

Agenda

COURSE AGENDA

See preliminary program on AOSSM website, www.sportsmed.org, to view complete agenda with all times and faculty presentations listed.

FRIDAY, SEPTEMBER 17, 2004

7:15AM – 5:30PM

INTRODUCTION TO COURSE/LAB ASSIGNMENTS

THE BIOMECHANIC BASICS

Critical Biomechanics for the Clinician
Injury Patterns in the Throwing Athlete
Examination of the Athlete's Shoulder
Shoulder Arthroscopy: Positionings, Findings, Pearls

ROTATOR CUFF I

Principles of Arthroscopic Cuff Repair: Procedural Rationale
Making the Transition (from Open to Arthroscopic Repair)
Management of Partial Articular Supraspinatus Tendon
Avulsion (PASTA) Lesions
Tears of the Subscapularis: Identification and Treatment

KNOT-TYING LAB

LAB SESSION I:

Arthroscopic Cuff Repair
Surgical Video Demonstration:
Overview of Arthroscopic Rotator Cuff Repair Techniques

ROTATOR CUFF II

Partial Tears of the Long Head Biceps Tendon: Arthroscopic and Open Options
Mini-Open Cuff Repair: Endangered Species or Gold Standard?
Maxi-Open Cuff Repair: Role of Slides, Patches, and Transfers

THE AC JOINT

Evaluation and Treatment of the Painful Acromioclavicular (AC) Joint
Acromioclavicular (AC) Separation: When to Operate, What to Do

LAB SESSION II:

Biceps Tenodesis, Mini-Open Cuff Repair, Interval Slides, AC Joint Reconstruction
Surgical Video Demonstration 1 – AC Reconstruction
Surgical Video Demonstration 2 – Biceps Tenodesis

SATURDAY, SEPTEMBER 18, 2004

7:15AM – 5:30PM

INSTABILITY I

Update on Instability Classifications
Arthroscopic Bankart Repair
Arthroscopic Posterior Labral Repair
Treatment of Multi-Directional Instability (MDI), including the Rotator Interval
Lesions of the Superior Labrum (SLAP Lesions):
Diagnosis and Repair Internal Impingement

LAB SESSION III:

Arthroscopic Stabilization and SLAP Repair
Surgical Video Demonstration: Bankart and SLAP Repair

INSTABILITY II

Open Bankart Repair
Open Inferior Capsular Shift
Open Posterior Shoulder Stabilization
Assessment and Treatment of Glenoid Bone Defects
Assessment and Treatment of Humeral Head Defects

LAB SESSION IV:

Open Instability Reconstructive Techniques
Surgical Video Demonstration:
Open Bankart and Laterjet Techniques

SUNDAY, SEPTEMBER 19, 2004

8:00AM – 11:15AM

MISCELLANEOUS

Shoulder MRI for Orthopaedic Surgeons: The Critical Knowledge
The Scapula – Where Does it Fit In?
Rehabilitation of the Athlete's Shoulder
Update on the Use of ECSW (Shock Waves)
in Treating Tendinopathy of the Shoulder
Non-Operative Treatment for Instability: Alternatives and Effectiveness

CONTROVERSIES IN THE ATHLETE'S SHOULDER

Debate: Repairing the First-Time Dislocator: Are We There Yet?
Debate: Open Versus Arthroscopic for Recurrent Traumatic Anterior Instability: How to Fix the Athlete?
Debate: To Burr or Not To Burr? The Role of Acromioplasty in Cuff Disease
Debate: Does the SLAP Lesion Really Exist? Fact Versus Fiction

COURSE ADJOURNS

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American Orthopaedic Society for Sports Medicine

*A world leader in sports medicine, education research,
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P 847/292-4900 F 847/292-4905
www.sportsmed.org



A O S S M

SURGICAL SKILLS COURSE

ADVANCED SURGERY FOR THE

Athlete's Shoulder

SEPTEMBER 17 – 19, 2004

Orthopaedic Learning Center
Rosemont, Illinois





Faculty

Robert A. Arciero MD,
Co-Chair

Benjamin S. Shaffer MD,
Co-Chair

James R. Andrews MD

Champ L. Baker Jr MD

Carl J. Basamania MD

James E. Carpenter MD

Michael G. Ciccotti MD

Alan Curtis MD

Thomas M. DeBerardino MD, MAJ

Jo A. Hannafin MD, PhD

Richard J. Hawkins MD, FRCSC

W. Ben Kibler MD

Augustus D. Mazzocca MD

Robert P. Nirschl MD

George A. Paletta Jr MD

John C. Richmond MD

Anthony A. Romeo MD

COURSE HIGHLIGHTS

- Work under the tutelage of attending surgeons only
- Learn multiple current surgical methods and techniques
- Receive 11-plus hours of hands-on specimen lab time plus additional surgical demonstration lab time
- Progress through course without rotating

COURSE OBJECTIVES

Upon completion of this course, participants should be able to:

- Understand the implications of the basic biomechanics of the athlete's shoulder, including the pathomechanics of the kinetic chain and scapula in throwing
- Evaluate and manage injuries in the athlete's shoulder, with particular emphasis on shoulder instability, rotator cuff disease, biceps and labral pathology, and disorders of the acromioclavicular joint
- Understand current areas of controversy in managing the athlete's shoulder, including the validity of SLAP lesions, the value of an arthroscopic versus open approach in recurrent traumatic instability, and the role of acromioplasty in treatment of rotator cuff
- Apply advanced arthroscopic and open surgical shoulder techniques to the care of the athlete

ON-SITE REGISTRATION

On-site registration will be available for a surcharge of \$100 added to the pre-registration fees.

REGISTRATION

Friday	September 17, 2004	6:15am – 5:30pm
Saturday	September 18, 2004	6:45am – 5:30pm
Sunday	September 19, 2004	7:30am – 10:30am

GENERAL INFORMATION

PREREQUISITE KNOWLEDGE

Participants should have previous knowledge of and experience with open shoulder surgery and basic to intermediate shoulder arthroscopy skills (loose bodies, subacromial decompression, and rudimentary labral surgery).

TARGET AUDIENCE

This course is designed to meet the educational needs of orthopaedic surgeons with a specialty interest in the sports shoulder.

STATEMENT OF NEED

This course was developed based on previous course evaluations, the AOSSM Educational Curriculum, input from the Education Committee of AOSSM, and current issues and topics within the sports medicine field. It was designed to provide attendees with the most relevant shoulder subjects.

PROGRAM

The American Orthopaedic Society for Sports Medicine attests that the person(s) responsible for the development of this educational activity did so independently and were not influenced by commercial supporters.

ACCREDITATION

The American Orthopaedic Society for Sports Medicine (AOSSM) is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

AMA/PRA CREDITS

The American Orthopaedic Society for Sports Medicine (AOSSM) designates this educational activity for a maximum of 21 category 1 credits toward the AMA Physician's Recognition Award.

Each physician should claim only those hours of credit that he/she actually spent in the educational activity.

The American Medical Association has determined that physicians not licensed in the US who participate in this CME activity are eligible for AMA PRA category 1 credit.

DISCLAIMER

The material presented in this continuing medical education program is being made available by the American Orthopaedic Society for Sports Medicine (AOSSM) for educational purposes only. This material is not intended to represent the only method or procedure appropriate for the medical situation discussed.

This material is not intended to, nor should be construed to, guarantee proficiency in the procedures demonstrated. AOSSM is not responsible for expenses incurred by an individual who is not confirmed and for whom space is not available at the meeting. Costs incurred by the registrant, such as airline or hotel fees or penalties, are the responsibility of the registrant.

FACULTY

A listing of the faculty is included in this preliminary program. Any and all faculty disclosures will be provided in the Final Program, which will be distributed at the meeting to all program participants.

COURSE LOCATION

The course will be held at the Orthopaedic Learning Center (OLC), 6300 N. River Road, Rosemont, Illinois (2 miles from O'Hare International Airport).

HOUSING

The **Hyatt Rosemont** is immediately north of the OLC. (Please note that the Hyatt Regency is also in Rosemont and is **not** the hotel referenced.) A block of rooms has been reserved at the Hyatt Rosemont at a group rate of \$140 for Single Occupancy and \$165 for Double Occupancy. Reservations may be made by calling toll free 800/233-1234 or 847/518-1234. Specify that you are attending the AOSSM Meeting. The reservation deadline is August 26, 2004.

TRAVEL

Receive 5-10% off coach airfare on **United Airlines**. Call United at 800/521-4041, or your travel agent and reference ID #514IB.

REFUNDS

A written request must be received in the AOSSM office prior to September 1, 2004. The registration fee minus a \$50 processing fee will be refunded. No refunds will be made after September 1, 2004.

CONTINENTAL BREAKFAST

Continental breakfast is provided one-half hour prior to the day's scheduled commencement.

LUNCH

Lunch will be provided on Friday and Saturday and is included in your registration fee.

WAIVER

Routine safety precautions should be taken by participants as would be done during normal surgical procedures. A signed waiver of liability will be required from each laboratory participant. Participants will be required to sign a copy of the waiver, which must be returned to AOSSM staff at the time of check-in for the course.

QUESTIONS

American Orthopaedic Society for Sports Medicine
6300 N. River Rd., Suite 500
Rosemont, IL 60018
Phone: 847/292-4900 or (toll free) 877/321-3500
Fax: 847/292-4905
Email: aossm@aossm.org

Registration

Event

AOSSM SURGICAL SKILLS COURSE:
Advanced Surgery for the Athlete's Shoulder
Orthopaedic Learning Center, Rosemont, Illinois
September 17–19, 2004

Online registration now available at
www.sportsmed.org

Advance registration closes September 1, 2004.

Name _____ Degree _____

Mailing Address _____

City _____ State/Province _____ Zip/Postal Code _____ Country _____

Office Phone _____ Fax _____ Email _____

Registration Category: All fees quoted reflect US dollars.

- | | |
|---|--------|
| <input type="radio"/> Course Faculty | No Fee |
| <input type="radio"/> Member | \$1500 |
| <input type="radio"/> Non-member | \$1700 |
| <input type="radio"/> Allied Health/Resident/Fellow | \$1200 |

Total Fee Enclosed \$ _____

Check Enclosed Amount \$ _____

Return form with check payable to: AOSSM, P.O. Box 74613, Chicago, IL 60675-4613. Your cancelled check is your receipt.

If you prefer, you may charge your registration and fax this form to 847/292-4905.

Visa Mastercard American Express

Name on card _____

Card # _____ Exp. Date _____

Signature _____

NOTE: Requests for refunds must be received in writing in the AOSSM office by September 1, 2004.

All refunds are subject to a \$50 non-refundable processing fee. No refunds will be issued after September 1, 2004.

ON-SITE REGISTRATION

On-site registration will be available for a surcharge of \$100 added to the pre-registration fees.

LAB PARTNER REQUEST

If you wish to request a specific course attendee as a lab partner, provide his or her full name here.
