

AOSSM 2012 Annual Meeting

Preview

AOSSM  
ANNUAL MEETING

2012

Baltimore, MD

JULY 12-15, 2012



The American Orthopaedic  
Society for Sports Medicine

# Hit a Home Run in Historic Baltimore



Peter Indelicato MD  
AOSSM President



Darren L. Johnson MD  
AOSSM 2012  
Program Chair

The American Orthopaedic Society for Sports Medicine (AOSSM) is swinging our way to Baltimore for the 2012 Annual Meeting, July 12th–15th. We invite you to this unique East Coast city that will provide attendees with a harbor view, outstanding education and one of a kind family entertainment.

Darren L. Johnson MD, 2012 Program Chair, has assembled a meeting that will stimulate insightful discussion and provide the latest in sports medicine research and education. A few key program highlights include:

- Thursday Afternoon Workshop: Knee Live Surgical Demonstrations
- Symposium: RTC healing in 2012—What Really Works?
- Point/Counterpoint: Biceps Anchor Lesions in Overhead Athletes
- Foot/Ankle Update: Lis Franc, Turf Toe, High Ankle Sprain, Jones Fracture
- Thursday afternoon's *AJSM Reviewers' Workshop*
- Presidential Guest Speaker Lee Corso, former college football coach and longtime ESPN football analyst
- 27 instructional courses
- Saturday afternoon's Research Workshop—*The Maturing Athlete: Breakthroughs in Understanding and Treating the Effects of Aging in Active Patients*
- The ever-popular *Young Sports Medicine Specialists' Workshop*

In addition to all of the exhilarating educational opportunities, Baltimore also offers exciting family tourist attractions such as a world-class aquarium and historic Oriole Park at Camden Yards. Our half-day educational format is especially designed to allow attendees and their families the opportunity to enjoy afternoons together and discover the Baltimore area, including nearby Washington D.C.

Our Thursday opening reception on Eutaw Street outside of Camden Yards will be an event for the whole family with a variety of baseball activities and private ballpark tours. The reception is always a highlight and will allow you and your family to reunite with friends and colleagues, old and new. The Camden Yards event and the Saturday Night Family Party at the historic B&O Railroad Museum are occasions not to be missed!

Come join us in Baltimore, to hit your own home run in sports medicine education, fellowship, research and communication! For more information and to register for the 2012 Annual Meeting please visit [www.sportsmed.org/AnnualMeeting2012](http://www.sportsmed.org/AnnualMeeting2012). See you there!

**Peter Indelicato MD**  
AOSSM President

**Darren L. Johnson MD**  
AOSSM 2012 Program Chair

## General Information

### Location

Baltimore Maryland is the home to this year's AOSSM Annual Meeting. The city is known for its beautiful harbor, interesting and distinct neighborhoods, unique museums like the Maryland Science Center and The National Aquarium, Oriole Park at Camden Yards and many historical landmarks. For more information on the city visit <http://baltimore.org>.

### Official Housing Information

Attendee lodging for the 2012 AOSSM Annual Meeting is now open. Hotels available include the:

- Hilton Baltimore (\$239)
- Marriott Inner Harbor (\$236)
- Hyatt Regency on the Inner Harbor (\$232)

The Hilton and Hyatt are attached via walkway to the Baltimore Convention Center and the Marriott is 1.5 blocks from the Center. Hotel locations and additional details can be viewed at [www.sportsmed.org/AnnualMeeting2012](http://www.sportsmed.org/AnnualMeeting2012). Exhibits, Scientific Sessions and Instructional Courses will be held at the Baltimore Convention Center.

Book your housing at [www.sportsmed.org/AnnualMeeting2012](http://www.sportsmed.org/AnnualMeeting2012) or by calling 800/282-6632 or 410/837-4636 and identify yourself as AOSSM Annual Meeting attendee. **Rates are guaranteed until June 12, 2012, subject to availability.**

### Travel And Car Rental

CorpTrav is the official travel agency of AOSSM. Reservations can be made by calling 800/770-6697, 24 hours a day. Service fees may apply.

Special attendee meeting rates for car rental have been secured through Hertz. You can make reservations online (link) or by calling 800/654-2240. Discount code is **CV # AQ0009**.

### Ground Transportation

AOSSM Meeting attendees can obtain discounts on ground transportation to and from Baltimore Washington International Airport (BWI) by calling 800/BLUE-VAN (258-3826) and reference AOSSM as the discount code.

## Registration

**Registration for the meeting will open in early March. All registration forms and detailed meeting information will be made available in the Preliminary Program and online.**

### Via the Internet:

Visit [www.sportsmed.org/AnnualMeeting2012](http://www.sportsmed.org/AnnualMeeting2012) and process your registration.

**By Fax:** A registration form will be available in the full Preliminary Program for those individuals who wish to fax or mail in their information.

**Advance registration deadline is June 18, 2012. After this date registrations are subject to a \$100 surcharge.**

### Refund Policy

Refunds will be subject to a non-refundable \$150 processing fee. Requests for refunds must be received in **writing** in the Society office by June 18, 2012. **NO REFUNDS WILL BE ISSUED AFTER JUNE 18, 2012 FOR REGISTRATION FEES, INSTRUCTIONAL COURSES, OR SOCIAL EVENTS.**



## Industry-Sponsored Symposia

**FRIDAY, JULY 13TH  
1:30-4:30pm**

Choose from 10 industry-sponsored symposia that will give you a unique, first-hand opportunity to learn from expert faculty on the latest products and services. **NO CME CREDIT** will be awarded for participation.

**New!**

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# program at a glance

## THURSDAY, JULY 12, 2012

**Continental Breakfast**—Exhibit Hall E: 6:15am

**Instructional Courses:** 6:45–8:15am

**Exhibits**—Hall E: 7:30am–12:30pm

**Scientific & Concurrent Sessions**—  
Ballroom I and II: 8:30am–12:30pm

WELCOME

**Scientific Session:** Team Physician Update

Concussion/Head Injury Update: What I Need to Know

Game Time Sideline Decisions: Pain and Return to Play!  
What I Really Do

What is a Sports Medicine Doctor? Secrets of Success

Economics of a Sports Medicine Practice in 2012

**Scientific Session:** Shoulder Instability/Labrum

**Scientific Session:** Biceps Anchor Repair/AC Joint

Point/Counterpoint: Biceps Anchor Repair vs Tenodesis

Point/Counterpoint: Grade III AC Joint Injuries

**OREF Presentation**

**First Business Meeting** (MEMBERS ONLY)

BREAK

### CONCURRENT SESSION A: Ballroom I and II

**Scientific Session:** Foot/Ankle

**Current Concepts:** High Ankle Sprain

**Current Concepts:** Lisfranc Injury

**Update:** Turf Toe/Jones Fracture

### CONCURRENT SESSION B: Ballroom III

**Scientific Session:** Elbow and Throwing Elbow

**Case Controversy:** Throwing Elbow Case Update—  
Adolescent Pitcher with Abnormal MRI/Medial Elbow Pain

**Afternoon Workshop:** *Knee Live Surgical Demonstrations*

## FRIDAY, JULY 13, 2012

**Continental Breakfast**—Exhibit Hall E: 6:15am

**Instructional Courses:** 6:45–8:15am

**Exhibits**—Hall E: 7:30am–12:30pm

**Scientific & Concurrent Sessions**—  
Ballroom I and II: 8:30am–12:30pm

**George D. Rovere Award**

**Scientific Session:** ACL

Anatomic Single-Bundle ACL Reconstruction  
Using 5-Strand ("M5") Autogenous Hamstring Tendon Graft

**Hughston Award Presentation**

**Hall of Fame Awards**

**Introduction to Presidential Address**

**Presidential Address**

BREAK

### CONCURRENT SESSION A: Ballroom I and II

**Scientific Session:** Shoulder

**Symposium:** Rotator Cuff—How Do I Improve Healing in 2012?

**Symposium:** Case-Based Shoulder Instability

### CONCURRENT SESSION B: Ballroom III

**Scientific Session:** Meniscus

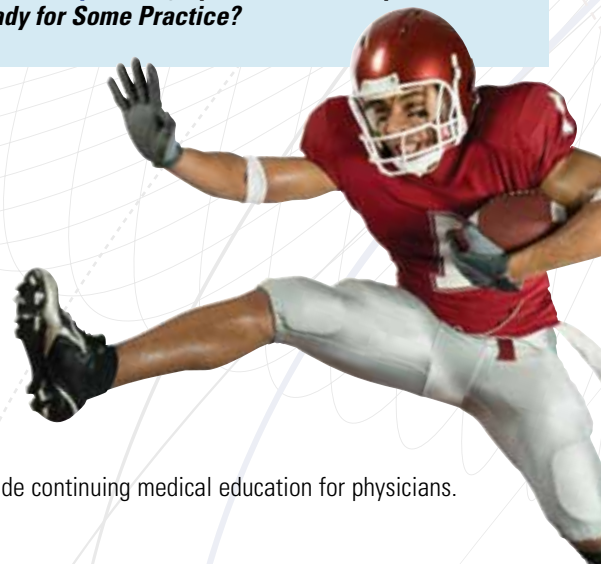
Meniscal Injury in the In-Season Athlete: Repair vs Resection—  
What to Do?

**Current Concepts:** Meniscal Root Tears: Evaluation and  
Management

Meniscal Repair Techniques: What I Need to Know!

**Scientific Session:** Hip

**Afternoon Workshop:** *Young Sports Medicine Specialists:  
Are You Ready for Some Practice?*





## SATURDAY, JULY 14, 2012

**Continental Breakfast**—Exhibit Hall E: 6:15am

**Instructional Courses:** 6:45–8:15am

**Exhibits**—Hall E: 7:30am–12:30pm

**Scientific & Concurrent Sessions**—  
Ballroom I and II: 8:30am–1:30pm

**Thomas A. Brady Award**

**Traveling Fellows Scientific Presentations**

**AOSSM Poster Awards**

**Excellence in Research Award Presentation**

**Cabaud Memorial Award Presentation**

**O'Donoghue Research Award Presentation**

**ACSM Exchange Lecture**

**Introduction to Presidential Guest Speaker**

**Presidential Guest Speaker**

**Robert E. Leach MD Mr. Sports Medicine Award**

**Presidential Medallion Exchange**

**Second Business Meeting (MEMBERS ONLY)**

BREAK

### Concurrent Session A: Ballroom I and II

**Scientific Session:** Hip

**Scientific Session:** Adolescent Hip

Case-Based FAI: Surgical Treatment Update—Spotlight Video

**Symposium:** Soft Tissue Hip Problems—Treatment Strategies

### Concurrent Session B: Ballroom III

**Scientific Session:** Articular Cartilage

Isolated Articular Cartilage Lesions in the Young Athlete:  
A Case-Based Approach to Decision-Making

**Scientific Session:** Osteoarthritis/Associated Conditions

**Scientific Session:** PF Instability

Surgery Spotlight: Technique Update—MPFL Reconstruction

Surgery Spotlight: Technique Update—Adolescent Physeal Sparing

**Afternoon Workshop: *The Maturing Athlete: Breakthroughs in Understanding and Treating the Effects of Aging in Active Patients***

## SUNDAY, JULY 15, 2012

**Continental Breakfast**—Ballroom Foyer: 6:15 am

**Scientific & Concurrent Sessions**—  
Ballroom I and II: 8:00–11:30am

**Systematic Review Awards**

**NATA Exchange Lecture**

**Scientific Session:** Complex Knee Ligaments

**Current Concepts:** Allografts in Knee Ligament Surgery—  
What is its Role in 2012?

Surgical Technique Update: PCL Reconstruction—  
Inlay and Tibial Tunnel

**Scientific Session:** Miscellaneous Shoulder

**Symposium:** Chronic Tendinopathy in the Athlete—  
Treatment Options

**Symposium:** Throwing Shoulder

**AMSSM Exchange Lecture**

**T. David Sisk Award for Excellence**

**Current Concepts:** MRI in Sports Medicine—  
What Do We Really Need/Use to Influence Treatment Decisions?

MEETING ADJOURNS



## Presidential Guest Speaker

The featured guest speaker for the 2012 Annual Meeting will be Lee Corso, one of college football's most entertaining analysts. Corso has been featured on ESPN's *College GameDay* since 1987. Corso, whose college roommate was Burt Reynolds, received four varsity letters in both football and baseball at Florida State and is a member of the FSU Hall of Fame. He served as a head football coach at the University of Louisville, Indiana University and Northern Illinois University compiling a record of 73-85-6. Corso is currently Director of Business Development for Dixon Ticonderoga in Maitland, FL.

# instructional courses

6:45–  
8:15am

Get a head start on your lifelong learning by attending an early morning instructional course on Thursday, Friday or Saturday during our Annual Meeting. We are excited to bring you many new courses this year. Each one gives you an intimate educational setting with today's leaders in orthopaedic sports medicine. Some that you missed are returning by popular demand—and updated. We continue to offer many case-based courses.

## THURSDAY, JULY 12, 2012

- 101**  
Arthroscopy of the Elbow: Tips, Tricks and Pitfalls of Advanced Procedures
- 102**  
**CASE-BASED:** Treatment of Knee Cartilage Defects
- 103**  
SLAP Injuries and The Role of The Biceps in the Overhead Throwing Athlete
- 104**  
**CASE-BASED:** The Young Adult Hip—From Hip Dysplasia to FAI: Open and Arthroscopic Management
- 105**  
Optimizing and Balancing Your Practice: The Role of Physician Extenders
- 106**  
**CASE-BASED:** Treatment of Patellofemoral Pain Chondrosis and Arthritis
- 107**  
Athletic Neurotrauma: New Concepts
- 108**  
Controversy in Primary ACL Reconstruction: Can We Believe What We Are Taught?
- 109**  
How About That Biceps Tendon?

## FRIDAY, JULY 13, 2012

- 201**  
Emerging Concepts in Sports Foot and Ankle
- 202**  
Helmets, Bracing, and Taping—Do They Prevent Athletic Injury?
- 203**  
Rotator Cuff Controversies
- 204**  
**CASE-BASED:** Surgical Management of Failed ACL Surgery
- 205**  
Ethical Considerations in Sports Medicine
- 206**  
Lower Extremity Fractures in Sports Medicine: An Update
- 207**  
**CASE-BASED:** Diagnosis and Management of Juvenile Osteochondritis Dissecans
- 208**  
Social Media 101: Why You Should Join the Conversation and How To Get Started
- 209**  
MRI—Arthroscopy Correlation

## SATURDAY, JULY 14, 2012

- 301**  
**CASE-BASED:** Game Day Decisions—How to Keep Them In The Game and Off The Sideline!
- 302**  
Elbow Ligaments
- 303**  
**CASE-BASED:** Treatment of Posterior Cruciate Injuries and Knee Dislocations
- 304**  
Hand and Wrist Injuries in the Athlete: What the Team Physician Needs to Know
- 305**  
Adolescent Knee
- 306**  
Failed Shoulder Surgery—Practical Solutions to Complex Problems
- 307**  
Lacrosse Sports Medicine
- 308**  
**CASE-BASED:** Clavicle Fractures and AC Joint Injuries in the Athlete—Trends and Controversies
- 309**  
Practice Management—Coding



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Locations and fees for these workshops and social activities will be detailed in the Preliminary Program.

## Live Knee Surgical Demonstrations Workshop

THURSDAY, JULY 12, 2012  
1:00–5:30pm

Join us to view your most frequently requested knee surgical procedures. World class surgeons share their pearls in real time while performing the following procedures on cadavers. Stellar moderators ask attendees about the potential pitfalls hanging in the wings.

### Co-Chairs:

Mark D. Miller MD  
Richard D. Parker MD

### Knee Procedures:

#### Open Patella: Medial Patellofemoral Repair/Reconstruction

Surgeon: Andrew J. Cosgarea MD  
Moderator: Jack T. Andrish MD

#### Tibial Tuberosity Osteotomy: Anteromedialization (AMZ) and Lateral Retinaculum

Surgeon: William R. Post MD  
Moderator: John P. Fulkerson MD

#### ACL Reconstruction: Single and Double Bundle

Surgeon: Freddie Fu MD  
Moderator: Bernard R. Bach Jr MD

#### PCL Reconstruction: Transtibial and Inlay

Surgeon: Richard D. Parker MD  
Moderator: Christopher D. Harner MD

#### Medial Side Repair/Reconstruction

Surgeon: Claude T. Moorman III MD  
Moderator: Mark D. Miller MD

#### Lateral-Sided PLC Reconstruction

Surgeon: Robert F. LaPrade MD, PhD  
Moderator: Robert C. Schenck MD

## 2012 Annual Young Sports Medicine Specialists' Workshop

FRIDAY, JULY 13, 2012  
1:00–3:00pm

Come, listen, and interact with some of the top authorities in the field who will give their perspectives on the practice of sports medicine. We hope to offer you some alternative thinking on topics of current interest. The informal small groups give everyone involved an opportunity to benefit from shared universal experiences and proven solutions.

### The Maturing Athlete: Breakthroughs in Understanding and Treating the Effects of Aging in Active Patients

SATURDAY, JULY 14, 2012  
2:00–6:00pm

This workshop will provide participants with the latest information on aging, its effects on muscle, bone, ligaments and tendons, cartilage, and the brain, and strategies to keep athletic patients as active as possible throughout their life cycle. The conference will begin with a review of the basic science of aging followed by discussion of the specific clinical challenges with maturing athletes related to the shoulder, knee and hip. Each session will involve a review of the literature regarding effective interventions and management strategies, clinical wisdom from a master clinician, arthroplasty experience with active adults, and a roundtable case-based discussion. This workshop is provided free of charge and is open to everyone.

## Social Functions and Daily Activities

THURSDAY, JULY 12, 2012  
6:30–8:00pm

### WELCOME RECEPTION

*Supported by BREG, Inc.*

Join us on Eutaw Street outside of **Camden Yards** for this year's free Welcome Reception. Adjacent to the Baltimore Hilton, Eutaw Street will become AOSSM's

private party with baseball stadium food and beverage vendors, an inflatable fast pitch and other baseball related game stations for kids and adults. In addition, a limited number of ballpark tours will be offered on site on a space available basis. Everyone and their families are welcome to attend.

FRIDAY, JULY 13, 2012  
1:00pm

### GOLF TOURNAMENT

*Supported by DJO Global*

The Mountain Branch Golf Club has been selected as the site for the 23rd Annual Golf Tournament which is scheduled for Friday, July 13, 2012 with a shotgun start at 1:00pm. The public golf course is a regional favorite. Dubbed a "must-play" by *Washington Golf Monthly*, the *Washington Times* and *Mid-Atlantic Golfer*, the course is conditioned on par with the best private country clubs. The course boasts engaging architecture featuring split fairways, rolling greens and rock and water features. The course is approximately 30 minutes from the Baltimore Convention Center in Joppa, MD and transportation will be provided beginning at 12:00pm.

The tournament is open to men and women, members and nonmembers. Pre-registration is required. The registration fee for each player is \$135 (box lunch included), which has generously been matched through a grant by DJO Global for sports medicine education and research.

SATURDAY, JULY 14, 2012  
6:30–10:00pm

### A Summer Celebration at the B&O Railroad Museum

Open Saturday evening exclusively for AOSSM attendees and guests, the **Baltimore and Ohio Railroad Museum** boasts one of the oldest collections of railroad history in the Western Hemisphere, dating back to 1827. This historic national landmark allows you to see, touch, hear and explore the most important railroad collection in America. Galleries and train cars will be open for exploring. Outdoors there will be various family friendly activities, including Choo Choo Blueville which offers children a kiddie train ride, a carousel and other interactive games. Dinner buffet is included. The museum is located about 2 miles from all of the host hotels and transportation will be provided.



The American Orthopaedic  
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Baltimore, MD

Bone  
*and* Joint  
Initiative  
USA

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[www.sportsmed.org/AnnualMeeting2012](http://www.sportsmed.org/AnnualMeeting2012)

### QUESTIONS

Contact the AOSSM Society office at  
847/292-4900 (toll free at 877/321-3500),  
or e-mail us at [aossm@aossm.org](mailto:aossm@aossm.org)



Scan with your  
smartphone and  
get all the details now!

