
Friday, August 17, 2018 continued

Session IV: Hockey Emergencies: Are You Prepared?
Time: 1:15 – 2:30 PM
Moderator: Gary W. Dorshimer MD, FACP, FCPP

<table>
<thead>
<tr>
<th>Time</th>
<th>Talk Title</th>
<th>Faculty</th>
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<tbody>
<tr>
<td>1:15 – 1:30 PM</td>
<td>Emergency Action Plan for the Community Ice Rink (spine trauma, major orthopaedic trauma, unconscious player)</td>
<td>Noah A. Forman MD</td>
</tr>
<tr>
<td>1:30 – 1:45 PM</td>
<td>Airway Compromise</td>
<td>David S. Mulder MD, FRCSC</td>
</tr>
<tr>
<td>1:45 – 2:00 PM</td>
<td>Cardiac and Pulmonary Injuries</td>
<td>David S. Mulder MD, FRCSC</td>
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<tr>
<td>2:00 – 2:15 PM</td>
<td>Maxillofacial, Dental and Eye Injuries</td>
<td>Guy Lanz DMD</td>
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<tr>
<td>2:15 – 2:30 PM</td>
<td>Q &amp; A</td>
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<tr>
<td>2:30 – 3:00 PM</td>
<td>Break</td>
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Session V: Medical Conditions in Hockey
Time: 3:00 – 4:00 PM
Moderator: Gary W. Dorshimer MD, FACP, FCPP

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<thead>
<tr>
<th>Time</th>
<th>Talk Title</th>
<th>Faculty</th>
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<tbody>
<tr>
<td>3:00 – 3:15 PM</td>
<td>Asthma, Diabetes and Other Medical Conditions</td>
<td>Noah A. Forman MD</td>
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<tr>
<td>3:15 – 3:30 PM</td>
<td>Dermatologic Conditions in the Hockey Player</td>
<td>Robert J. Dimeff MD</td>
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<tr>
<td>3:30 – 3:45 PM</td>
<td>Infectious Disease: Measles and Mumps Epidemics, Influenza, Gastroenteritis</td>
<td>Bradley Changstrom MD</td>
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<tr>
<td>3:45 – 4:00 PM</td>
<td>Q &amp; A</td>
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Session VI: Medical Hockey Scenarios: What Would You Do? (Panel Discussion)
Time: 4:00 – 5:00 PM
Moderator: Gary W. Dorshimer MD, FACP, FCPP
Panelists: Bradley Changstrom MD, Robert J. Dimeff MD, Noah A. Forman MD

<table>
<thead>
<tr>
<th>Time</th>
<th>Adjourn</th>
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<tr>
<td>5:00 PM</td>
<td>Adjourn</td>
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6:30 – 8:30 PM Reception: Hockey Hall of Fame
30 Yonge Street, Toronto, Ontario
### Session VII: Concussion Symposium

**Time:** 8:00 – 9:45 AM  
**Moderator:** Michael J. Stuart MD

<table>
<thead>
<tr>
<th>Time</th>
<th>Talk Title</th>
<th>Faculty</th>
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<tbody>
<tr>
<td>8:00 – 8:15 AM</td>
<td>Concussion Epidemiology and Prevention Strategies</td>
<td>Willem Meeuwisse MD, PhD</td>
</tr>
<tr>
<td>8:15 – 8:30 AM</td>
<td>Initial Evaluation of Suspected Concussion</td>
<td>Gary W. Dorshimer MD, FACP, FCPP</td>
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<td>James M. McCrossin ATC, CSCS</td>
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<tr>
<td>8:30 – 8:45 AM</td>
<td>Concussion Treatment in 2018</td>
<td>Michael Ellis MD, FRCSC</td>
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<tr>
<td>8:45 – 9:00 AM</td>
<td>Return to Play Criteria and Decision Making</td>
<td>Robert P. Luberto DO</td>
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<tr>
<td>9:00 – 9:15 AM</td>
<td>Post-Concussion Syndrome and Advanced Testing</td>
<td>Mark Aubry MD</td>
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<tr>
<td>9:15 – 9:30 AM</td>
<td>Challenging Concussion Cases</td>
<td>Dhiren Naidu MD, FRCPC</td>
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<tr>
<td>9:30 – 9:45 AM</td>
<td>Q &amp; A</td>
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### Session VIII: Orthopaedic Problems in Hockey (Upper Extremity Focus)

**Time:** 10:15 – 11:45 AM  
**Moderator:** Peter B. MacDonald MD, FRCS

<table>
<thead>
<tr>
<th>Time</th>
<th>Talk Title</th>
<th>Faculty</th>
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<tbody>
<tr>
<td>10:15 – 10:30 AM</td>
<td>Shoulder – Glenohumeral Instability</td>
<td>John S. Theodoropoulos MD, FRCSC</td>
</tr>
<tr>
<td>10:30 – 10:45 AM</td>
<td>Shoulder – Clavicle, SC and AC Joints</td>
<td>Matthew J. Matava MD</td>
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<td></td>
<td></td>
<td>Raymond Barile MS, ATC, PES</td>
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<tr>
<td>10:45 – 11:00 AM</td>
<td>Elbow</td>
<td>Brian M. Schulz MD</td>
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<tr>
<td>11:00 – 11:15 AM</td>
<td>Wrist – Hand</td>
<td>Steven E. Rokito MD</td>
</tr>
<tr>
<td>11:15 – 11:30 AM</td>
<td>Upper Extremity Rehabilitation Principles</td>
<td>Raymond Barile MS, ATC, PES</td>
</tr>
<tr>
<td>11:30 – 11:45 AM</td>
<td>Q &amp; A</td>
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### Keynote Speaker – David S. Mulder MD

**Time:** 11:45 AM – 12:30 PM

**Time:** 12:30 – 12:45 PM

**Time:** 12:45 – 2:00 PM

**Lunch**

**On your own**
### Session IX: Orthopaedic Problems in Hockey (Hip/Groin/Core Muscle)
**Time:** 2:00 – 3:00 PM  
**Moderator:** Bradley J. Nelson MD

<table>
<thead>
<tr>
<th>Time</th>
<th>Talk Title</th>
<th>Faculty</th>
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</thead>
<tbody>
<tr>
<td>2:00 – 2:15 PM</td>
<td>Where is the Problem? How to Diagnosis Groin/ Hip/Core Muscle Injuries</td>
<td>Brian R. Neri MD</td>
</tr>
<tr>
<td>2:15 – 2:30 PM</td>
<td>Treatment of Core Muscle Problems in the Hockey Player</td>
<td>L. Michael Brunt MD</td>
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<tr>
<td>2:30 – 2:45 PM</td>
<td>Treatment of Hip Problems in the Hockey Player</td>
<td>JW Thomas Byrd MD</td>
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<tr>
<td>2:45 – 3:00 PM</td>
<td>Q &amp; A</td>
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### Session X: Rehabilitation for Hip/Groin/Core in Hockey
**Time:** 3:00 – 3:30 PM  
**Moderator:** Bradley J. Nelson MD

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<thead>
<tr>
<th>Time</th>
<th>Talk Title</th>
<th>Faculty</th>
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<tbody>
<tr>
<td>3:00 – 3:30 PM</td>
<td>Break</td>
<td></td>
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</table>

**Session XI: Orthopaedic Hockey Scenarios (Upper Extremity): What Would You Do? (Panel Discussion)**  
**Time:** 4:15 – 5:00 PM  
**Moderator:** Peter B. MacDonald MD, FRCSC  
**Panelists:** Matthew J. Matava MD, Steven E. Rokito MD, Brian M. Schulz MD, John S. Theodoropoulos MD, FRCSC

<table>
<thead>
<tr>
<th>Time</th>
<th>Adjourn</th>
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Sunday, August 19, 2018
Location: Toronto Ballroom 2&3

<table>
<thead>
<tr>
<th>Time</th>
<th>Session XII: Orthopaedic Problems in Hockey (Lower Extremity)</th>
<th>Faculty</th>
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<tbody>
<tr>
<td>7:00 – 7:50 AM</td>
<td>Continental Breakfast</td>
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<tr>
<td>7:50 – 8:00 AM</td>
<td>Welcome and Introductions</td>
<td>Gary W. Dorshimer MD, FACP, FCPP, Peter B. MacDonald MD, FRCSC, Bradley J. Nelson MD, Michael J. Stuart MD</td>
</tr>
<tr>
<td>8:00 – 9:15 AM</td>
<td>Time Talk Title</td>
<td>Faculty</td>
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<tr>
<td>8:00 – 8:15 AM</td>
<td>Knee – Meniscus</td>
<td>Peter B. MacDonald MD, FRCSC</td>
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<tr>
<td>8:15 – 8:30 AM</td>
<td>Knee – Ligaments</td>
<td>Michael J. Stuart MD, Joseph Eischen ATC, PT, CSCS</td>
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<tr>
<td>8:30 – 8:45 AM</td>
<td>Foot – Ankle</td>
<td>Bradley J. Nelson, MD, Jeff Winslow MS, ATC, CSCS</td>
</tr>
<tr>
<td>8:45 – 9:00 AM</td>
<td>Lower Extremity Rehabilitation Principles</td>
<td>Peter B. MacDonald MD, FRCSC, Jon Geller CAT, CSCS</td>
</tr>
<tr>
<td>9:00 – 9:15 AM</td>
<td>Q &amp; A</td>
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<tr>
<td>11:00 – 12:00 PM</td>
<td>Session XIV: Non-Orthopaedic Problems in Hockey</td>
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<tr>
<td>11:00 – 11:15 AM</td>
<td>Nutrition for Hockey Players</td>
<td>Ashley James BA, ND</td>
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<tr>
<td>11:15 – 11:30 AM</td>
<td>Sleep, Rest and Recovery</td>
<td>Paul Ayotte ATC</td>
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<tr>
<td>11:30 – 11:45 AM</td>
<td>Pain Management</td>
<td>Brian Shaw PhD</td>
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<tr>
<td>11:45 AM – 12:00 PM</td>
<td>Q &amp; A</td>
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Break

Session XIII: Orthopaedic Hockey Scenarios (Lower Extremity): What Would You Do? (Panel Discussion)
Moderator: Bradley J. Nelson MD
Panelists: Joseph Eischen ATC, PT, CSCS, Peter B. MacDonald MD, FRCSC, Michael J. Stuart MD, Jeff Winslow MS, CAT, CSCS

Adjourn
FACULTY

Mark Aubry MD
Team Physician, Ottawa Senators
Ottawa, ON

Paul Ayotte ATC
Head Athletic Therapist,
Toronto Maple Leafs
Toronto, ON

Ray Barile MS, ATC, PES
Head Trainer, St. Louis Blues
St. Louis, MO

Amanda Black PhD, CAT
University of Calgary
Calgary, AB

Joel L. Boyd MD
Team Physician, Minnesota Wild
St. Paul, MN

L. Michael Brunt MD
General Surgery, St. Louis Blues
St. Louis, MO

JW Thomas Byrd MD
Nashville Sports Medicine Foundation
Nashville, TN

Bradley Changstrom MD
Team Physician, Colorado Avalanche
Denver, CO

Robert J. Dimeff MD
Team Physician, Dallas Stars
Dallas, TX

Gary W. Dorshimer MD, FACP, FCPP
Team Physician, Philadelphia Flyers
Philadelphia, PA

Ken Dryden
Toronto, ON

Joseph Eischen ATC, PT, CSCS
Mayo Clinic Sports Medicine Center
Rochester, MN

Michael Ellis MD, FRCSC
Medical Director, Pan Am
Concussion Program
Winnipeg, MB

Noah A. Forman MD
Medical Director & Head Team
Physician, Toronto Maple Leafs
Toronto, ON

Jon Geller ATC, CSCS
Assistant Athletic Therapist,
Toronto Maple Leafs
Toronto, ON

Ashley James BA, ND
Bay Dermatology Centre
Toronto, ON

Guy Lanzi DMD
Team Physician, Philadelphia Flyers
Philadelphia, PA

Robert P. Luberto DO
Team Internist, Arizona Coyotes
Phoenix, AZ

Peter B. MacDonald MD, FRCSC
Head Team Physician, Winnipeg Jets
Edmonton, AB

Matthew J. Matava MD
Team Physician, St Louis Blues
St. Louis, MO

James M. McCrossin ATC, CSCS
Director of Sports Medicine,
Philadelphia Flyers
Philadelphia, PA

Willem Meeuwisse MD, PhD
Co-Chair NHL/NHLPA Joint Health
and Safety Committee
Calgary, AB

David S. Mulder MD, FRCSC
Chief Surgeon, Montreal Canadiens
Montreal, QC

Dhiren Naidu MD, FRCCP
Team Physician, Edmonton Oilers
Edmonton, AB

Bradley J. Nelson MD
NHLTPS President & Team Physician,
Minnesota Wild
St. Paul, MN

Brian R. Neri MD
Head Team Orthopedist, NY Islanders
New Hyde Park, NY

Johnny Owens MPT
Owens Recovery Science
San Antonio, TX

Steven E. Rokito MD
Associate Team Orthopedist,
NY Islanders
New Hyde Park, NY

Joseph J. Ruane DO
Team Physician, Columbus
Blue Jackets
Columbus, OH

Brian M. Schulz MD
Orthopaedic Surgeon, Anaheim Ducks
Anaheim, CA

Brian Shaw PhD
NHL/NHLTPS Substance Abuse
and Behavioral Program
Toronto, ON

Michael J. Stuart MD
Chief Medical & Safety Officer,
USA Hockey
Rochester, MN

John S. Theodoropoulos MD, FRCSC
Team Orthopaedic Physician,
Toronto Maple Leafs
Toronto, ON

Jeff Winslow MS, ATC, CSCS
Athletic Trainer,
University of Minnesota Hockey
Minneapolis, MN

John Worley ATC, EMT
Athletic Trainer, Minnesota Wild
St. Paul, MN
KEN DRYDEN

Friday, August 17
11:30 am - 12:15 pm

Ken Dryden was a goalie for the Montreal Canadiens in the 1970s winning six Stanley Cups. He was also a member of Team Canada in 1972. He is a member of the Hockey Hall of Fame and the Canadian Sports Hall of Fame. He is a former member of parliament and cabinet minister, and is the author of six books, including The Game and Home Game (with Roy MacGregor), and most recently, Game Change: The Life and Death of Steve Montador, and the Future of Hockey. He and his wife, Lynda, live in Toronto and have two children and four grandchildren.

DAVID S. MULDER MD

Saturday, August 18
11:45 am - 12:30 pm

Dr. Mulder is a native of Eston Saskatchewan and received his MD degree magna cum laude from the College of Medicine, University of Saskatchewan in 1962. Following a year of rotating internship, he did residency training in General Surgery at the Montreal General Hospital/McGill University between 1963 and 1967. He is a member of many professional societies and received numerous awards for his work. One of the most significant contributions made by Dr. Mulder in health care delivery was the important role he played in the development of a trauma care system in Quebec as a member of the Trauma Committee of the Province of Quebec. This system was based on regionalization of care, integrating four Level I trauma centres with more than ninety other trauma centres in Quebec. In October 2015, the Montreal General Hospital Trauma Centre was named the Dr. David S. Mulder Trauma Centre. Dr. Mulder currently serves as the H. Rocke Robertson Professor of Surgery, at McGill University and the Senior Surgeon in the Division of Thoracic Surgery at Montreal General Hospital, MUHC.
GENERAL INFORMATION

COURSE DESCRIPTION
This live activity is designed to focus on areas of concern or controversy in the management of hockey athletes in a team sport setting through didactic presentations and case based scenarios. Key issues, along with up-to-date and practical solutions, will be addressed. Time has been built into the agenda for question and answers. The American Orthopaedic Society for Sports Medicine (AOSSM) and the National Hockey League Team Physician Society (NHLTPS) believe these insights provide guidance for the management of similar problems in competitive and recreational settings.

LEARNING OBJECTIVES
Upon completion of the course learners should be able to:
• Analyze epidemiological trends in hockey injuries for professional, female and youth hockey players.
• Integrate prevention strategies with their health care team(s) to improve musculoskeletal and medical health for hockey players.
• Implement an effective evaluation algorithm for musculoskeletal and medical conditions afflicting hockey players.

REGISTRATION HOURS
Every meeting attendee must present photo identification to pick up registration materials. On-site registration hours will be as follows:
- Friday, August 17, 2018 7:00 AM-5:00 PM
- Saturday, August 18, 2018 7:00 AM-5:00 PM
- Sunday, August 19, 2018 7:00 AM-12:00 PM

EXHIBITS
Exhibits will be on display on Friday and Saturday to complement the educational sessions.

PROGRAM
AOSSM attests that the people responsible for the development of this live activity did so independently and were not influenced by commercial supporters.

CONTINUING MEDICAL EDUCATION CREDIT
The American Orthopaedic Society for Sports Medicine (AOSSM) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. AOSSM designates this live activity for a maximum of 17.50 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Activities held in Canada developed by Accreditation Council for Continuing Medical Education (ACCME) – accredited organizations can be recorded as accredited activities under Section 1 of the RCPSC MOC program. The AOSSM is an ACCME accredited organization.

REGISTRATION HOURS
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- Sunday, August 19, 2018 7:00 AM-12:00 PM

WiFi
WiFi is available in the meeting room. Search for network AOSSM18 and use the passcode: AOSSM18. The passcodes are NOT case sensitive.

COMPLIMENTARY MEALS
A continental breakfast will be provided Friday - Sunday in Toronto Ballroom 1. A reception will be held on Friday evening at the Hockey Hall of Fame.

RECEPTION
On Friday, August 17, 2018 there will be a cocktail reception for all attendees from 6:30 pm – 8:30 pm at The Hockey Hall of Fame. The Hockey Hall of Fame will be closed to the public during this time and attendees and their guests can enjoy a private reception and have access to the Stanley Cup, interactive games and other hockey memorabilia. Light fare will be offered as well. This is included in the registration fee. You will need your badge to enter.

ATTIRE
Attire is business casual. Consider dressing in layers to accommodate all temperatures.
CONTINUING EDUCATION FOR ATHLETIC TRAINERS

The American Orthopaedic Society for Sports Medicine (AOSSM) (BOC #P460) is approved by the Board of Certification, Inc. to provide continuing education for Athletic Trainers.

This program is eligible for a maximum of 17.50 hours of Category A hours / CEUs. ATs should claim only those hours actually spent in the educational program.

DISCLAIMER

The material presented in this continuing medical education program is being made available by the AOSSM for educational purposes only. This material is not intended to represent the only methods or procedures appropriate for the medical situation discussed, but rather it is intended to present an approach, view, statement, or opinion of the faculty, which may be helpful to others who face similar situations. Neither the content (whether written or oral) of any course, seminar or other presentation in the program, nor the use of a specific product in conjunction therewith, nor the exhibition of any materials by any parties coincident with the program, should be construed as indicating endorsement or approval of the views presented, the products used, or the materials exhibited by the AOSSM, or its Committees, Commissions, or Affiliates. The AOSSM makes no statements, representations or warranties (whether written or oral) regarding the Food and Drug Administration (FDA) status of any product used or referred to in conjunction with any course, seminar or other presentation being made available as part of this course. Faculty members shall have sole responsibility to inform attendees of the FDA status of each product that is used in conjunction with any course, seminar or presentation and whether such use of the product is in compliance with FDA regulations.

DISCLOSURE STATEMENT

In accordance with the guidelines of the Accreditation Council for Continuing Medical Education (ACCME), it is the policy of the American Orthopaedic Society for Sports Medicine that faculty and planners disclose to the learners all financial relationships during the past twelve months with any commercial interest (any entity producing, marketing, re-selling, or distributing health care goods and services consumed by, or used on, patients). Any and all disclosures will be provided in the final program that is distributed at the meeting to program participants. In accordance with AOSSM policy, faculty participation is predicated upon timely submission and review of AOSSM disclosures. Non-compliance results in faculty being stricken from the program.

AMERICANS WITH DISABILITIES ACT

The AOSSM wishes to take those steps to ensure that no individual with a disability is excluded, denied services, segregated, or otherwise treated differently than other individuals because of the absence of auxiliary aids and services. If you require any of the auxiliary aids or services identified in the Americans with Disabilities Act in order to attend this program, please contact AOSSM prior to arrival at info@aossm.org.

Questions and information

American Orthopaedic Society for Sports Medicine
9400 W. Higgins Road | Suite 300
Rosemont, Illinois 60018
Phone: 847/292-4900 | Fax: 847/292-4905
Toll-Free Phone: 877/321-3500
www.sportsmed.org | info@aossm.org

KEEPYOUREDGE
Hockey Sports Medicine 2018
Please be sure to visit our exhibitors located in the Toronto Ballroom 1.

**Exhibit Hours:**
Friday, August 17, 2018 7:00 AM - 3:15 PM  
Saturday, August 18, 2018 7:00 AM - 3:30 PM

**DJO**
1430 Decision Street  
Vista, CA 92081-8553  
United States  
P: 800/321-9549  
www.djoglobal.com

DJO provides solutions for musculoskeletal and vascular health, rehabilitation and pain management as well as joint reconstruction. Our products help prevent injury, rehabilitate after injury or surgery, and manage progression of degenerative disease, helping patients to keep moving and return to a healthier lifestyle.

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