



AOSSM 2004 Annual Meeting
Quebec City, Quebec ♦ June 24 – 27, 2004

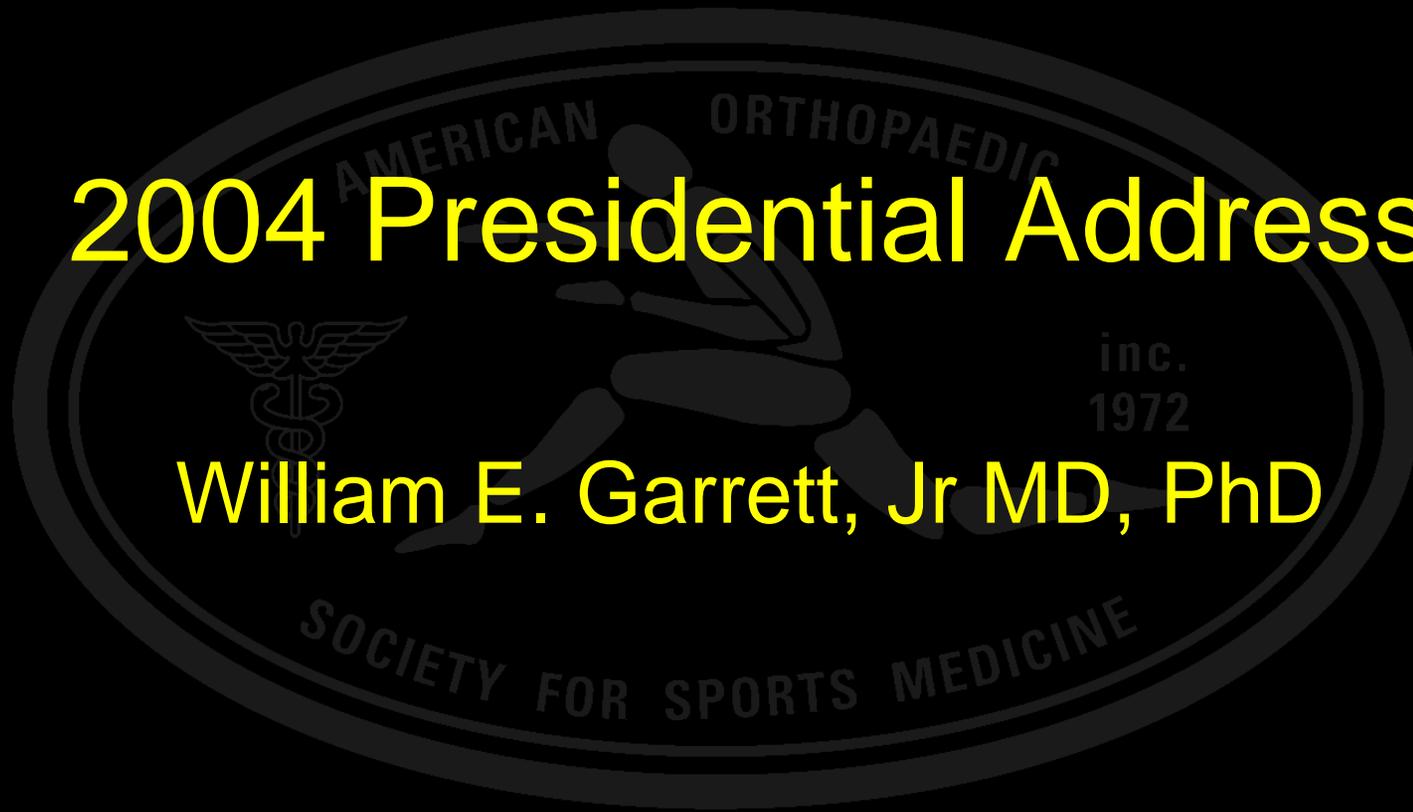
*AOSSM 2004
Annual Meeting*

*Quebec City
Canada*

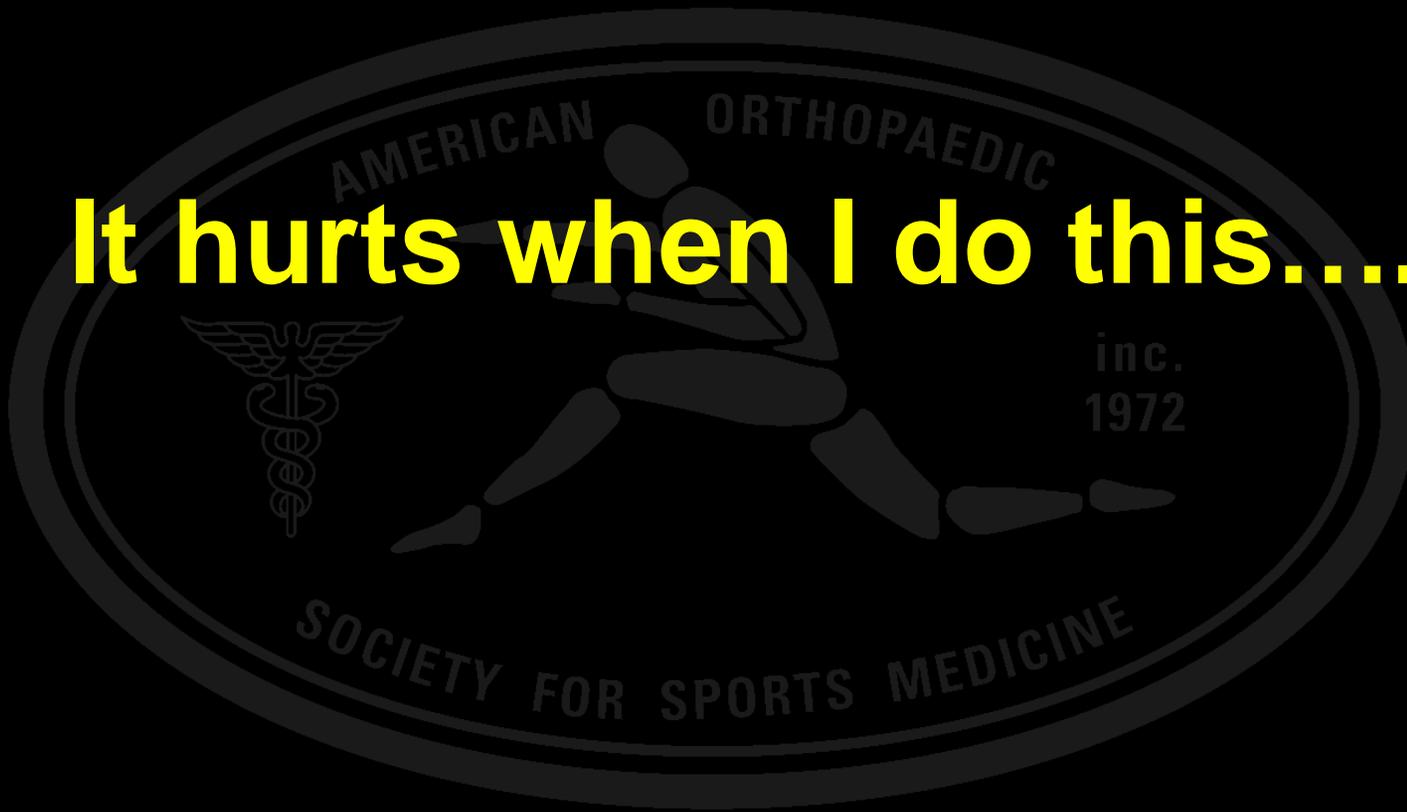
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2004 Presidential Address

William E. Garrett, Jr MD, PhD



It hurts when I do this.....



**Thanks to the leadership of
AOSSM and to many others
who have made this
happen.**



Irv Bomberger



Camille Petrick



Jan Selan



Bart Mann



Louis Almekinders, MD



Clarence Shields, MD



Peter Fowler, MD



AMERICAN SOCIETY FOR SPORTS MEDICINE

Gratitude to 2004 Kennedy Lecturer

Frank Noyes, MD



Gratitude to Presidential Guest Speaker

Steven N. Blair, P.E.D.



Thanks to my team at Duke

Gerry Newton

John Lohnes

Don Kirkendall

Bing Yu

Tony Seaber



Special thanks to my family



**What is your society doing for
you?**



Education

COURSES

- September 19-21, 2003
 - AOSSM Surgical Skills Course: Elbow
 - Rosemont, IL
- December 11-14, 2003
 - Advanced Team Physician Course
 - Phoenix, AZ
- March 13, 2004 Interim meeting
 - 1200 attendees, San Francisco
- April 1-4, 2004 AAOS/AOSSM Sports Medicine Course
 - The Athlete in 2004, Jacksonville, FL

Education

COURSES

- June 24-27, 2004 AOSSM Annual Meeting
 - Quebec City, Quebec Canada
- August 27-29 Sports Medicine & Hockey 2004
 - Toronto, Ontario, Canada
- September 17-19 AOSSM Surgical Skills Course
Advanced Shoulder
 - Rosemont, Illinois
- December 2-5 Advanced Team Physician Course
 - Miami Beach, Florida

Education

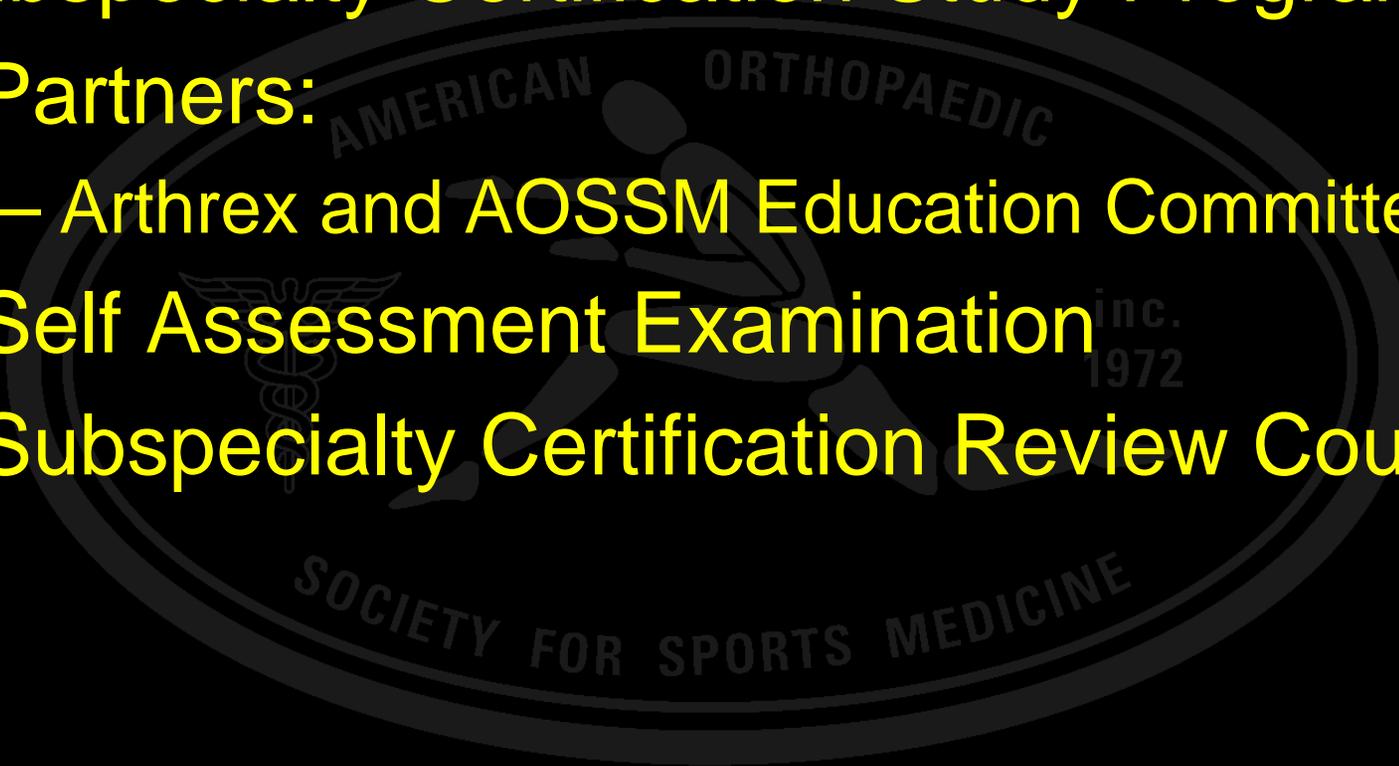
Workshops

- **January 14, 2005 Non-Contact ACL Conference**
 - “Hunt Valley 1999” revisited
 - Atlanta, Georgia
- **January 15-16, 2005 Workshop on Soft Tissue Allografts**
 - Partner RTI
 - Atlanta, Georgia

Education

Subspecialty Certification Study Program

- Partners:
 - Arthrex and AOSSM Education Committee
- Self Assessment Examination
- Subspecialty Certification Review Course



Education

Staff

- New educational staff position for enduring continuing medical education
- Pending Board approval



Research

- Hired a dedicated Director of Research
 - Bart Mann, PhD.
- Funded grant for ACL Injury Prevention
 - Dr. Steve Marshall
- Initiated a 3-year grant cycle for critical issues in sports medicine
- Assumed oversight of IKDC

Research

THE AMERICAN JOURNAL OF SPORTS MEDICINE

- The Journal Board and Society Board meet together
- Issues increased from 6 to 8 per year and will increase to 12 in 2005
- Journal is respected and widely read world wide
- Bruce Reider has been outstanding

Research

COOPERATIVE RESEARCH PROJECTS

- IKDC Articular Cartilage Study
 - Partner: Genzyme
 - to validate IKDC subjective knee form for articular cartilage treatment
- Multi-Center pediatric ACL Injury
 - AOSSM Research Committee

Communications

- Sports Medicine Update published bimonthly
- Sports TIPS
 - Published 2 new TIPS
 - Running and jogging injuries
 - Alpine and snowboarding Injuries
 - Re-published 6
 - The injured ACL
 - Plantar fasciitis
 - Tennis Elbow
 - Stress Fractures
 - Exercising for bone health
 - Ankle Sprains

Communications

- Cooperated on update of Preparticipation Physical Exam
- Cooperated with FIFA on Soccer Supplement
- Complete redesign of our website
 - www.sportsmed.org
 - Visit the cyber café!

Traveling Fellowships

- Sponsored the 10th group of North American participants in the AOSSM-ESSKA Traveling Fellowship Exchange

Clarence L. Shields, Jr., MD

LTC Craig R. Bottoni, MD

David R. McMallister, MD

Eric C. McCarty, MD

- Agreement to begin a Latin American tour in 2005

New Program Elements

SPONSORED PRODUCTION AND TAPING OF FRED FRIENDLY SERIES

- “Ethical and Legal Issues in Treating Athletes in a Competitive Setting”



Financial Highlights

- Over \$5 million in assets
- Received more than \$1 million in industry support
 - a significant increase
- Projected surplus of over \$600,000



WE HAVE

the structure

the members

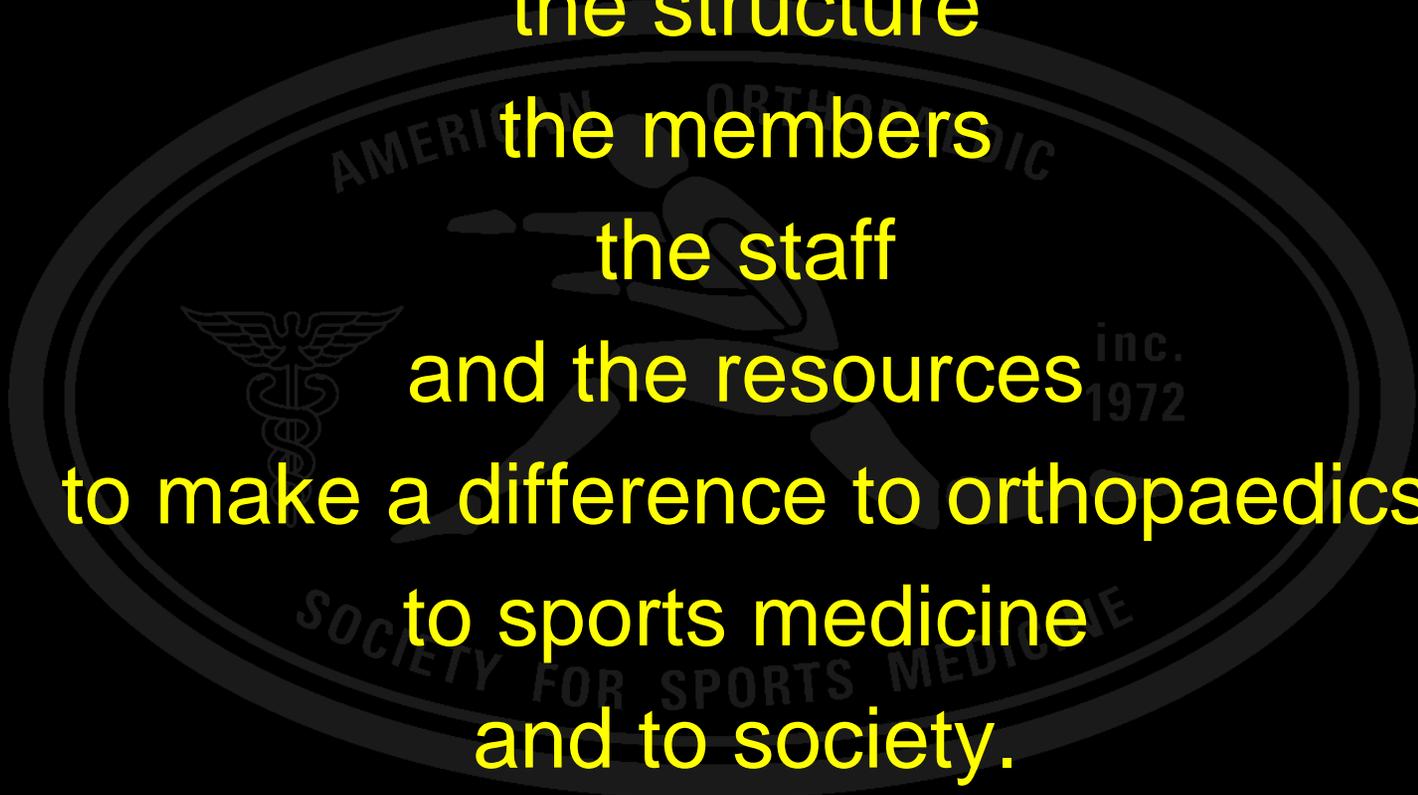
the staff

and the resources

to make a difference to orthopaedics

to sports medicine

and to society.



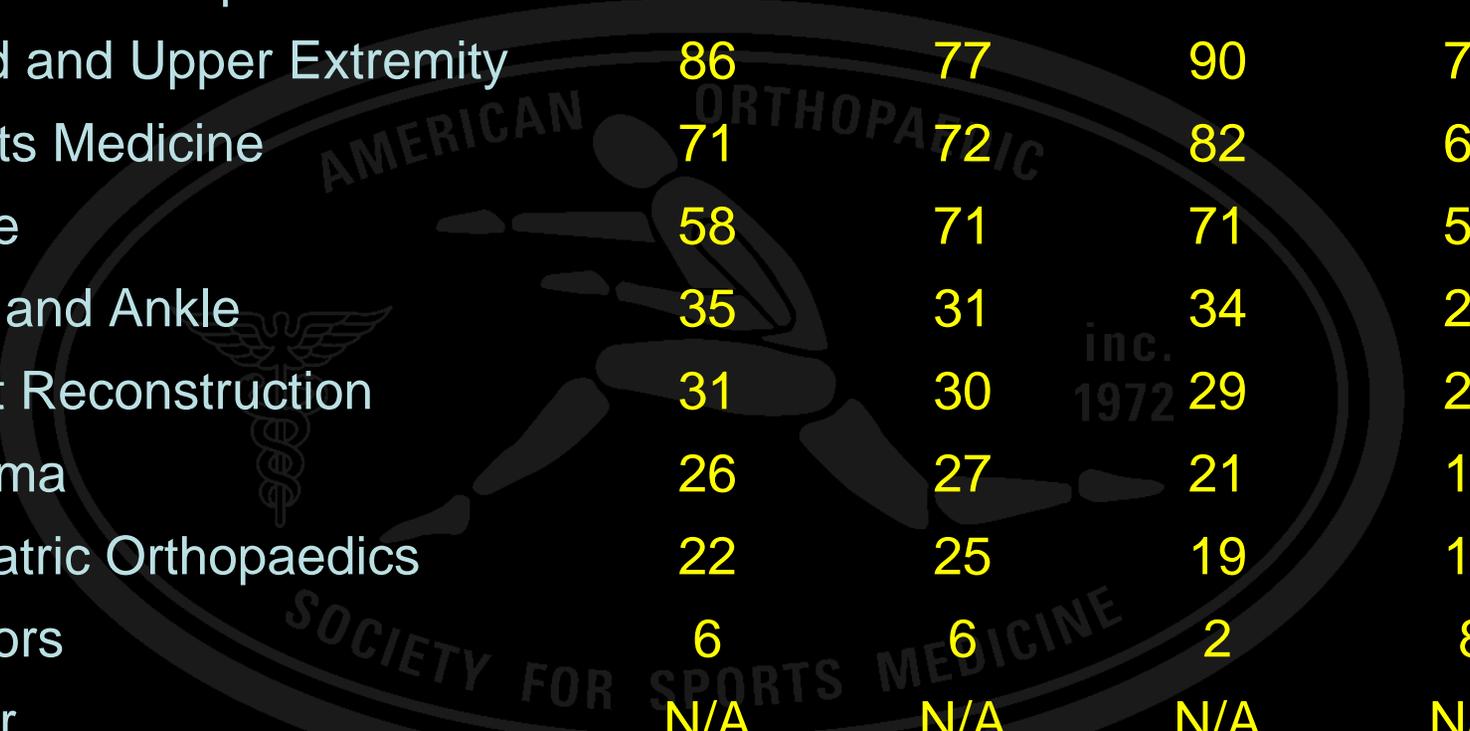
What is our challenge for the future?



Top CPT Codes #1-12

		Total	'99	'00	'01	'02	'03
29881	knee arthroscopy, 1 meniscus	37,188	1	1	1	1	1
64271	carpal tunnel surgery	18,140	2	2	3	2	3
20680	remove implant	16,393	5	3	4	3	5
29877	knee arthroscopy, chondral	16,378	3	4	2	4	4
29826	shoulder arthroscopy	14,006	9	7	5	5	2
29888	knee arthroscopy, acl	12,753	6	6	7	7	6
27244	femoral fracture, trochanteric	12,479	4	5	6	8	9
27447	total knee arthroplasty	11,316	8	10	9	6	7
27236	femoral fracture, neck	11,271	7	8	8	9	8
11012	debridement skin, muscle, bone	8,166	12	9	10	12	10
29880	knee arthroscopy, 2 menisci	7,561	11	11	11	11	11
27130	total hip arthroplasty	7,085	10	15	12	10	12

Candidates by self-stated subspeciality and year



General Orthopaedics	388	402	370	339
Hand and Upper Extremity	86	77	90	70
Sports Medicine	71	72	82	67
Spine	58	71	71	54
Foot and Ankle	35	31	34	24
Adult Reconstruction	31	30	29	21
Trauma	26	27	21	19
Pediatric Orthopaedics	22	25	19	16
Tumors	6	6	2	8
Other	N/A	N/A	N/A	N/A

Declared Subspecialty Sports Medicine

29881	knee arthroscopy/surgery	5,118	1	1	1
29826	shoulder arthroscopy/surgery	2,902	2	2	3
29877	knee arthroscopy/surgery	2,664	3	3	2
29888	knee arthroscopy/surgery	2,360	4	4	4
29880	knee arthroscopy/surgery	1,160	5	6	6
29824	non-ortho cpt	398	6	x	x
23412	repair of tendon(s)	881	7	9	9
29822	shoulder arthroscopy/surgery	899	8	7	12
29823	shoulder arthroscopy/surgery	575	9	21	23
20680	removal of support implant	717	10	14	10

Declared Subspecialty General Orthopaedics

CPT

29881	knee arthroscopy/surgery	15,825	1	1	1
29826	shoulder arthroscopy/surgery	6,136	2	3	4
29877	knee arthroscopy/surgery	6,806	3	2	2
64721	carpal tunnel surgery	5,183	4	4	7
20680	removal of support implant	5,182	5	7	5
29888	knee arthroscopy/surgery	5,200	6	5	3
27447	total knee replacement	4,585	7	6	9
27236	repair of thigh fracture	4,400	8	8	8
27244	repair of thigh fracture	4,347	9	9	6
29880	knee arthroscopy/surgery	3,251	10	10	10

Arthroscopic Partial Meniscectomy

29881

In 2003

7074 Procedures Done

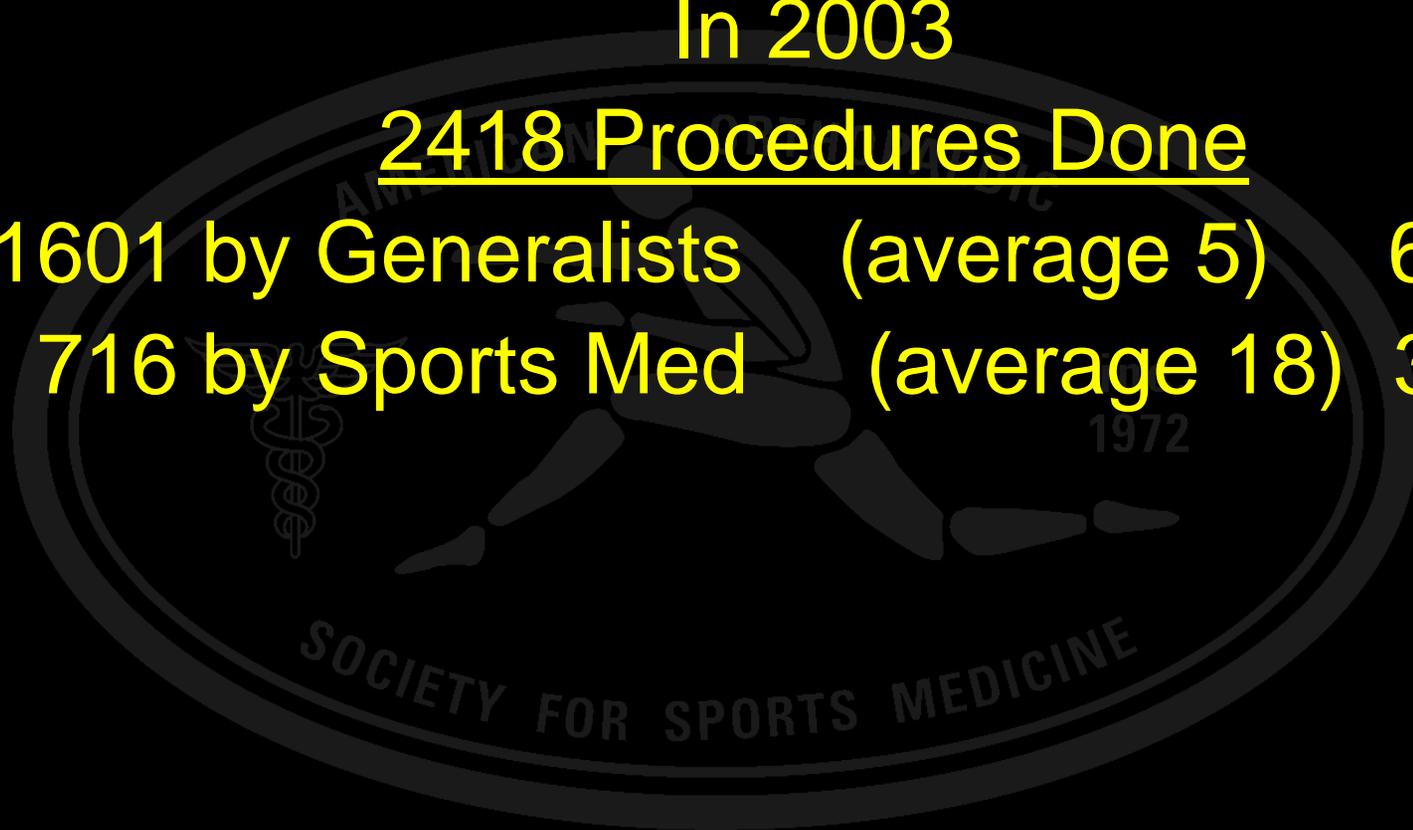
4806 by Generalists	(average 14)	68%
1728 by Sports Med	(average 25)	24%
219 by Adult Recon	(average 9)	3%

ACL Reconstruction 29888

In 2003

2418 Procedures Done

1601 by Generalists	(average 5)	66%
716 by Sports Med	(average 18)	30%



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27130	total hip arthroplasty	7,085	10	15	12	10	12

**To Be More Than a Technically
Excellent Surgeon**

**You Must Be a Technically Excellent
Surgeon**



K.A. Ericsson

Expert and Exceptional Performance

Nature or Nurture

“Natural talent” is secondary to effort

10 years

10,000 hours of practice

Practice is the deliberate attempt to improve one's performance

**Expert performance requires
adaptation to domain specific
restraints.**

What is possible?

What is likely?

Learn to anticipate

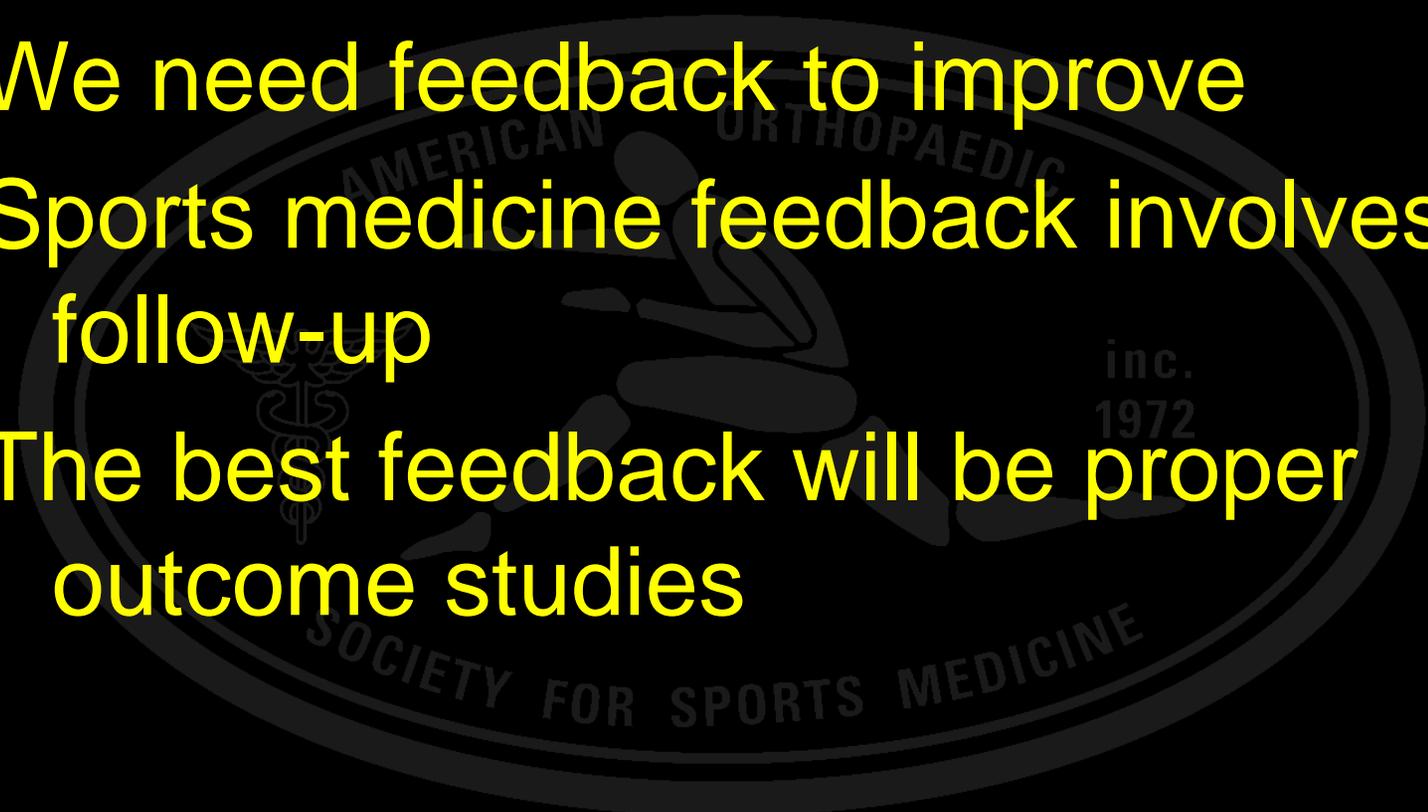
Accumulate experience based on
practice

When do we develop 10 years of and
10,000 hours practicing orthopaedic
sports medicine?

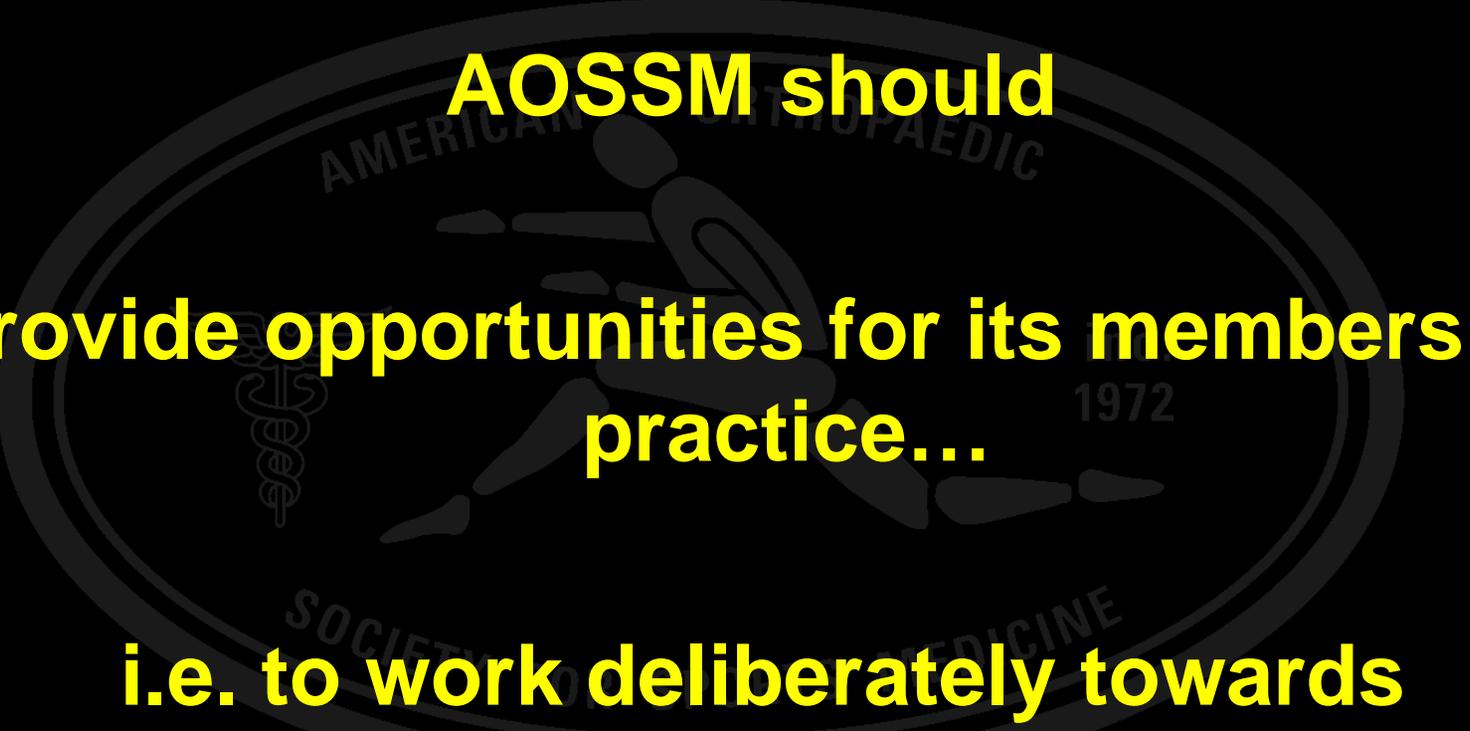
Practice is not achieved by performing what
we already know.

It is deliberate (may be not fun) acquisition
of new skills.

Perhaps the experts are not marked so
much by talent as by the ability to practice.



We need feedback to improve
Sports medicine feedback involves
follow-up
The best feedback will be proper
outcome studies

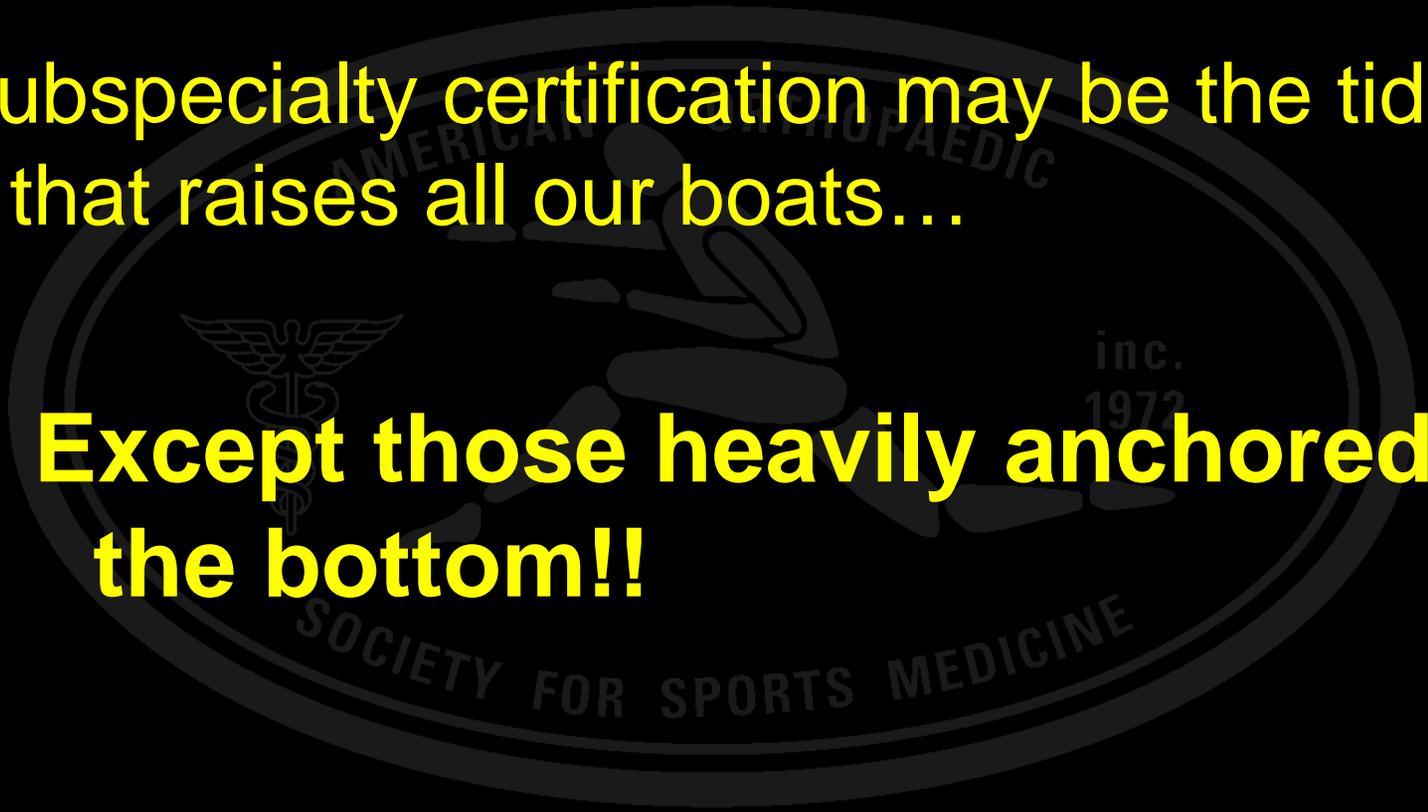


**AOSSM should
provide opportunities for its members to
practice...**

**i.e. to work deliberately towards
improving performance.**

Subspecialty certification may be the tide
that raises all our boats...

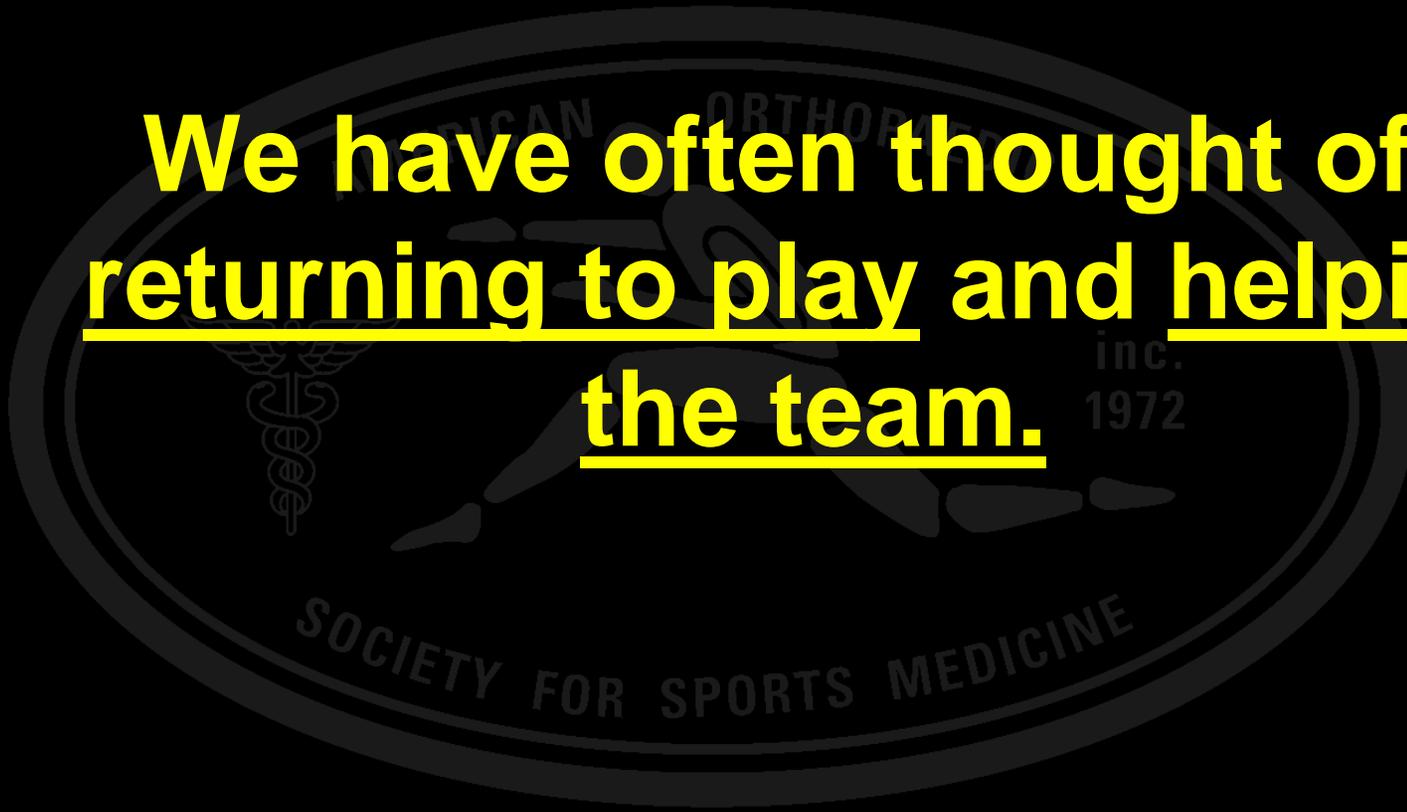
**Except those heavily anchored to
the bottom!!**



The logo is an oval shape with a dark grey border. Inside the oval, the text "AMERICAN ORTHOPAEDIC" is written in a serif font along the top arc, and "SOCIETY FOR SPORTS MEDICINE" is written along the bottom arc. In the center of the oval, there is a stylized illustration of a person in a dynamic, athletic pose, possibly a runner or a person performing a physical activity. To the left of the person is a caduceus symbol, and to the right is the year "1972".

**There are areas holding
great opportunities for us.**

**We have often thought of
returning to play and helping
the team.**





We have another purpose which should demand our attention – that is keeping adults active and exercising and helping the entire national health.

SOCIETY FOR SPORTS MEDICINE

Public Enemies #1 & #2

Inactivity

Obesity

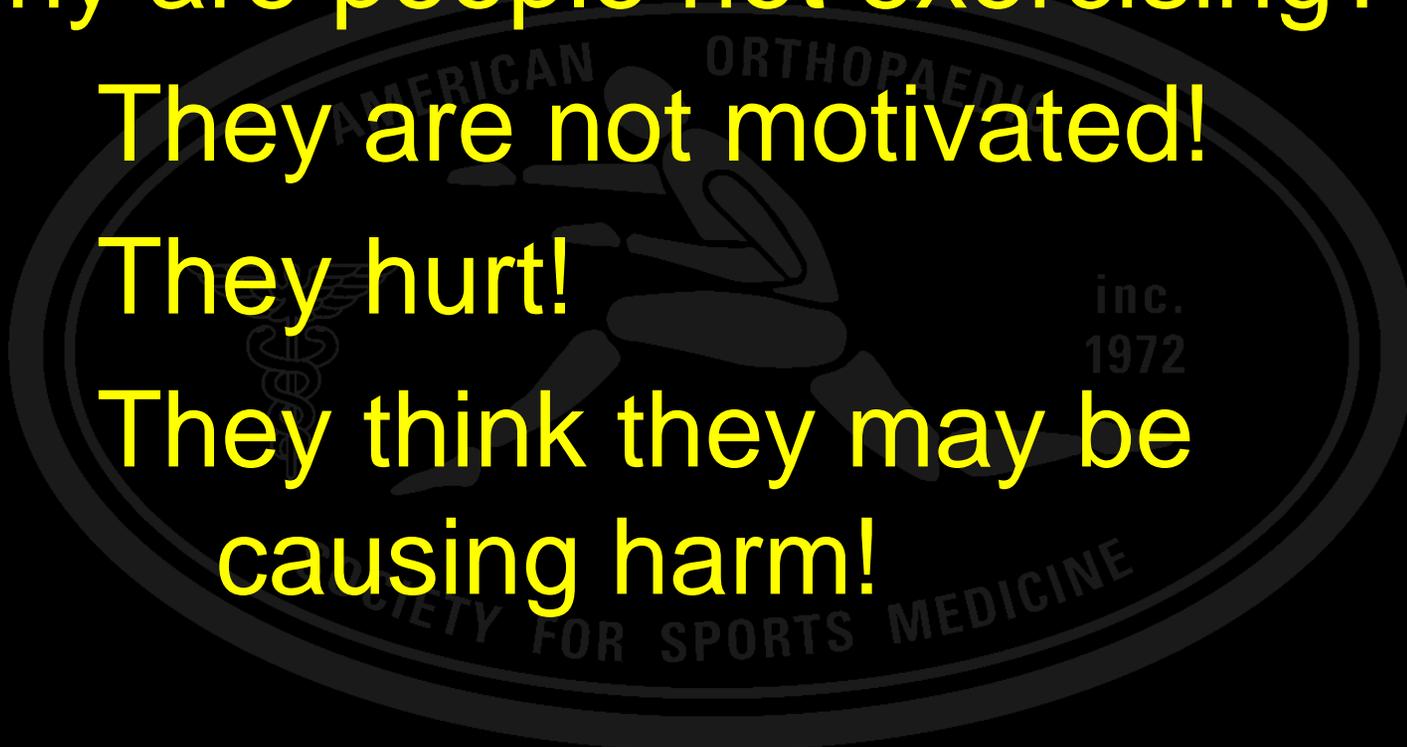


Why are people not exercising?

They are not motivated!

They hurt!

They think they may be
causing harm!



Gratitude to Presidential Guest Speaker

Steven N. Blair, P.E.D.



Doc it hurts when I do this

~~**Don't do that**~~

Do it anyway

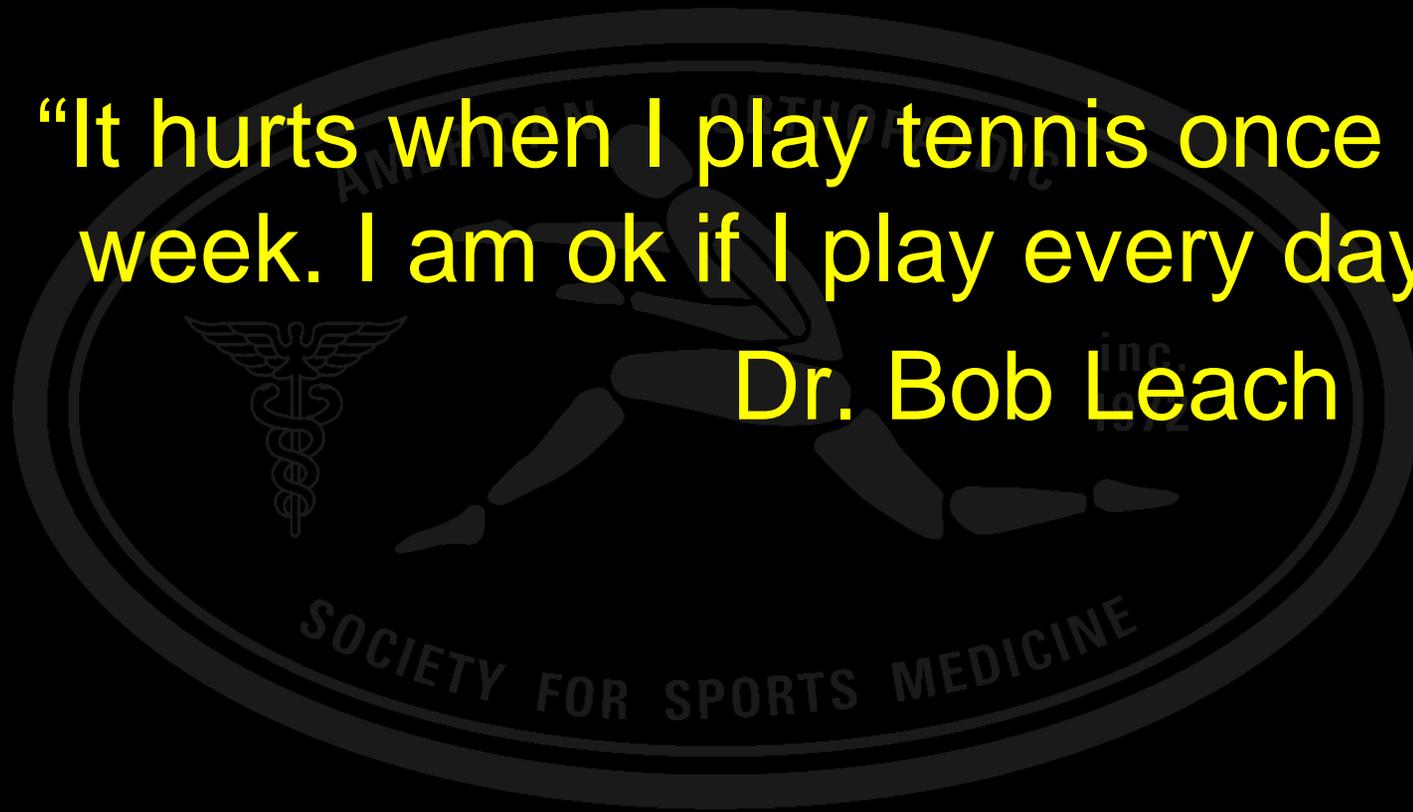
Do something else

Get it fixed



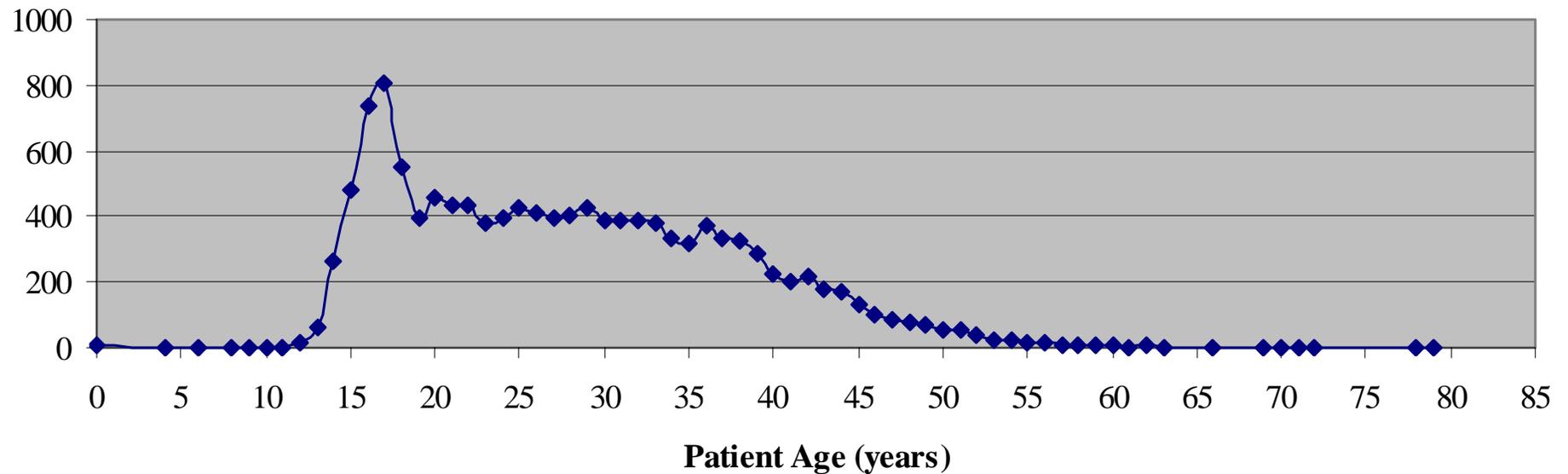
“It hurts when I play tennis once a week. I am ok if I play every day!”

Dr. Bob Leach



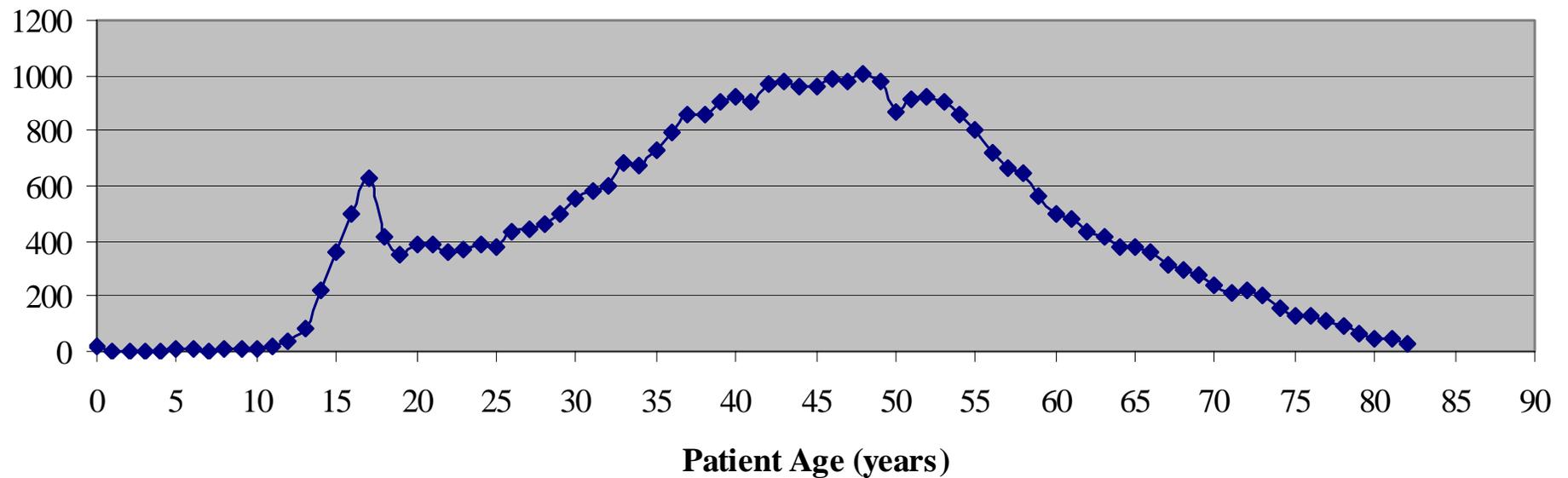
Knee Arthroscopy, ACL. Total

Number of Cases vs. Patient Age
CPT Code = 29888



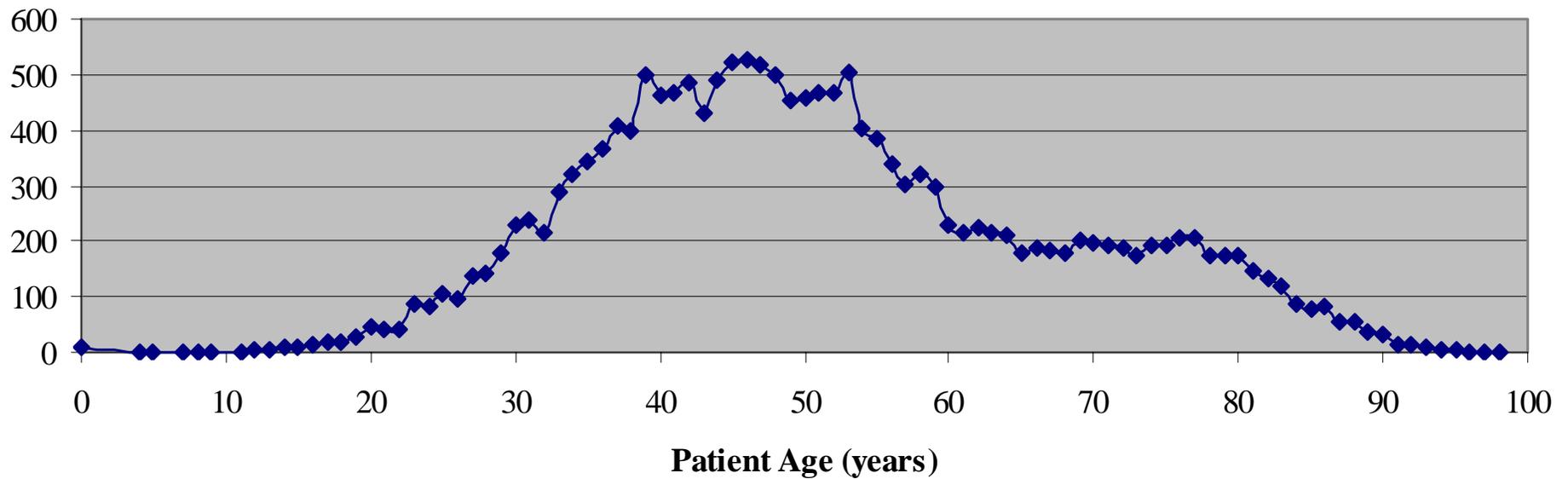
Knee Arthroscopy 1 meniscus. Total

Number of Cases vs. Patient Age
CPT Code = 29881



Knee Arthroscopy, Chondral. Total

Number of Cases vs. Patient Age
CPT Code = 29877



We cannot cure all joint pain.

We can cure inactivity!



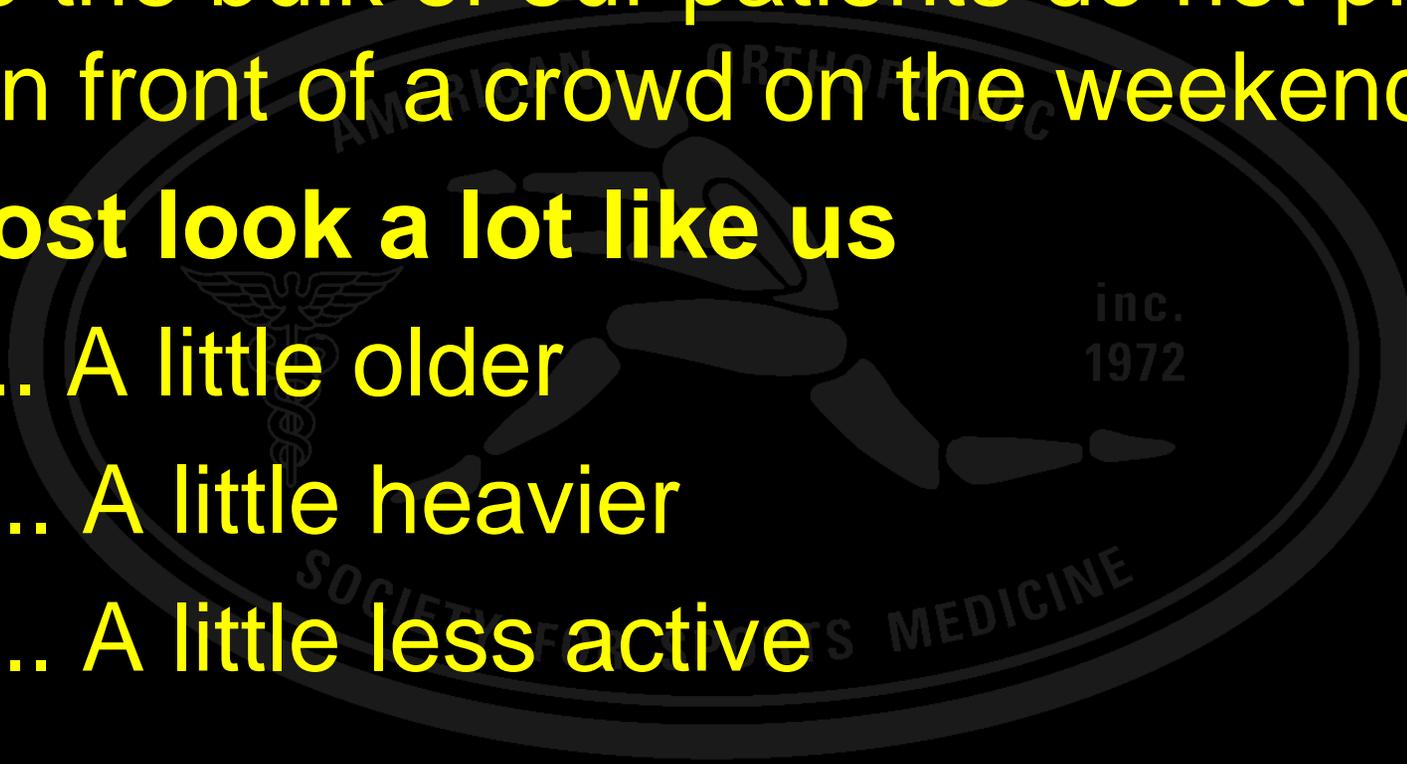
So the bulk of our patients do not play
in front of a crowd on the weekends.

Most look a lot like us

..... A little older

..... A little heavier

..... A little less active

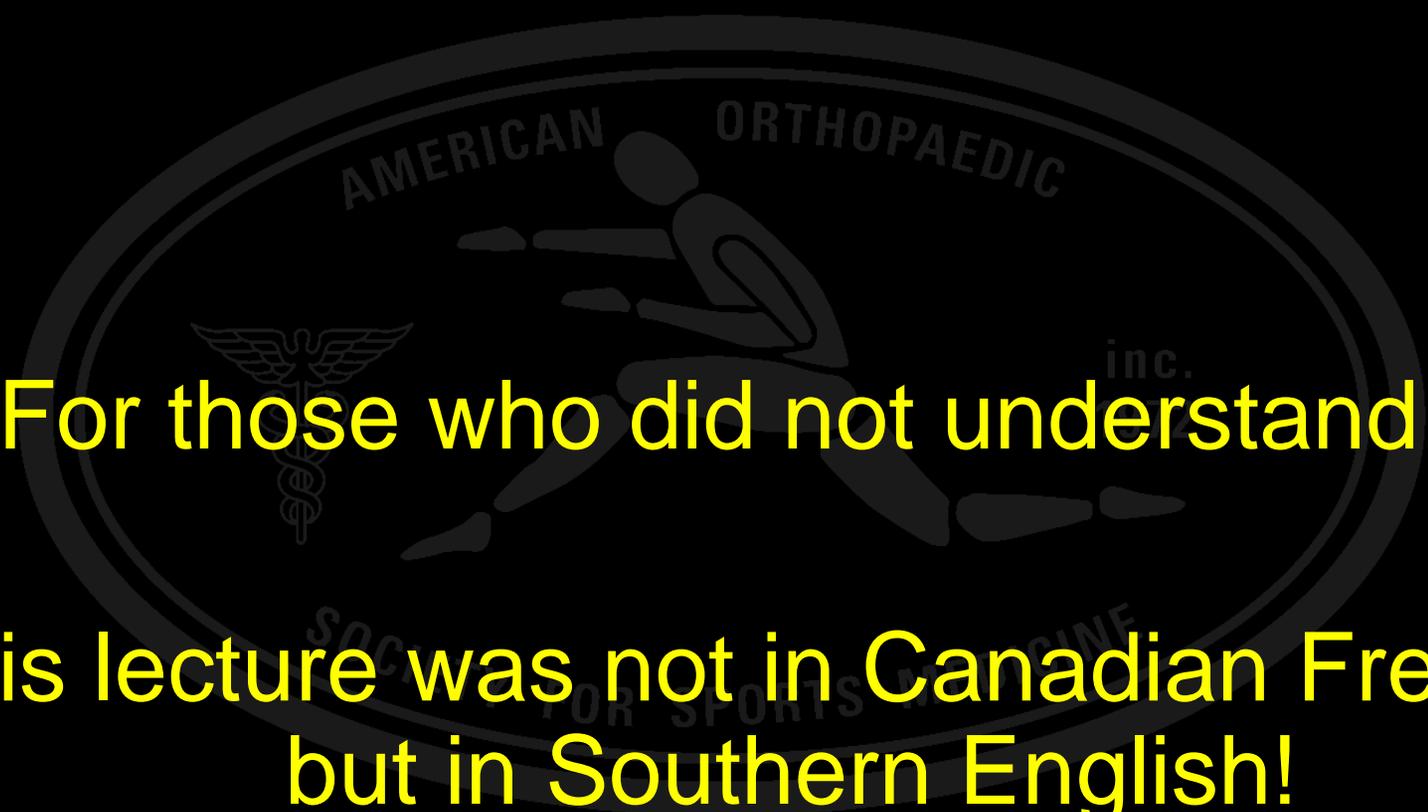


People seeking an orthopaedic sports medicine specialist are likely to follow the advice given.

Especially if it is clear that the advice is based on a sound knowledge base.

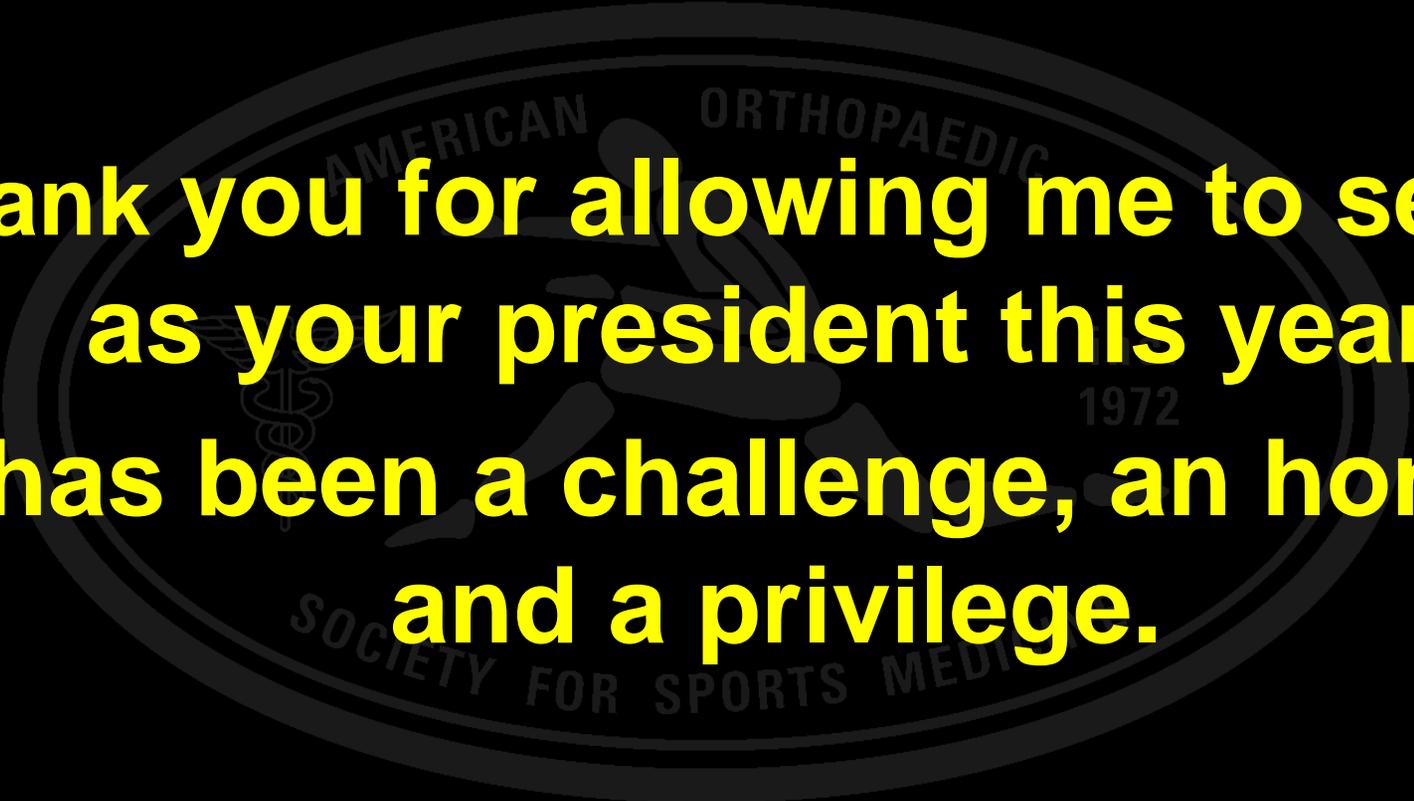


**AOSSM is in “aossm” shape
Many of our patients are not.
Our society can offer much
to US Public Health.**



For those who did not understand...

this lecture was not in Canadian French
but in Southern English!



**Thank you for allowing me to serve
as your president this year.
It has been a challenge, an honor,
and a privilege.**

Thank you

Merci !





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