# AOSSM Specialty Day Program

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<th>Time</th>
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| 7:30 – 7:35 AM | Welcome Remarks        | Annunziato Amendola, MD  
|             |                          | Brian R. Wolf, MD, MS    |
| 7:35 – 8:10 AM | Scientific Session I: Hip | Moderators: Charles A. Bush-Joseph, MD  
|             |                          | Richard C. Mather III, MD  |
| 7:35 – 7:40 AM | Paper 01: Arthroscopic Hip Surgery in the Elite Athlete: Comparison of Female and Male Elite Athletes | Kotaro Shibata, MD, PhD, Marc R. Safran, MD  
|             |                          | 1Stanford Orthopaedic Sports Medicine Fellowship Program, Redwood City, CA  
|             |                          | 2Stanford Sports Medicine Center, Redwood City, CA  |
| 7:40 – 7:45 AM | Paper 02: Hip Capsular Closure: A Biomechanical Analysis of Failure Torque | Jorge Chahla, MD, Jacob D. Mikula, BS, Jason M. Schon, BS, Chase S. Dean, MD, Kimi Dahl, MS, Travis James Menge, MD, Travis L. Turnbull, PhD, Eduardo Soares, MD, Robert F. LaPrade, MD, PhD, Marc J. Philippon, MD  
|             |                          | 1Steadman Philippon Research Institute, Vail, CO  
|             |                          | 2The Steadman Clinic, Vail, CO  |
| 7:45 – 7:50 AM | Paper 03: Predictors of Inferior Outcomes Following Hip Arthroscopy for Femoroacetabular Impingement | Gregory L. Cvetanovich, MD, Ben Kuhns, MD, MS, Alexander E. Weber, MD, Jennifer Alter, Richard C. Mather, MD, Joshua David Harris, MD, Shane Jay Nho, MD, MS  
|             |                          | 1Rush University Medical Center, Chicago, IL  
|             |                          | 2Duke Sports Science Institute, Durham, NC  
|             |                          | 3Houston Methodist Hospital, Houston, TX  |
| 7:50 – 7:55 AM | Paper 04: Does Hip Arthroscopy Provide Meaningful Outcome Improvement for Adolescent Femoroacetabular Impingement | Benedict Uchenna Nwachukwu, MD, MBA, Brenda Chang, MS, MPH, Cynthia A. Kahlenberg, MD, Kara G. Fields, MS, Danyal H. Nawabi, MD, FRCS, Bryan T. Kelly, MD, Anil S. Ranawat, MD  
|             |                          | 1Hospital for Special Surgery, New York, NY  |

Topics, speakers and panelist are current at the time of publication and subject to change.
7:55 – 8:02 AM  Surgical Spotlight: How I Deal with the Capsule in FAI Surgery  
Asheesh Bedi, MD

8:02 – 8:10 AM  Question and Answer

8:10 – 8:55 AM  Scientific Session II: Shoulder

Moderators:  
Jonathan F. Dickens, MD  
Matthew Bollier, MD

8:10 – 8:15 AM  Paper 05: Preoperative Resilience Strongest Predictor of Postoperative Outcome Following an Arthroscopic Bankart Repair  
James S. Shaha, MD¹, Steven H. Shaha, PhD, DBA², Craig R. Bottoni, MD³, Daniel J. Song, MD³, John M. Tokish, MD³  
¹Tripler Army Medical Center, TAMC, HI  
²University of Utah, Salt Lake City, UT  
³Steadman Hawkins Clinic of the Carolinas, Greenville, SC

8:15 – 8:20 AM  Paper 06: Anatomic and Biomechanical Comparison of the Classic and Congruent-Arc Techniques of the Latarjet Procedure  
Scott R. Montgomery, MD¹, Jan Christoph Katthagen, MD¹, Jacob D. Mikula, BS¹, Daniel C. Marchetti, BA¹, Dimitri S. Tahal, MSc¹, Grant Dornan, MS¹, Kimi Dahl, MS¹, Alex Brady, MSc¹, Travis L. Turnbull, PhD¹, Peter J. Millett, MD, MSc²  
¹Steadman Philippon Research Institute Vail, CO  
²Steadman Clinic, Vail, CO

8:20 – 8:25 AM  Paper 07: Incidence and Return to Play after Biceps Tenodesis in Major League Baseball Players  
Peter Nissen Chalmers, MD¹, Brandon J. Erickson, MD², Nikhil N. Verma, MD², Anthony A. Romeo, MD²  
¹Washington University Medical Center, St. Louis, MO  
²Rush University Medical Center, Chicago, IL

8:25 – 8:30 AM  Paper 08: Biceps Tenodesis is a Viable Option for Management of Proximal Biceps Injuries in Patients Less than 25 Years of Age  
Justin W. Griffin, MD¹, Gregory L. Cvetanovich, MD¹, Jonathan Charles Riboh, MD², Timothy Sean Leroux, MD, MEd¹, Bernard R. Bach, MD¹, Gregory P. Nicholson, MD¹, Brian J. Cole, MD, MBA¹, Nikhil N. Verma, MD¹, Anthony A. Romeo, MD¹  
¹Rush University Medical Center, Chicago, IL  
²Duke Sports Science Institute, Durham, NC

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8:30 – 8:37 AM  So Where Do We Go Now with SLAP Lesions in the Overhead Athlete?  
James R. Andrews, MD

8:37 – 8:45 AM  Surgical Spotlight: Biceps Tenodesis Made Easy – How to Get It Right Every Time  
Matthew T. Provencher, MD

8:45 – 8:55 AM  Question and Answer

8:55 – 9:45 AM  Scientific Session III: Rotator Cuff

Moderators:  
C. Benjamin Ma, MD  
Dean C. Taylor, MD

8:55 – 9:00 AM  Paper 09: Subacromial Decompression in Patients with Impingement Syndrome  
Results in Better Clinical Outcome Compared to Physiotherapy in the Long Term:  
A Prospective Randomized Study  
Stefanos Farfaras, 1, Ninni Sernert, PhD1, Lars Rostgaard-Christensen, MD2, Erling Hallstrom3, Juri T. Kartus, MD, PhD4  
1NU-Health Organisation, Trollhattan, Sweden  
2Rontgen Department, Lidköping, Sweden  
3Orthopaedic Dept. of NU Hospital, Uddevalla, Sweden  
4Norra Dlvsborgs Ldnssjukhus, Trollhattan, Sweden

9:00 – 9:05 AM  Paper 10: Tendonopathy Does Not Predict Rotator Cuff Healing  
Paul M. Sethi, MD1, Chirag D. Sheth2, Mary Beth McCarthy, BS3, Mark P. Cote, RPT3, Augustus D. Mazzocca, MD, MS3  
1Orthopaedic & Neurosurgery Specialists, Greenwich, CT  
2University of Connecticut School of Medicine, Farmington, CT  
3University of Connecticut Health Center, Farmington, CT

9:05 – 9:10 AM  Paper 11: Arthroscopic Superior Capsule Reconstruction Eliminates  
Pseudoparalysis in Patients with Irreparable Rotator Cuff Tears  
Teruhisa Mihata, MD, PhD1, Thay Q. Lee, PhD2, Akihiko Hasegawa, MD, PhD3,  
Takeshi Kawakami, MD, PhD3, Kunimoto Fukunishi, MD4, Yukitaka Fujisawa, MD, PhD5,  
Yasuo Itami, MD, PhD6, Mutsumi Ohue, MD6, Masashi Neo, MD, PhD1  
1Osaka Medical College, Takatsuki, Osaka, Japan  
2VA Long Beach HCS and University of CA, Long Beach, CA  
3First Towakai Hospital, Takatsuki, Japan  
4Shimizu Hospital, Kyoto, Japan  
5Yaenosato Hospital, Higashiosaka, Japan  
6Katsuragi Hospital, Kishiwada, Japan

9:10 – 9:17  Question and Answer

Topics, speakers and panelist are current at the time of publication and subject to change.
9:17 – 9:38 AM  Case-based Symposium: Massive Rotator Cuff Tear, Strategy and Approach
Moderators: Carolyn M. Hettrich, MD, MPH
John M. Tokish, MD

9:17 – 9:24 AM  Pearls for Mobilizing the Retracted Cuff Tear
Nikhil N. Verma, MD

9:24 – 9:31 AM  How to Deal with the Massive Tears including Subscapularis
William N. Levine, MD

9:31 – 9:38 AM  Biologics and Augmentation – Is It Ready for Prime Time?
Stephen F. Brockmeier, MD

9:38 – 9:45 AM  Question and Answer

9:45 – 10:00 AM  Break

10:00 – 10:40 Scientific Session IV: Elbow

Moderators: Michael G. Ciccotti, MD
John E. Conway, MD

10:00 – 10:05 AM  Paper 12: Surgical Treatment of Lateral Epicondylitis: A Prospective, Randomized, Double Blinded, Placebo Controlled Clinical Trial
Martin Kroslak, MBBS\(^1\), MSpMed, MSurg, George A.C. Murrell, MD, PhD\(^1\)
\(^1\)Orthopaedic Research Institute, Sydney, Australia.

Tetsuya Matsuura, MD\(^1\), Toshiyuki Iwame\(^1\), Naoto Suzue\(^2\), Koichi Sairyo\(^2\)
\(^1\)Tokushima University, Tokushima, Japan
\(^2\)Tokushima Red Cross Hospital, Tokushima, Japan

10:10 – 10:31 AM  Focus on UCL Injuries

10:17 – 10:24 AM  Elbow UCL Repair: When and How
Felix H. Savoie, MD

Topics, speakers and panelist are current at the time of publication and subject to change.
10:24 – 10:31 AM  UCL Reconstruction in 2017
Christopher S. Ahmad, MD

10:31 – 10:40  Question and Answer

10:40 – 11:30 AM  Scientific Session V: Lower Extremity

Moderators: Christopher D. Harner, MD
Diane Dahm, MD

10:40 – 10:45 AM  Paper 14: Determining the Patient Acceptable Symptomatic State for Patients Undergoing Arthroscopic Partial Meniscectomy in the Knee
**Thomas Zochowski, MD, MSc**¹, Tim Dwyer, MD¹, Darrell Ogilvie-Harris, MD, FRCSC², John S. Theodoropoulos, MD, FRCSC², Daniel B. Whelan, MD³, Michael Lucas Murnaghan, MD², David Wasserstein, MD⁴, Jennie Gillis¹, Jaskarndip Chahal, MD, FRCSC¹
¹University of Toronto, Toronto, ON, Canada
²Mount Sinai Hospital, Toronto, ON, Canada
³St Michael's Orthopedic Assoc, Toronto, ON, Canada
⁴Sunnybrook Health Sciences Centre, North York, ON, Canada

10:45 – 10:50 AM  Paper 15: Clinical Outcomes after Isolated Medial Patellofemoral Ligament Reconstruction for Patellar Instability
**Joseph N. Liu, MD**¹, Jacqueline Munch, MD², Claire Berdelle Ryan³, Irene L. Kalbian, BA¹, Sabrina M. Strickland, MD³, Joseph Nguyen, MPH², Beth E. Shubin Stein, MD¹
¹Hospital for Special Surgery, New York, NY
²Oregon Health & Science University, Portland, OR
³Weill Cornell Medical College, New York, NY

10:50 – 10:55 AM  Paper 16: Do Outcomes of Osteochondral Allograft Transplantation Differ Based On Age: A Comparative Matched Group Analysis of Patients under Versus Over 40 Years Old
Rachel M. Frank, MD¹, Simon Lee, MD¹, Sarah Glen Poland, BS¹, **Brian J. Cole, MD, MBA**¹
¹Rush University Medical Center, Chicago, IL

10:55 – 11:00 AM  Paper 17: Chondral Defect Repair with Particulated Juvenile Cartilage Allograft: Mid-term MRI and T2 Mapping Analysis
**Nicole Belkin, MD**¹, Alissa Burge, MD¹, Brenda Chang¹, Riley J. Williams, MD¹
¹Hospital for Special Surgery, New York, NY

11:00 – 11:08 AM  Question and Answer

Topics, speakers and panelist are current at the time of publication and subject to change.
11:08 – 11:23  
**Focus on Cartilage**  
Moderators: Brian J. Cole, MD, MBA  
Mark D. Miller, MD  

Surgical Spotlight: Treatment of Articular Cartilage Defects – Case Based  
Eric J. Strauss, MD  
Thomas R. Carter, MD  
Andreas H. Gomoll, MD  
Rick W. Wright, MD  
Richard D. Parker, MD

11:23 – 11:30 AM  
Question and Answer

11:30 AM – 12:00 PM  
**Kennedy Lecture**  
Donald H. Johnson, MD

12:00 -1:00 PM  
Lunch

1:00 – 1:27 PM  
**Scientific Session VI: ACL/Knee Stability**

Moderators: David R. Diduch, MD  
Brett D. Owens, MD

1:00 – 1:05 PM  
**Paper 18: Outcomes Following ACL and Grade III MCL Injuries: Is there a Role for MCL Repair?**  
Robert W. Westermann, MD\(^1\), Kurt P. Spindler, MD\(^2\), Carolyn M. Hettrich, MD, MPH\(^1\), Brian R. Wolf, MD, MS\(^1\)  
\(^1\)University of Iowa, Iowa City, IA  
\(^2\)Cleveland Clinic Sports Health Center, Garfield Hts, OH

1:05 – 1:10 PM  
**Paper 19: Biomarkers On The Day Of ACL Reconstruction And Sex Predictive Of Knee-related Quality Of Life At 2-year Follow-up**  
Christian Lattermann, MD\(^1\), Cale A. Jacobs, PhD\(^1\), Caitlin Whale\(^1\), Kate Jochimsen, PhD\(^1\), Darren L. Johnson, MD\(^1\), Emily Reinke, PhD\(^2\), Laura J. Huston, MS\(^1\), Virginia B. Kraus, MD, PhD\(^4\), Kurt P. Spindler, MD\(^5\)  
\(^1\)University of Kentucky, Lexington, KY  
\(^2\)Vanderbilt University, Nashville, TN  
\(^3\)Vanderbilt Orthopaedic Institute, Nashville, TN  
\(^4\)Duke University, Durham, NC  
\(^5\)Cleveland Clinic Sports Health Center, Garfield Hts, OH

Topics, speakers and panelist are current at the time of publication and subject to change.
1:10 – 1:15 PM | Paper 20: The Effect of Injury to Anterolateral Capsular Structures on Outcomes of ACL Injured Patients 24 Months after Anatomic ACL Reconstruction  
Elmar Herbst, MD, Amir Ata Rahnemai Azar, MD, Joanna Costello, MD, Adam Popchak, Volker Mhl, MD, Scott Tashman, PhD, James J. Irrgang, PT PhD, ATC, Freddie H. Fu, MD  
1University of Pittsburgh Medical Center, Pittsburgh, PA

1:15 – 1:20 PM | Paper 21: Internal and External Rotation Stabilizers of the Knee with Intact Cruciate and Collateral Ligaments: A Biomechanical Study  
Alexander R. Vap, MD, Jason M. Schon, BS, Gilbert Moatshe, MD, Raphael Cruz, MD, Alex Brady, MSc, Travis L. Turnbull, PhD, Robert F. LaPrade, MD, PhD  
1Steadman Philippon Research Institute, Vail, CO  
2The Steadman Clinic, Vail, CO

1:20 – 1:27 PM | Question and Answer

1:27 – 2:05 PM | Scientific Session VII: Knee Stability Symposia

Moderators: Robert T Burks, MD  
Kurt P. Spindler, MD

1:27 – 1:32 PM | Back to Basics: Pearls for an Easy Patellar Tendon ACL Graft Harvest and Preparation  
Darren L. Johnson, MD

1:32 – 1:37 PM | Back to Basics: Pearls for a Smooth Hamstring ACL Graft Harvest and Preparation  
Charles A. Bush-Joseph, MD

1:37 – 1:42 PM | The Other Autograft Option: Quad Tendon ACL Graft Harvest and Preparation  
Volker Musahl, MD

1:42 – 1:49 PM | Don’t Forget to Look at the Slope and Alignment in the Failed ACL!  
Robert F. LaPrade, MD, PhD

1:49 – 1:56 | Surgical Spotlight: When and How to do an Extra-Articular Augmentation in Revision ACL?  
Alan Getgood, MBChB, MD

1:56 – 2:05 PM | Question and Answer

Topics, speakers and panelist are current at the time of publication and subject to change.
2:05 – 2:45 PM  Scientific Session VIII: Team Physician/Prevention

Moderators:  
Peter Indelicato, MD  
Rick W. Wright, MD

2:05 – 2:10 PM  
Paper 22: Risk Factors for Revision or Contralateral ACL Reconstruction: The Value of Physical Therapy  
Jonathan Godin, MD, MBA¹, Travis John Dekker¹, William E. Garrett, MD, PhD²,  
Jonathan Charles Riboh, MD²  
¹Duke University Medical Center, Durham, NC  
²Duke Sport Sciences Institute, Durham, NC

2:10 – 2:15 PM  
Paper 23: Heads-up Football Training Decreases Concussion Rates in High School Football Players  
John M. Tokish, MD², Ellen Shanley, PhD¹, John Brooks, PhD³, R. Gil Gilliland, MBA, ATC⁴, John Thorpe, MEd, ATC, CSCS², Darryl Nance, CMAA, CIC⁴, Michael J. Kissenberth, MD²  
¹ATI Physical Therapy, Greenville, SC  
²Steadman Hawkins Clinic of the Carolinas, Greenville, SC  
³Center for Rehabilitation and Reconstruction Sciences, Greenville, SC  
⁴Greenville County Schools, Greenville, SC

2:15 – 2:20 PM  
Paper 24: Predictive Value of the Functional Movement Screen for Sports-Related Injury in NCAA Division I Athletes  
Dean Wang, MD¹, James Chen, MD¹, Wilson Lai¹, Jeremy Vail, MPT, OCS, MTC, ATC¹, Caitlin Marie Rugg², Sharon L. Hame, MD¹  
¹University of California, Los Angeles, CA  
²University of California, San Francisco, CA

2:20 – 2:45 PM  
Team Physician Forum

2:20 – 2:25 PM  
Pain Management in Athletes 2017 – What is Appropriate?  
Eric C. McCarty, MD

2:25 – 2:30 PM  
Communication Pearls: Athletes, Trainers, Coaches and Parents  
Christopher C. Kaeding, MD

2:30 – 2:35 PM  
Getting Ready for the Season and Game Day  
Claude T. Moorman, III, MD

2:35 – 2:45 PM  
Question and Answer

2:45 – 3:00 PM  
Break

Topics, speakers and panelist are current at the time of publication and subject to change.
## Combined Session with AOFAS/AOSSM

**3:00 – 5:00 PM**

### 3:00 – 4:10 Combined Session 1: Foot and Ankle Trauma in the Athlete – Getting Them Back in the Game

**Moderators:**
- Annunziato Amendola, MD
- Kirk A. McCullough, MD

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<th>Topic</th>
<th>Speaker(s)</th>
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<td>3:00 – 3:08 PM</td>
<td>Current Trends in Ankle Fracture Management in the Athlete</td>
<td>David A. Porter, MD</td>
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<td>3:08 – 3:16 PM</td>
<td>Syndesmosis Injuries – Algorithm for Treatment: Should We Intervene Early?</td>
<td>Kenneth Hunt, MD</td>
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<td>3:16 – 3:24 PM</td>
<td>Current Trends in Ankle Instability</td>
<td>J. Chris Coetzee, MD, MbChB</td>
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<td>3:32 – 3:40 PM</td>
<td>Turf Toe and Sesamoid Injuries – Know When to Say When</td>
<td>Thomas O. Clanton, MD</td>
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<td>3:40 – 3:50 PM</td>
<td>Question and Answer</td>
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<td>3:50 – 4:10 PM</td>
<td>Case Presentations</td>
<td>Annunziato Amendola, MD, Kirk A. McCullough, MD</td>
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### 4:10 – 5:00 PM Combined Session 2: Chronic Injuries in the Athlete – HELP!

**Moderators:**
- James A. Nunley, II, MD
- Charles L. Saltzman, MD

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<td>4:10 – 4:18 PM</td>
<td>MRI Shows a Peroneal Tendon Tear - Does that Matter? What Should I do?</td>
<td>Eric Giza, MD</td>
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<tr>
<td>4:18 – 4:26 PM</td>
<td>Failed Micro-fracture for Talar OCD - What to do Now?</td>
<td>Richard D. Ferkel, MD</td>
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4:26 – 4:34 PM    Should We be Adding Biologics to Everything We Do?
John G. Kennedy, MD, MCH, MMCs, FRCS

4:34 – 4:44 PM    Question and Answer

4:44 – 5:00 PM    Case Presentations
James A. Nunley, II, MD
Charles L. Saltzman, MD

5:00 PM    Adjourn Meeting